



THE 4-H 4-1-1

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U.S. Department of Agriculture, University of California and County of Lake Cooperating



December 2008

Calendar

December

- 24-25 UCCE Office Closed

January

- 1 UCCE Office Closed

February

- 7 CSU, Chico Swine Education Day,
University Farm

21 CSU, Chico Beef Education Day,
University Farm

22 County Presentation Day, *Location TBA*

28 CSU, Chico Sheep Education Day,
University Farm

March

- ## 21 4-H Fling, Kelseyville Presbyterian Church

April

- 04** Sectional Presentation Day,
Upper Lake Middle School

May

- ## 23 Kiwanis Pancake Breakfast

July

- 14-18 Lake/Mendocino 4-H Summer Camp,
 Navarro

**NEXT
4-H Council Meeting
January 26, 2009
6:30 p.m.
4-H Office**

Start Planning For County Presentation Day February 22, 2009

First, choose a topic you find interesting, then decide how you want to present it: as a Demonstration, Speech, Slide Show or Video, Share the Fun Skit, or a Table Top Display. Once your Presentation is prepared, practice once or twice and then put it away until January. In January, practice once or twice a week until the big event and then you will be ready for Presentation Day. This year, Presentation Day will be in Lower Lake. If you would like information on how to prepare a presentation, please contact the 4-H office or website at:



Check-in: 12:30 – 1:00 p.m.
Orientation: All Judges and Area Chairs 1:00
Presentations Begin: at 1:30
We will conclude the day with the Awards Ceremony.

Teen Camp Directors/Deans/Counselors:

All members 9th grade and above are eligible to apply for a 4-H summer camp teen staff position. Teen Directors, Deans and Counselors will assist in planning 4-H summer camp and teach campers new skills. Each member who completes the 14 hours of training will receive credit for a Leadership Development Project (8-J).



Applications are available online at
<http://ucanr.org/4hforms/information>
and available at the 4-H Office, 263-6838.

Camp will be from July 13-18th for
Camp Directors/Deans/Counselor

CHAPERONES NEEDED 2009 4-H SUMMER CAMP

Camp Dates: July 14-18, 2009

Must be an appointed leader.
For information, please contact the 4-H
Office at 263-6838



First Camp Meetings Set:

- **Camp Dean and Director Meeting**
Wednesday, January 28, 2009
- **Camp Counselor Meeting**
Wednesday, February 18, 2009

Both meetings will be at the Ukiah 4-H office, **from 6:30 –8:00 p.m.** All applicants must attend. For more information, contact the Lake 4-H office.



Canning Jars Available

The 4-H Office has canning jars available for free. Please stop by the 4-H Office if you are interested. Jars will be given out on a first-come, first-serve basis so don't wait!!



CLOVER SAFE

AGRICULTURE AND NATURAL RESOURCES
ENVIRONMENTAL HEALTH AND SAFETY

Project Safety

As the 4-H project leader, you are entrusted with a great responsibility. The skills and knowledge that 4-H members gain from project work and the development of cooperation, leadership, and community involvement throughout 4-H will help them develop into caring adults. An important area in this development is that of safety. What Can the 4-H Leader Do About Safety? Set a good example at all meetings. Recognize hazards and correct them. Demonstrate the proper use of equipment. Discuss safety at every meeting. For additional resources, Clover Safety tips and activity sheets are one-page documents for health and safety in a variety of 4-H projects. These handouts are useful for project planning and at project meetings. Current topics include: Rabbits, Sewing, Cattle, Power Saw, ATV, Horse Work, Horse Riding, Turkeys, Preventing 4-H Member Injuries and Illness, Organizing and Operating a Safe 4-H Petting Zoo, Skateboarding, Safety – Fireworks, find them at <http://www.ca4h.org/projresource/curriculum/safety/>.

New topic areas are continually being added.

SAVE THE DATE!!

Attention shoppers, sewers, and food lovers!!

Put Saturday, March 21, 2009 on your calendar. Lake County is going to have a field day event. The 2009 4-H Fling: a day of fashion, food, and fun. 4-H members can make some things (like clothes or quilts or an ugly cake, etc.), or shop (and put together an entire outfit from 2nd hand stores), or create a silly outfit from recyclables.

There will be fun competitions, learning activities, and opportunities to judge "home arts" categories for anyone who wants to attend. Stay tuned for more detailed information in the January newsletter.

4-H Advisor Corner

Julia Fetherston

When I was considering applying for the 4-H Advisor position, I started asking people why they like 4-H. I was surprised by how often the answer was “because 4-H changed my life” or “I wouldn’t be who I am today if I hadn’t gone through 4-H”. As I dug deeper, most people told me about the time they spent mastering things they would have never tried without 4-H, like speaking in front of a group, or traveling to a foreign country, and the self confidence it gave them. Needless to say, I was feeling like maybe I had missed out as a kid and was excited to have this opportunity to work with 4-H.

Fast forward a year (and a bit), and I have been thinking about what makes 4-H that kind of life altering experience.



“4-H is designed to support the positive and successful development of all youth.” - CA 4-H website

4-H is based on Positive Youth Development theory. The theory focuses on the positive attributes of all children, and the internal and environmental factors that support success. Instead of looking at the ‘problem’ behaviors of kids, or all the bad things that could happen to them, 4-H focuses on bringing out the best in all youth *and* trying to bolster the things that support success - even when bad things might happen.

So how does 4-H create this magic? By creating a safe and positive environment where kids can try out new things, have mentoring relationships with caring adults, and participate as part of a community that recognizes the responsibility of the individual for the welfare of others. I don’t know for sure, but the theory says that these things build on one another. Which means: if we can’t create a safe and positive environment then it is much harder to create those other magical pieces.

“4-H volunteer leaders are essential partners in creating a positive environment by focusing on the strengths of youth and providing positive ways for youth to meet their basic needs.” - CA 4-H website

Volunteer leaders (Yes! That’s you) are the backbone of the 4-H club program. It is the community club leaders, the project leaders, and other volunteers that provide those mentoring relationships. The 4-H staff is here to support you in that role. It is our job to provide the training, expertise and infrastructure to help create the opportunities and atmosphere for the 4-H to be a positive experience for us all!

In order to provide that experience, it is important that we all uphold both the volunteer and member codes of conduct. One of the many documents you read and signed when becoming a member or leader in 4-H, you may not have had a chance to read through the code of conduct lately. It might not surprise you that I have read it more than once. It’s not bad actually. It has some really good points in it and I think if we all treated it a bit like the 4-H pledge, I think our jobs (all of us) would be a bit easier. In case it isn’t your idea of great bedtime reading, I will just say this: both the member and volunteer codes of conduct are pretty clear about what constitutes appropriate behavior. 4-H is a community, and in order for us to have those threads that weave together people from disparate backgrounds and experience, we must treat each other with respect and hold each other accountable to the behavior we have all agreed upon by joining 4-H. I believe this is an essential part of the learning experience. Learning how to work with people you might not understand, and how to resolve conflict with respect.

We all know of cases where either a leader or a member’s behavior has challenged us to use these skills. Next time a situation like this arises, think about that environment we are all trying to create and remind the other person. If you need assistance or support to resolve a situation, please remember there is staff to help you with this task. Julie Frazell and I are ready and willing to support you and your club. While you may see Julie more than me, it is only because my responsibilities are different and tend to keep me at my desk, and while difficult issues are not my favorite reason for getting out of the office, I am always willing to help. The important part is to remember that we are a community, and in the end, it is all about the YOuth.



CLUB REPORTS



Blue Heron 4-H Club

At our November 4-H meeting, the Blue Heron 4-H club discussed their three newest projects. The first is skateboarding and kids will learn everything their heads can hold. The second is food preservation. At the first session people learned how to make apple sauce and how to preserve it. They also made candied apples, carved apples into funny faces, and played games. The third project is Outdoor Adventures. Our entire club is taking part in this project and we learn about nature, take hikes, and go on other trips. Then we made Veteran Day cards and handed them out at the Veteran ceremony. Our club is growing too. We now have 21 members and 11 families.

Written by Adrianna Guardado and Asia Jones

C & L Club

BOND, JAMES BOND

Submitted by: Sherry Falge

On Nov. 15th, 2008, the C & L club invited all the 7th grade and above 4-H'ers in all of Lake County to see the new James Bond, 007 movie, Quantum of Solace. The kids were asked to dress up like a character in a Bond movie. We had 14 members join us for the movie from Scotts Valley, Blue Heron, Kelseyville, and Upper Lake clubs. There were 9 members that dressed up as different characters and it was great. We also had numerous parents that joined in the fun too, they wouldn't sit with us during the movie, I guess they were too afraid of our own James Bond.

Kelseyville 4-H Club

Hi my name is Kelsey Carstensen I am 12 years old and a member of the Kelseyville 4-H club. October 11th thru the 18th was the American Dairy Goat Association or A.D.G.A. National Convention and this year it was held in Rohnert Park. The youth program at the convention had seminars in marketing and photography,



disqualifications and terminology, selecting the right type of dairy goat, advanced dairy goat showmanship, how to make goat milk lotion, dairy licensing and regulations, designing a homestead creamery and from the farm to the showring. The youth group got pizza and went to Safari West where it was so much fun taking turns riding on the top of the double-decker jeeps. I met some really nice kids from all over the USA and will be meeting up with some of them at the National Dairy Goat Show next July at the Cal Expo fair grounds. From my experience I recommend that more 4-H members in dairy goat projects go to the convention next time it is in a nearby state.



OTHER 4-H HAPPENINGS:

Cleaning up and making a difference

by Asia Jones

On October 25th, from 9am-12pm, my friend Christina Mackey and I were part of a clean up crew. There were seven 4-Hers from Upper Lake, the C & L Club, Blue Heron Club and some adult volunteers. We were cleaning up an illegal dump site above Clover Valley north of Upper Lake. We found some really cool things. We found a lawn mower, a microwave, a tire, shot gun shells of a variety of colors, and many other things. Unfortunately, one of the other things was the bones of a dead dog wrapped in a blanket. We filled two pickups with old lumber and garbage. In the end, we could feel we really made a difference. What was a trashed hill is now a beautiful scenic spot again.

4-H Achievement Night Photo November 2, 2008



Shotgun Discipline Training Photos October 18-19, 2008





2nd Annual
Anderson Marsh 4-H
Holiday Fundraiser!



Sat. Dec. 13th
Clearlake Wal-Mart
10 AM to 3 PM

- ✿ Gift Wrapping
- ✿ Home Baked Goodies
- ✿ Make your own Dirt Baby
- ✿ Real Mistletoe

For more information, please contact Katy at 994-3114
Funds donated will benefit 4-H youth of South Lake County!

**ATTENTION ALL 4-H MEMBERS, LEADERS
AND PARENTS**

The Lake County Farm, Home and 4-H Foundation is asking for your assistance with their latest fundraising event. In June 2009, the Foundation will have a Family Fun Day which will include a LIVE AUCTION of items handcrafted by you, the 4-H Member, Leader, or Parent.

Your submitted item can be crafted from any material, and other than the obvious need for appropriateness, it can be anything from your imagination that you would like to offer for auction. It DOES NOT need to be anything related to your 4-H project(s) – just pull from your own personal talents.

More details will follow in the coming months, but start planning and start crafting!



4-H CLUB MEMBER & PARENT EXPECTATIONS

PART 2

4-H Presentation Requirements

All presentations must follow the guidelines of the State 4-H Presentation Manual.

Clover Buds and first year members may give a presentation at the project level. To qualify at the project level, at least 3 4-H members must be present.

Second year and above members must give a presentation at the club level or above.

If a presentation is given at a service organization or school, to receive credit the member must have a *Presentation Verification Form* completed by the supervising adult.

Members in 8th grade and above who have completed a minimum of 2 presentations at County Presentation Day, and received a minimum of one gold award, have the option of serving as an Area Chair (All Share the Fun Skit awards are excluded).

To receive credit as an Area Chair, you must participate in the entire day's activities and have your job performance evaluated by the judges in your area. Credit as an Area Chair will complete the presentation requirement.

Additional Requirements for Lake County Fair:

Please note, all members must complete all the following requirements by July 30 if they are planning to participate in the Lake County Fair animal show or auction:

- ❖ Attend 100% of fair animal project meetings, and 80% of club meetings. Excused absences are not to exceed 25% of meetings held and must be reported to the club or project leader prior to the meeting.
- ❖ Complete a 4-H Presentation.
- ❖ Have an up-to-date *Project Report Form*- with project leader's signature, *Presentation Verification* form and a complete fair entry form for your leader to review.
- ❖ Members participating in market classes must also submit 2 buyer contacts per animal intended for sale.

All the above requirements must be met before your fair entry form will be signed.

Parent Responsibilities:

The 4-H club program is a family program; your active support, cooperation and involvement increases the benefits that your 4-H member will receive from the Lake County 4-H Program.

- ❖ Provide transportation and financial support for members' project work.
- ❖ Verify with the UCCE 4-H Office the adult overseeing the 4-H Project work is a 4-H Volunteer.
- ❖ Assist with at least one project or club activity. Attend as many meetings as possible with your child.
- ❖ Read the monthly 4-H newsletter, *The 4-H 411*, to stay aware of what is happening.
- ❖ Supervise your member's work...but do not do the work!
- ❖ Please have your child contact the 4-H Volunteer if they are unable to participate in club or project meetings. Note: Excused absences must be reported to the club or project leader prior to the meeting. No more than 25% of meetings as excused absences are allowed.
- ❖ If you need additional information on up coming events or the Lake County 4-H Program, contact your Club President, Community Leader or the 4-H office.