2014 Mendocino-Lake 4-H Summer Camp
Camp Navarro!!

Camp dates are: June 26th - June 30th

Cost for Campers:
Late Registration: $175.00

Registrations are accepted on a first come basis. Once camp is full, a waiting list will be started.

All registration forms and payment must be received to be considered registered!!

Get your camp registration packet online at http://ucanr.org/summercampforms at the 4-H Office or if you need a copy mailed to you please contact the 4-H Office.

Camp Counselor Meeting Dates:
Saturday, April 26th, Ukiah 4-H Office - 9:00 a.m. – 3:00 p.m. Bring a lunch
Saturday, May 10th, Ukiah -Redwood Empire Fairgrounds 9:00 a.m. – 3:00 p.m. Lunch will be provided (CITs 9:00 a.m.-1:00 p.m.)

Kiwanis Pancake Breakfast
May 24, 2014
7:00 – 11:00 a.m. - Natural High School

SELL!! SELL!! SELL!!

4-H receives 100% of the proceeds from the tickets we pre-sell. It is very important to try and sell tickets in advance and not have people buy them when they get to the event!! Tickets will be distributed to your club this month by Teen Leaders.

There will be a prize of $100 for the Club with the highest ticket sales. This prize can be used towards 4-H Summer Camp, other 4-H activities, or in the 4-H Catalog. Money must be turned in by the May 30th to qualify for this prize.

Alexander Memorial Scholarship
ATTENTION HIGH SCHOOL SENIORS AND RECENT GRADUATES:

If you are graduating or have recently graduated and plan to attend college, you may be eligible for the Alexander Memorial Scholarship. The scholarship is $500 and a plaque is awarded annually to a very deserving Lake County youth involved with 4-H and/or FFA. There are also $50-100 for alternates/honorable mentions. The deadline for submissions is April 30th. Application materials and further details are available at the county Cooperative Extension office or on-line at:

http://ucanr.org/4hforms/information
Higher Education Scholarships Deadline: May 1, 2014

The California 4-H Youth Development Program, with help from donors, offers statewide scholarships to graduating high school seniors and current college students to cover educational expenses such as tuition, books, room and board. Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply. For scholarship categories and application details, please visit: http://www.ca4h.org/Resources/Members/Scholarships/

UPCOMING SHOOTING SPORTS TRAININGS

4-H Shooting Sports Workshop - Pistol Discipline

Friday, May 2nd, 2014 – 7:00 a.m. – 7:00 p.m.
Facility Location: Madera County 4H class room
328 S. Madera Avenue, Madera CA, 93637-5465

A 4-H shooting sports workshop for the pistol discipline will be held at the Madera County 4H office in Madera, CA. This is a one day-twelve hours course. This course will be held indoors using the Creedmoor portable air gun range and Crosman Silhouette 1700P PCP pistols donated by the NRA. Participants may also bring their own AIR pistols to use should they choose. Upon successful completion of the course, the participant will be certified as a volunteer and can lead a pistol project at the club level. The cost for this course is $30.00 to cover the instruction binder each participant will receive. Teen leaders are invited to attend. Eye protecting will be provided, however, students may bring their own eye protection if desired. Polycarbonate prescription eye glasses are acceptable.

To register for the course or receive more information, contact Sammy Ashworth at (559) 707-0755 or email sdashworth@gmail.com Please fill out and bring the medical documents listed below.

http://4h.ucanr.edu/files/20100.pdf
http://4h.ucanr.edu/files/4726.pdf

4-H State Leadership Conference

August 14-17, 2014 - U.C. Santa Cruz
Ages 13-19

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff. The conference is planned by a team of high school 4-H members and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

If you are interested in attending please contact the 4-H Office at (707) 263-6838.

Save the Date - State Field Day
May 31, 2014
8:00am-6:00pm
UC Davis Campus-Wellman Hall

Participation opportunities:
MyPlate Challenge- http://ucanr.edu/myplate

New this year:
4-H Engineering and Technology Showcase

Have a 4-H Engineering or Technology project you will like to showcase or demonstrate? Apply here http://ucanr.edu/exhibit/display_application!

Funding for supplies, materials or handouts is available, contact Steven Worker for more information, sworker@ucanr.edu.

Find more information here: http://ucanr.edu/4hstatefieldday.
ERIN EVAN’S EMERALD STAR
Interview Contest held at the 4-H Fling & Expo

The Interview Contest went really well. Thank you to our Judges (Val Schweifler, Cindy Smith, and Keith Wentworth) and Peggy Alexander, Fling coordinator. They helped a lot with contest. I also would like to thank the contestants, Taylor Robbins, Hailey Finch, Sofi Evans, and Layla Wall. The placings were Taylor got a Gold, Hailey got a Gold, Sofi got a Gold, Layla got a Blue. Congratulations ladies you all did a great job!
UPDATES FROM THE STATE OFFICE

• 2014-15 Statewide 4-H Advisory Committees
  The State 4-H Office is accepting statewide 4-H Advisory Committee applications for the 2014-15 program year. All 4-H members, adult volunteers, county and state 4-H YDP staff, as well as community partners are encouraged to apply. The committees offer insight, review and input for the operation and management of the statewide 4-H YDP. Applications are due to the CA State 4-H Office postmarked by May 31, 2014 or online by 11:59pm on May 31, 2014. For more information, see: http://4h.ucanr.edu/Administration/Advisory_Committees/

• 30th Annual California Range & Natural Resources Science Camp for High School Students June 15th-20th
  University of California’s Elkus 4-H/Youth Ranch just south of Half Moon Bay
  Mark your calendars for this great opportunity! April 18th is the deadline for submitting applications for Range Camp! Range Camp is a week-long camp experience for students ages 15-18 who have an interest in the science and conservation of natural resources in California. Students learn plant identification, principles of livestock and wildlife management, forestry, fire ecology, hydrology and water quality, geology and soils, and management of stream and river environments. Field activities include learning to read wildlife ‘sign’, outdoor navigation with compasses, maps and GPS, forest management, a tour of a working ranch, and a beach BBQ. Information and applications are available at http://www.rangelands.org/casrm/HTML/rangecamps.html. Cost is $400.00. Applications will be considered until May 30th if spaces remain.

HEALTHY LIVING

• #4hwaterwed
  Start the New Year with a pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter and Instagram. Be sure to #4hwaterwed to show your commitment to healthy living. For more information on the importance of hydration and ideas for your club visit: http://4h.ucanr.edu/Projects/HealthyLiving/Water_For_Better_Living/

4-H ROBOTICS

• 4-H Junk Drawer Robotics Workshop
  April 5, 2014, 9:30am - 4:30pm
  SCU Robotics Systems Lab, NASA AMES, Mountain View, CA
  Free to register (lunch provided) at http://ucanr.edu/robotics
  The curriculum engages middle school youth in engineering design and the basics of robotics through the use of common household items. This workshops will help prepare 4-H project leaders, teens, and other educators to implement the curriculum. There is no cost to attend and lunch will be provided. The curriculum is available for sale at www.4-h.org/robotics/.
Hello, my name is Flora and I am an eleventh grader from Lake County. I have been a 4-H member for 9 years and have been involved with Thrive for the past two years. I wanted to take the opportunity to share how Thrive has had a positive impact on my life.

My experience with Thrive has been enlightening! Being involved in the Thrive Leadership Project for the past two years has really helped me to build safe and positive relationships and also to identify unsafe relationships as well. This year, I have been able to focus my entire 4-H experience on my development as a leader and Thrive has been a HUGE part of that. Personally, Thrive has helped me make better choices when I am out and about with my friends. I have become much more aware of my actions and more conscious of the effect my actions have on everything. It has really helped me learn how to react to people better and set and manage my goals.

In general, being involved with Thrive has helped our club and project be more mindful of those coming into our group and has helped us create a safer, more welcoming environment. It is more fun than other projects I have been a part of because it is more personable. For example, in my rabbit project, I may learn a skill to better take care of my rabbits. In my Thrive project I am learning about myself and reflecting on how I can be a better person and leader. This year we learned a lot about leadership while also growing our science, engineering and technology skills. The activities are really fun and keep our attention. This has a lot to do with the way our adult leaders run the project. It doesn’t feel like school and time goes by quickly.

Overall, I am glad to be involved in Thrive and really enjoy being a Master Trainer for my county so that I can train others to have Thrive in their clubs. I hope that Thrive continues to grow and give us youth the tools and the power to keep making a difference.

“Thrive is part of a leadership project that helps youth discover who they are as a leader and reach their full potential. The Thrive curriculum reflects key principles of California 4-H’s positive youth development approach to young people and our commitment to helping them thrive and succeed in life. To find out more about the Thrive Leadership Series for 4-H members of all ages, check it out at http://4h.ucanr.edu/About/Thrive//.
North Coast Junior Meat Goat Show
Saturday, May 31, 2014

Guest Speaker
Adam Mendonza

Redwood Empire Fairgrounds
Main Entrance, Gate 2

Information & Registration Forms
Call Debi at 707-489-0742
or email debi122780@yahoo.com
Shanna: shan@willitsonline.com

Schedule
Weigh-in
• 9:30 - 10:30 am

Breakfast

Project Nutrition Clinic
• 11:00 am

Lunch
• 12:00 am

Showmanship
• Senior 1:00 pm
• Junior
• Primary
Followed by:
• Percentage Does
• Full Blood Does
• Market Goats

Sponsored by:
JD Redhouse,
Mendocino County Farm Supply,
Paul Riley Dry Wall,
Ag Unlimited and
Long Valley Market
707-489-5070

Silver Buckles & Premium Awards
April
18  California 4-H Uniform Contest Proposals Due
26  Camp Counselor Meeting - Ukiah 4-H Office - 9:00 a.m. - 3:00 p.m.
28  4-H Council Meeting - 4-H Office - 6:30 p.m.
30  Paul Alexander Scholarship Deadline

May
 1  High Education Scholarship Deadline
10  Camp Counselor Meeting - Redwood Empire Fairgrounds - 9:00 - 3:00 p.m.
10  Camp CIT Meeting - Redwood Empire Fairgrounds - 9:00 - 1:00 p.m.
24  Kiwanis Pancake Breakfast - Lakeport - 7:00 a.m. - 11:00 a.m.
26  UCCE - 4-H Office Closed - Memorial Day
31  State 4-H Field Day - Davis - 8:00 a.m. - 6:00 p.m.
31  State Fashion Review
31  North Coast Meat Goat Show - Redwood Empire Fairgrounds

June
26-30 Mendocino-Lake 4-H Summer Camp, Camp Navarro
The 4-H 4-1-1

It contains dates, deadlines and other important information. If you have any questions please do not hesitate to call the 4-H Office at (707)263-6838.

Sincerely,

Julie Frazell
4-H Youth Development Program Representative