Mendocino-Lake 4-H Summer Camp

Camp dates are: **June 25th-June 29th**

**Cost for Campers:**
- Early Registration: $160.00 due by April 1, 2015 – **DATE EXTENDED**
- Late Registration: $175.00

Registrations are accepted on a first come basis. Once camp is full, a waiting list will be started.

All registration forms and payment must be received to be considered registered!!

Get your camp registration packet online at [http://ucanr.org/summercampforms](http://ucanr.org/summercampforms) at the 4-H Office or if you need a copy mailed to you please contact the 4-H Office.

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4-H Fling & Expo

**A Lake County Field Day**

**March 21, 2015**

Presbyterian Church, Kelseyville

Open To All Lake County
4-H Members & Friends
9:00 a.m. - 12:30 p.m.

Please check the online event calendar at [http://ucanr.edu/4hcalendarandevents](http://ucanr.edu/4hcalendarandevents) and next month’s newsletter for entry information.

**Join the Interview Contest!**

**Saturday - March 21, 2015**

4-H Fling and Expo Field Day

Pre-registration encouraged but not required. Bring copies of your resume and cover letter and dress for success. See page 9 of the manual for a helpful check list. This will count in your record book as a 4-H presentation.

**Job Options for 3/21/15**

**9-10 Age Group**
- Busy Bee Arts and Crafts Class Helper p. 71
- Good Eats Cafeteria Server p. 72

**11-13 Age Group**
- General Hospital Attendant p. 83
- Little Sierra’s Bakery Assistant p. 86

**14+ Age Group**
- Village View Retirement Home Elder Asst. p. 105
- Mid Valley Veterinary Clinic Vet Tech. p. 112

**Interview Contest**

**Manual:** [http://4h.ucanr.edu/files/51307.pdf](http://4h.ucanr.edu/files/51307.pdf)

The Manual provides job descriptions, examples of cover letters and resumes, as well as sample interview questions and rubrics.
2015 Grand National Livestock Expo, Horse Show & Rodeo

This year’s rodeo will be held October 16-17 and October 23-24. In the past, the Livestock Exposition has been held on the first weekend of the show. The Board of Directors has made a change for this year’s show. The 2015 Livestock Exposition will be held October 21-25. A bull sale is also being planned for Friday, October 23.

Please watch our website at www.grandnationalrodeo.com for updated information as it becomes available.

Please feel free to contact me with any questions or concerns.

I appreciate your support of the show and look forward to seeing you in October.

Sincerely,

Vanessa Schneider
Livestock Exposition Manager

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Open Recruitment:
Statewide 4-H Advisory Committees 2015-16

Recruitment is open for the 2015-16 Statewide 4-H Advisory Committees. These advisory committees offer insight, review, and input for the operation and management of the statewide 4-H Youth Development Program, and are comprised of 4-H youth members, volunteers, and staff.

This includes the 4-H State Shooting Sports Advisory Committee. If you are interested, visit:
http://4h.ucanr.edu/Get_Involved/Advisory_Committees/

John Borba
4-H Youth Development Advisor
Kern County
(661) 868-6216

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UPCOMING SHOOTING EVENTS

4-H Shooting Sports Workshop
Rifle Discipline

Saturday, March 14, 2015 – 8:00– 4:00 p.m.
Sunday, March 15, 2015 – 8:00– 4:00 p.m.

Lincoln Rifle Club – McBean Park Indoor range

Lincoln, CA (Placer County)

A 4-H shooting sports workshop for the rifle discipline will be held in Lincoln, CA at the Lincoln Rifle Clubs indoor range in McBean Park. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. The cost for this course is $40.00 to cover the instruction binder that each participant will receive as well as lunch on Saturday. Teen leaders are invited but must attend with an adult. Participants can bring their own eye and ear protection if desired but is not necessary.

To register please visit http://ucanr.edu/survey/survey.cfm?surveynumber=14587. The application for certification will need to be approved and signed by the county staff prior to attending this class.

For questions about the course, to download the application for certification and the medical release forms please go to http://ucanr.edu/sites/placercounty4h/?calitem=230011&g=25577.

To receive additional information, contact Eric Vander Linden at shootingsports4h@gmail.com or 916 257-4796. Please bring your completed medical release form with you on the first morning of class.

Registration is due Friday, March 6th and space is limited.
Calling all Archery Leaders

3rd annual State 4-H Shooting Sports Archery Match is now open.

Every leader that entered last year was sent an email with the rules and entry form attached. The same was sent to the 4-H staff list. The deadline for entering is March 16, 2015. Each leader MUST have the entry form signed by a 4-H staff person, who double checks that each youth is currently enrolled and submit a council check for their entries.

The deadline for returning the entries is June 16, 2015.

The rules and entry forms can be found at http://cemendocino.ucanr.edu/files/204379.pdf for the rules and http://cemendocino.ucanr.edu/files/204380.pdf for the entry forms.

A reminder only a currently enrolled approved archery leader can sign and send in the entries and score the cards as the member shoots.

Any questions contact Linda Edgington at lgedgington@ucanr.edu or 707-463-4495.

Entry forms are available at the 4-H Office.

2015 State Field Day
May 30, 2014
(Not on Memorial Day weekend)

The special recognition and impromptu topics have been posted. You can find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/

Cole Creek Fundraiser

Need to make a delicious dessert on a moment’s notice? Please join Cole Creek 4-H in their fundraising endeavor by ordering dry All Natural Mixes for only $10.00 through April 8th. We have many delicious varieties including:

- Triple Chocolate Chip Cookies
- Snickerdoodle Cookies
- Funnel Cake
- Brownies
- and others……

Your purchase will help pay for club and project expenses, and we are hoping for a small end-of-the year party. Your purchase will help us meet our goals!!

Call Cheri Farrell at 349-4121 or Neva Gaskell at 277-7152.

Thank you!!!
The 2014-2015 Countywide 4-H Shooting Sports Program

Our programs focus on firearms safety and safe firearms handling. After safety is learned, we move on to marksmanship. All shooting is conducted with one-on-one coaching and close supervision. All beginning shooters start from a shooting bench with one-on-one instruction. Safety is reinforced through learning by doing. 4-H Shooting Sports and the Konocti Rod and Gun Club Youth Shooting Sports programs are run together at each meeting. The schedule of events and classes can be found at www.krgc.org in the calendar section. The minimum age limit for 4-H Shooting Sports is 9 years old by Jan. 1st. There is no minimum age limit for KRGC Youth Shooting Sports program. Siblings who do not meet the 4-H minimum age limit may be able to participate at the same meetings through the KRGC program if they are able to understand and follow the safety rules and procedures. Safety is the number one priority and will always determine who can participate in the programs.

Youth participants are welcome to bring their own safe firearms to use on the range. We have a variety of firearms available to use including some of the newest styles of .22 carbine. Colt M-4, Ruger 10-22 and S&W 22A's to name a few. All .22 rimfire and some 12Ga and 20Ga shotgun ammo is provided. All black powder materials are provided through the program. We shoot at a variety of reactive targets and have precision targets for competition and marksmanship improvement. Proficiencies are available through the program.

The program will begin in February or March of 2014, depending on weather and run through October. Meetings are 3 hours, as members learn to also set up a safe range and clean up after each meeting. Prompt arrival is imperative. Attendance at every meeting is NOT mandatory. Our first goal is teaching firearms safety. Interested in signing up, enroll on line as usual or contact Nicole at the 4-H Office at 263-6838. Note* Jr./Teen leaders are not automatic because of the knowledge required and responsibilities involved. If you are interested in becoming a Jr. or Teen leader of this project, please talk to Rick directly, before signing up as one.

Questions? Contact Youth Coordinator: Rick Walker 707-994-7531 or E-mail at info@krgc.org
Blue Heron 4-H Club of Lakeport represented well at the Cloverdale Citrus Fair Rabbit and Cavy show on Sunday. Three members of the Blue Heron 4-H Club participated in rabbit and/or cavy showmanship, and breed and fur judging in a double show.

Charlie Adams earned a second place ribbon in novice cavy showmanship, Best of Breed (BOB) for his Giant Chinchilla rabbit, BOB for his American Chinchilla rabbit, Best Opposite Sex of Breed (BOSB) for his American Cavy, and 1st for Teddy Cavy intermediate.

Robin Adams placed first in novice cavy showmanship, which bumped her up to compete in junior showmanship, earning her a third place ribbon in that category. Robin also won BOB with her Giant Chinchilla rabbit, BOB for her American Chinchilla rabbit, BOSB for her American Chinchilla, 2nd for Teddy Cavy intermediate, and two first place wins for fur with her American Chinchilla.

Jaden Bussard earned a 5th place ribbon in intermediate rabbit showmanship, 2nd place for breed with his Holland Lop rabbit, and two first place wins for fur with his Holland Lop.

All three had a good time and showed great sportsmanship with their fellow 4-H'ers and show attendees.

Photo (L to R): Charlie Adams, Robin Adams, Jaden Bussard
Big Valley 4-H Donates to Lake County Animal Care and Control
submitted by: Sheri Madrzyk

Big Valley’s beginning 4-H Project donated items to the Lake County Animal Care and Control Animal Shelter on 2/9/15. They donated dog beds, toys, biscuits and bones, towels, dog and cat food, bowls, collars, leashes, homemade dog biscuits, and a gift certificate to Braito’s Tees.

Pictured from left to right: Jazmin Cortes, Bella Menard, Katey Brown, Karissa Holland, Allison Bryant, and Andrew Bain. Not pictured: Bailey Couey, Hunter Couey, Alex Garcia, Brandon Garcia, Carmen Garcia, Madelyn Madrzyk, Max Madrzyk, Alexandra Walker, and Elizabeth Walker.
4-H Fling & Expo  
A Lake County Field Day  
March 21, 2015 Presbyterian Church, Kelseyville  
Open To All Lake County 4-H Members

All entry forms due to the 4-H office Fri. March 13, 2015  
(fax, email, or hand deliver)

Sewn/Needlework/resume projects are due for prejudging to the 4-H Office by:  
March 17, 2015 before 5 pm

All other items bring to the event between 8:30-9:00 (CHECK IN)

Complete entry form below.  
(see attached pages for category descriptions)

Name:____________________________________     Club:_________________________  
Address:___________________________________________  Phone:__________________________  
Email: ____________________________________________          Age:_______  Grade:_______

Complete entry form below.  
(see attached pages for category descriptions)

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

YOUTH Fashions: Sewn/needlework  
☐ Sewn item:  
    Traditional Garment  
    Accessory/Home Art  
    Quilt or Quilted item (must be stitched)  
☑ Needle Arts (knitted/woven, etc)  
☐ Decorated Duds  

YOUTH Foods/Home Arts  
☐ Themed cupcakes (people’s choice)  
☐ Best Cookie Contest (people’s choice)  
☐ Themed place setting (people’s choice)  
☐ Fruit smoothie blend off (age 9+)  
☐ Best Cobbler (people’s choice)

YOUTH Fun (open for all members, no need to pre-register)  
• Taste tests/samples  
• Create & launch stomp rockets  
• Make a bird treat  
• See glowing germs  
• Make a cool leather craft  
• See a fashion show  
• Hot tamale contest  
• People’s choice voting  
• Win door prizes  
• and MORE!!

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<th>Entry Category</th>
<th>Description:</th>
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Category Descriptions
(pre-judged deliver 3/17 to 4-H office)

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

Sewn– Traditional (list expenses)
- Item(s) sewn by the 4-H member with itemized expense list.

Categories:
1. Garment – something sewn using a pattern (skirt, etc.)
2. Accessories/home - non-garment item, sewn from scratch: bag, hat, gloves, backpack, placemats, pillow, pillow case, etc…
3. Quilting: any item that incorporates quilting techniques. (stitched)

Decorated Duds (list expenses)
- Decorate a garment(s) using arts and crafts techniques, embellish to taste.
- This category focuses on creative techniques and workmanship.

Fashion Show: Decorated Duds and Sewn
Garments/accessories may be modeled in the fashion show.

Home Arts
An item sewn or crafted for use in or around the home.

Categories:
1. New – using a pattern or knitted/sewn from scratch: blankets, quilts, pillows, pillowcases, tablecloths, placemats, table runner, tool bag, etc.
2. Re-designed – creating something from old garments or material: flowerpot, vase, home or holiday decoration, etc..

Resume & Cover Letter Contest: Create a formal resume based on your real life skills and achievements. Write a cover letter requesting an interview for a job position. See the CA 4-H Interview Contest Manual for more details (Link below). Please submit to 4-H office March 17th for advance judging. (no interview)

Interview Contest (with resume/cover letter) scheduled at sign in
Pre-registration encouraged but not required. Bring copies of your resume and cover letter and dress for success. See page 9 of the manual for a helpful check list. Counts as a 4-H presentation.

Job Options for 3/21/15

<table>
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<th>9-10 Age Group</th>
<th>11-13 Age Group</th>
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<tr>
<td>Busy Bee Arts and Crafts</td>
<td>General Hospital</td>
<td>Village View Retirement Home</td>
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<td>Class Helper</td>
<td>Hospital Attendant</td>
<td>Elder Assistant</td>
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<td>Good Eats Cafeteria</td>
<td>Bakery Assistent</td>
<td>Mid Valley Veterinary Clinic</td>
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<td>Server</td>
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<td>Vet Technician</td>
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<td>p. 83</td>
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Interview Contest Manual: [http://4h.ucanr.edu/files/51307.pdf](http://4h.ucanr.edu/files/51307.pdf) provides job descriptions, examples of cover letters and resumes, as well as sample interview questions and rubrics.

SEWN/NEEDLEWORK, ALL GARMENTS, RESUME & Cover LETTER entries must be delivered to the 4-H office no later than 5pm Tues. March 17th for judging.

All other items must be checked in at the Presbyterian Church, 8:30-9 am. Sat. 3/21/15.

(see next page for more entry options)

*****Judging criteria/handbook to be posted on-line in mid-February 2015.
Fun Activities and Judging Contests

(Deliver at check in day of event)

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

Fancy Themed Cupcakes: Make 3 decorated cupcakes based on a creative theme (birthday, holiday, western, storybook, insects, etc). Everything on it has to be edible. (People’s Choice—Top 3 Winners)

Best Cobbler Contest—deliver on event day at check in
Bring cobbler in disposable tin, 3” x 5” card listing participant’s name & club, and the complete recipe. Cobbler will be judged on overall appearance, texture, consistency, and taste. People’s choice

Best Cookie Contest (people’s choice)— deliver on event day at check in
Creative snack will be judged much like a fair entry food item, except you need more samples. Bake your cookies and deliver them on the day of the event with your recipe. See amounts below.

Cookies will be judged on how they look both outside and inside on things such as creativity, colors, uniformity of size, texture, as expected for product, as well as how they taste.

Bring three whole cookies on a plate (enclose in clear plastic zip bag)AND 6-7 more cut into quarters=24+ sample bites on another plate. Write your name, age, and 4-H club on the bottom side of the cookie plate. Bring a copy of your recipe. Your snack will be displayed in a special area.- This event does not require you to talk to the judges.

Smoothie Blend off—bring your blender and ingredients (2 batches) and compete for the best fruit smoothie. (counts as a presentation). Judges may ask questions. Trophy for best!

Themed place setting: Be creative and pick a theme (birthday, holiday, western, storybook, insects, etc). It should be evident which theme you have selected. Overall place setting should be an expression of the youth’s creativity; homemade touches are encouraged! (Danish System)

1. Pre-registration for the contest is required.
2. Table settings are to be constructed/arranged by exhibitor and displayed on the day of the event.
3. One place setting is to be displayed, including a table covering, dinnerware, glassware, flatware, centerpiece all arranged according to table setting guidelines and appropriate to theme/occasion.
4. Centerpieces or decorative accessories are acceptable if appropriate. Limited to 25x30 inch area. Plan ahead.
5. Have fun with this! The idea is that it is fun to make a table artful and pleasant and that having meals at the table is a great way to spend time with family and friends.

Leprechaun Trap (design and build): Remember, leprechauns are tricky fellows, so you must be creative and clever. Make a contraption with a net, boxes, a clean can, or anything else you can think of such as paper towel rolls, empty containers, tin foil, paper, string or yarn, sandwich bags, etc; (People’s choice)

Fun Activities & Skills Events (drop in activities for everyone; no need to pre-register)

Taste and score baked goods/smoothies. Toss “hot tamales”.
Make a bird treat Build and launch a stomp rocket.
Create a leather craft. Win prizes!

Vote for people’s choice awards---best Leprechaun trap, place setting and more …
4-H’s Quest for Gold

4-Hers gathered from around the county at Mountain Vista Middle School in Kelseyville on February 21 to compete in the county-level Presentation Day, an annual public speaking competition. The event was hosted by the Blue Heron 4-H Club and Cobb Mountain 4-H Club.

Almost 40 participants showed off their knowledge in various topics that ranged from cooking to playing basketball. Participants earn a red, blue, or gold medal, and if their presentation was truly outstanding they get their name on a plaque. Plaques are handed out in various categories, which include Healthy Culture/Living, Life Skills, Other, and Science, Engineering and Technology (SET). 2015 winners included Bron, Nate, and Cord Falkenberg, Wyatt Smith, Robin Adams, and Katey Brown, respectively.

If gold is achieved, a gold pin is awarded to the 4-Her for their hat, as well as the option to present at Sectional Presentation Day, where multiple counties are present and competing. If the 4-Her is awarded a gold there, they move on to state level, competing against the best 4-H presentations our state has to offer.

At our county level presentation day, presenters also have an opportunity to do an encore of their presentation in front of all the participants if chosen by their area judges. After this, all the presenters gather for a group picture (below).
2015 PRESENTATION DAY PLAQUE WINNERS

HEALTHY CULTURE/LIVING
Bron, Nate, & Cord Falkenberg

SCIENCE, ENGINERRING & TECHNOLOGY (S.E.T.)
Katey Brown

OTHER
Robin Adams

LIFE SKILLS
Wyatt Smith
March
16  4-H Council Executive Board Meeting - 4-H Office - 4:00
18  Camp Counselor Meeting - Ukiah 4-H Office - 6:30 - 8:00 p.m.
21  4-H Fling & Expo - Kelseyville Presbyterian Church - 9:00 - 12:30 p.m.
25  Camp Steering Committee Meeting - Ukiah 4-H Office - 6:30 p.m.
27  Danny Wilds Summer Camp Scholarships Due to 4-H Office

April
1   4-H Summer Camp Early Registration Fee Deadline
11  Camp Counselor Training - Redwood Empire Fairgrounds - 9:00 a.m. - 3:00 p.m.
11  Camp CIT Training - Redwood Empire Fairgrounds - 9:00 a.m. - 12:00 p.m.
20  4-H Council Executive Board Meeting - 4-H Office - 4:00
29  Camp Counselor Meeting - Ukiah 4-H Office - 6:30 - 8:30 p.m.

May
20  Camp Counselor Meeting - Ukiah 4-H Office - 6:30 - 8:30 p.m.
23  Kiwanis Pancake Breakfast - Natural High - 7:00 a.m. - 11:00 a.m.

4-H Summer Camp - June 25 - 29, 2015

For an online calendar of upcoming events go to:
http://celake.ucanr.edu/4-H_Program/Upcoming_Events
The 4-H 4-1-1

It contains dates, deadlines and other important information. If you have any questions please do not hesitate to call the 4-H Office at (707)263-6838.

Sincerely,

Julie Frazell
4-H Youth Development Program Representative