

February 2009



NEXT 4-H Council Meeting
April 27, 2009
6:30 p.m.
4-H Office

County Presentation Day
February 22, 2009

First, choose a topic you find interesting, then decide how you want to present it: as a Demonstration, Speech, Slide Show or Video, Share the Fun Skit, or a Table Top Display. Once your Presentation is prepared, practice once or twice and then put it away until January. In January, practice once or twice a week until the big event and then you will be ready for Presentation Day. This year, Presentation Day will be in **Middletown**. If you would like information on how to prepare a presentation, please come by the 4-H office or visit our website at



<http://ucanr.org/4hforms/information>

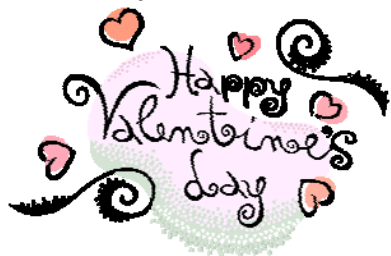
Registration Forms in this issue of the 4-1-1 at the 4-H Office or available online.

Check-in: 12:30 - 1:00 p.m.

Orientation: All Judges and Area Chairs 1:00

Presentations Begin: at 1:30

We will conclude the day with the Awards Ceremony.



Lake/Mendocino 4-H Summer Camp
2009

Camp Masonite Navarro!!

Camp dates are: **July 14-18, 2009**

Cost:

Early Registration - **\$125.00 due April 3, 2009**

Regular Registration - **\$135.00 due May 8, 2009**

Late Registration - **\$150.00 due by June 5, 2009**

(Postmark ok)

Registrations are accepted on a first come basis.

All registration forms **and payment must** be received to be considered registered!!



Get your camp registration packet online at <http://ucanr.org/4hforms/information> or at the 4-H Office.

Presentation Day Interview Activity

Interviews for mock jobs will be held at County Presentation Day. These interviews are designed to help youth improve their job



preparation and interviewing skills! Sign-up at the event. Each participant will receive an informal evaluation. Check out the interview manual for great tips and the guidelines for the interview, at the 4-H Office.

Prepare your interview based on one of the following three jobs:

1. Floral Clerk
2. Veterinary Assistant
3. Grocery Clerk

Participation in this activity can count on your Personal Development Report Form.

SUMMER CAMP SCHOLARSHIP

The Danny Wilds 4-H award is a monetary grant in memory of Daniel Len Wilds. Danny was an eight-year member of the Big Valley 4-H Club who maintained a growing interest in 4-H club work, agriculture and education. The primary purpose for this award being established was as a tribute to Danny. The committee has dedicated these funds to financially assist 4-H members to attend summer camp. Five (5) full scholarships will be awarded to 4-H members who want to attend camp but could not go without some assistance.



Application is available at the 4-H Office and is due by March 30, 2009



Cole Creek 4-H Club Valentine Bake Sale

**February 14, 2009
9:00 a.m. - K-Mart**

Decorated Valentine Desserts!!

Come support the Cole Creek 4-H Club and get a sweet for your Valentine!!



Kelseyville 4-H - 2nd Annual Mexican Dinner w/silent auction

**March 7, 2009
4:00 - 8:00 p.m.**

**Kelseyville
Presbyterian Church**



\$12.00 Full Meal: 1 Enchilada, 1 Tamale, Rice, Beans & Dessert

\$6.00 Half Meal: 1 Enchilada or 1 Tamale, Rice, Beans & Dessert

Take out orders available

For tickets or more information call Karen Hayes at 995-2939 or Bonnie Marsh at 263-6700.



UPPER LAKE 4-H CLUB ANNUAL TRI-TIP DINNER FUNDRAISER



The Upper Lake 4-H Club will be holding their Annual Tri-tip Dinner Saturday, February 21, 2009 at the Bachelor Valley Grange in Upper Lake.

Dinner is all-you-can-eat and includes: Tri-tip, Beans, Salad, French Bread, Dessert and Beverage. Dinner will be served from 5:00 p.m. - 8:00 p.m., the cost is \$9.50 per adult and \$4.50 per child 5 years and under. For more information or for tickets, please contact John Irwin at 275-0722.

Tickets may also be purchased at the door.

NEW Countywide Projects Offered!!

Countywide Nigerian Dwarf Goats

This project is looking for anyone interested in learning all about this fascinating little goat. You do not need to own a Nigerian to join. This project is open to all ages.



For more information about the project contact Leah Odom at (707) 263-1359.

Countywide Rocketry & Aerospace Project

The countywide rocketry & aerospace project is looking for members in the 7th -12th grade. The project will cover the principles of building and flight for both model airplanes and rockets.



(There will be some material fees for this project)

For more information about the project contact Leah Odom at (707) 263-1359.

To sign-up for either of these projects, contact the 4-H Office at (707) 263-6838.



Why do Record Books?

By Katy Evans

Anderson Marsh 4-H Community Leader

This is a 4-H old question that arises each year and has since 4-H record books were begun. It's hard to find anyone- parent or member that enjoys record books! BUT it's always fun to look at a completed record book- even years later. It's more than a scrapbook, it's a peek into a member's 4-H life! What a treasure- no two are ever the same and each a chronicle of history! A 4-H record book is the ultimate hands on learning tool in 4-H.

I am a 3rd generation 4-Her and earned the rank of All Star and competed at the state level with my 4-H record book. I ALWAYS HATED record books. But looking back, those records and the skills they taught me have been invaluable! It sounds very cliché, but doing records books for 10 years was useful in a variety of ways. Many of the skills I learned from doing record books, I continue to use on a daily basis as an adult. This is why I believe it is VERY important to encourage kids to complete record books.

As I write this article, most of the basic computer skills I first learned were while using a computer (Apple IIc and image writer printer) to keep records of my 4-H projects and ultimately my record book. Because of record books, I learned to use a spreadsheet to track project expenses, a database to track inventory and individual animal performance and vitals, and of course the word processor to draft, my 4-H story and eventually complete the National Report Form. I have never had good penmanship and using a computer revolutionized record books for me and gave me the ability to turn in a typed book! Something taken for granted now that all of the forms are downloadable and computer friendly.

Record books can teach kids to be financially savvy. Regardless of whether or not a 4-Her chooses to be a business person, they will most likely at some point need to manage their own finances. 4-H is the perfect place to learn about finances. Keeping records taught me basic accounting skills- how to do a profit-loss statement, what profit and loss are, how to set up a ledger, depreciation, develop a budget and balance a check book. It also taught me about marketing and the importance of networking with other people.

Organization and time management is another vital skill record books encourage. To assemble a complete record book, a member must learn organization. From assembly and keeping the correct forms to finding a method of recording 4-H events and activities, a member must learn organization. Records should be kept throughout the year and a member must learn to set time aside to allow for regular record keeping. There are lots of great ideas to help make record keeping less daunting and more doable, ask older 4-Hers or leader for ideas. Different methods work for different people.

Responsibility – ultimately the member is responsible for their own book and its contents. As parents this is difficult but crucial to developing life skills. Deadlines and rules must be followed. Record books are a great place to begin to teach kids.

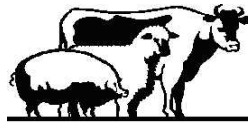
The biggest advantage of competing at the state level was (and still is) the opportunity to win scholarships. If a member never sends a book beyond their club, they are forfeiting the potential opportunity to win a \$500 scholarship. The competition is stiff but the rewards are great.

A 4-H record book is an invaluable place to start when creating a job resume when applying for a job or college. If a member has completed a record book each year, they not only have chronologically summarized activities a 4-Her participated in but also noted what they learned or how they participated. 4-H is a huge asset when applying for employment because of the life skills learned. If a member doesn't take the time to record what happened each year, it is easily lost and forgotten.

One of the core values of 4-H is teaching kids hands on life skills. Record Books are the heart of a 4-Her career. So the next time record book judging arrives, instead of dreading the deadline, remember the benefits of completing a book! Try to make it less painful by working on it throughout the year or work on it with other members. Plan for success by planning ahead and working on your book throughout the year, not just when it is due! So next time you sit down to record books, remember the BIG picture and all of the skills to be learned. Don't forget to share your book with friends and family, too. They will enjoy all of your hard work, too! Happy recording keeping!



Have you registered yet for the HANDS-ON LIVESTOCK EXPO?



SATURDAY - FEBRUARY 28, 2009- REDWOOD EMPIRE FAIRGROUND, UKIAH

You don't want to miss this one! February 24th is the last day you can register to attend the Expo in Ukiah, an activity-filled day that will be like spending a day in vet school. Look through the schedule below!

8:00 - 8:30 Early Bird registration and Skillathon (Skillathon answers discussed at 8:50). High point cumulative skillathon winner of the day earns a silver buckle!

8:30 - 9:00 General Registration continues

9:00 - 12:00 Quality Assurance and Ethics by Dr. Jeff Goodwin, nationally recognized speaker and currently serves as the Youth Development Director at Colorado State University

12:00 - 2:00 "Working Lunch" – you will be able to attend Hands-On Labs featuring:

- Carcass Evaluation by Jordan Fricke (a recent CSU grad who will show you what to look for in carcass finish, premium cuts and how to apply that information to your animal on-the-hoof).
- Dissection Lab by Dr. Mike Lane (UC Davis vet school professor).
- Dr. Matt Portillo (Ag advisor for Butte County) who will teach how to test for parasites (you can bring your own sample!) and develop your parasite-control plan.
- Crystal Waters (Chico State senior and member of the CSU Livestock Judging team) will give a demo on Livestock Judging at the collegiate level.
- Dr. Sarah Mason, (Lake County Veterinarian) available in the Ask a Vet booth.
- Mary Ann Underhill, livestock inspector, for information on bio-security.
- In addition, there will be dozens of local vendors, breeders, feed suppliers, and industry organizations represented, all giving away door prizes to a lucky visitor of their booth. More skillathons will also be available. All this, and lunch provided in a backpack so you can eat while you work!

2:00 - 4:00 Species workshops. All market species including beef, sheep, meat goats, swine, rabbits and poultry will be represented, showcasing the most up-to-date information to help you raise your animal this year. Experts from around the state will speak on selection, showing, fitting and more. Opportunities to ask questions of some of the industries' best producers.

4:00 - 5:00 Awarding of prizes, large and small! Lots of opportunity to win!!

Registration is \$5 per person by Feb. 1, 2009 increasing to \$10 until Feb. 24, 2009.

Registration forms are available at the 4-H Office and online at:

<http://ucanr.org/livestockexpo>



CLUB REPORT



Cole Creek 4-H Club

By: Erica Illg

I just thought I would report on what the Cole Creek 4-Hers have been doing. We had some clubbers go to the courthouse for 4-H week; some were in the Kelseyville Lighted Parade, some helped in bagging goodies for the troops and some served at the soup kitchen in Lakeport. Many of us received awards at the County Awards Night in November and then we all had our Cole Creek end of year awards night with a family potluck. We have already had a couple fundraisers too. We had a garage sale and we sold candles and cookies for Christmas. Also our horse and goat projects have already started. All this before the 2008 year ended! This month our rabbit, gardening and photography are starting along with a bunch of other fun stuff I'm sure. We're ready to start having some 4-H fun and are looking forward to another GREAT 4-H year.

Blue Heron Happenings

By: Asia Jones and Adrianna Guardado

In January, the Blue Heron 4-H club had a game night at our 4-H meeting. Each family brought a game and then each individual/group picked a game and started playing. It was fun and we cannot wait to do it again. We had Sorry Sliders, Hangman The board game, Uno, Pictionary and more. Later in the month, we visited the Kelseyville Observatory as part of our Outdoor Adventure Project. We got to look at constellations and we learned a lot about stars. We also had a club bowling party at Lakeside Lanes. This time we were not all beat by DJ the 5 year old. Alyssa Lombardo had the high score of 102. 2009 will be a good year for the Blue Heron 4-H.



4-H Fling: Fashion, Food and Fun
 Clothing and Textile & Home Arts Field Day
March 21, 2009 Presbyterian Church, Kelseyville
Open To All Lake County 4-H Members



All entry forms due to the 4-H office March 9, 2009

Sewn/Needlework projects are due for prejudging to the 4-H Office by: March 18, 2009 before 7 pm
All other items bring to the event between 8:30-9:00

Name: _____ Club: _____
 Address: _____ Phone: _____
 Email: _____ Age: _____ Grade: _____

Please mark which category you are entering.

Complete a separate entry form for each category.

(see attached sheet for category descriptions)

Categories : (for more details see category descriptions)

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

YOUTH Fashions: Sewn/needlework

Sewn item: (showmanship required)

- Traditional Garment
- Accessory
- Remade garment
- Apron challenge

Needle Arts (garment or accessory)

Outfit from Recyclables

Outfit on a Budget

Decorated Duds

Home Arts (stitched, knitted, crafted)

ADULTS:

The Ugliest Out Fit

YOUTH Foods/HomeArts

Ugly cake competition

Creative Cookie Contest

Themed place setting

YOUTH Fun (open for all members, no need to pre-register)

- ugly cake voting
- cookie judging
- fabric & sewing tool identification
- spaghetti tower competition
- cooking tools identification
- and MORE!!

Entry Description:

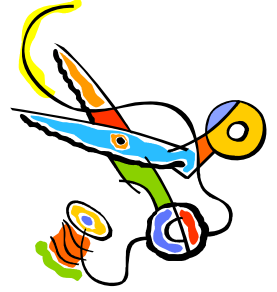
List Itemized Expense: _____ (or attach to entry form)

Category Descriptions

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

Sewn Garment – Traditional (list expenses)

- To showcase the member's sewing skills and their ability to coordinate an outfit
- Garment(s) sewn by the 4-H member with itemized expense list
- The entry might be a one-piece garment or it might be three coordinated pieces. A beginning member might even sew one garment and purchase another, for example a sewn jumper or vest worn with a previously owned shirt.



Categories:

1. New – something sewn using a pattern
2. Re-sewn – an item remade into a wearable garment or outfit. The new garment must show at least 50% change in construction. Example: skirt or shirt from pants, vest or pants from tablecloth or drapery etc....
3. Accessories - non-garment item, sewn from scratch: bag, hat, gloves, backpack, etc...
4. Apron Challenge: The state's theme/competition using Simplicity pattern #9565 (provide receipts)

Needle Arts (list expenses)

- The member demonstrates their ability to knit, crochet or weave a garment or accessory, and coordinate an outfit with it. Include itemized expense list.

Categories:

1. Garment – a poncho, skirt, shirt, dress, coat etc....
2. Accessories - scarf, hat, belt, gloves, blanket, etc...

Recycle

- The member creates a wearable garment/costume from different or previously used materials. No more than 20% fabric (i.e. 80% other)
- This category focuses on creativity, as well as best use of materials.
- Get creative and have fun with this category.

Outfit on a Budget (include all receipts)

- Members create a complete outfit for \$35 or less purchased at a secondhand store. The outfit is something you would actually wear to a special event or outing.
- The focus is on how complete the outfit is and wise consumer purchasing.

Decorated Duds (list expenses)

- Decorate a garment(s) using arts and crafts techniques, embellish to taste.
- This category focuses on creative techniques and workmanship.



Home Arts

- An item sewn or created for use in or around the home.

Categories:

1. New – using a pattern or knitted/sewn from scratch: blankets, quilts, pillows, pillowcases, tablecloths, placemats, table runner, tool bag, etc.
2. Re-designed – creating something from old garments or material: flowerpot, vase, home or holiday decoration, etc....

Parents/Leaders Only (walk in accepted)

- The Ugliest Out Fit. Create a complete outfit. Ugliest wins.

All SEWN/NEEDLEWORK items must be delivered to the 4-H office by 7 pm Wed. 3/18/09 for judging. Showmanship for all sewn items will be held at the event.

All other items must be checked in at the **Presbyterian Church, 8:30-9 am. Sat. 3/21/09.**

Fun Activities and Judging Contest

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

Ugly Cake Competition: The more ugly/disgusting looking the better! The cake and everything on it has to be edible. **Cakes with non-edible decorations or foreign objects will be for display only.** Please create a title for your cake. Example: "Cow Patty Cake." Put the name of your cake on the plate for all to see. Cakes must be on disposable containers such as cardboard or cake round.

Creative Cookie Contest

You may make either bar, drop, rolled, or shaped cookies. Cookies will be judged much as they will be for a fair entry, except our emphasis will include high nutritive value.

Recipes should include ingredients representing the 4 food groups. See the example below:

- meat group: eggs, nuts or seeds
- breads & cereals group: oatmeal or flour
- fruits & vegetables group: raisins or carrots
- milk group: milk, fluid or dry (butter is fat/oil, not a milk item)

Cookies will be judged on how they look both outside and inside on things such as colors, uniformity of size, texture and moisture as expected for product, as well as how they taste.

Bring 6 cookies on a paper plate (enclose in clear plastic zip bag) for judging and sampling. Write your name, age, and 4-H club on the bottom side of the plate. Bring 4 copies of your recipe on file cards (3x5 or 4x6). Your cookies will be displayed in a special area. This event does not require you to talk to the judges.

Spaghetti Tower Competition: How high can you make it rise? Using spaghetti and marshmallows and a 10 minute time limit, make a tower of your own design. Enter solo or with a partner.

Themed place setting: Be creative and pick a theme (birthday, holiday, western, storybook, insects, etc). It should be evident which theme you have selected. Overall place setting should be an expression of the youth's creativity; homemade touches are encouraged!

Fun Activities & Skills Events (drop in activities for everyone; no need to pre-register)

Learn to judge: evaluate the best cookie. Taste and score items.

Identify cooking tools

Practice identification of fabric, sewing tools, quilt patterns

Vote for people's choice awards---ugly cake contest, place setting and ugliest outfit contest

Watch 4-H members model their projects/showmanship

Win prizes!

Countywide Shooting Sports Project Project Meeting Dates 2009



The 2009 combined 4-H/Konocti Rod & Gun Club Youth Shooting Sports Program is about to start again. It begins with teaching the basics of firearms safety. Safe gun handling and marksmanship comes next.

This year we will be focusing on different shooting disciplines at each meeting. We will teach firearms safety and handling the first meeting along with rifle shooting. Other meetings will cover pistol, shotgun and black powder muzzle loading firearms.

Participants will have an opportunity to earn awards through the NRA Marksmanship Qualification Program. Coaches will be on hand to assist shooters at all levels. Qualification targets will be used and it is optional. There will be multiple reactive targets out for those who just want to shoot for fun. Bring hearing protection and eye protection if you have them. We have a limited number of each available. There is no drinkable water at the range, bring your own. Bring your own chairs because seating is very limited.

If the weather is going to be raining, call Rick at 994-7531 and we will advise if there is an alternate location. We may still meet for shooting sports activities, indoor air rifle, cleaning techniques, basic gun works and such. Check the calendar on www.krgc.org for details of upcoming events including the subjects to be covered in the next Youth Shoot.

2009 Youth Shooting Sports Schedule - Shoots generally last 2 to 3 hours:

- Saturday, February 21, 2009 – 1:00 p.m.
- Saturday, March 21, 2009 – 9:00 a.m.
- Saturday, April 18, 2009 – Family Fun Shoot – 10:00 a.m. to 3:00 p.m. – All youth members are encouraged to attend and help out. Anyone helping out eats for free and will get to shoot. These events are open to the public and are free.
- Sunday, May 17, 2009 – 9:00 a.m.
- Saturday, June 13, 2009 – 9:00 a.m.
- Monday, July 20, 2009 – 4:00 p.m.
- Saturday, August 15, 2009 – 9:00 a.m.
- Saturday, September 19, 2009 – Family Fun Shoot – 10:00 a.m. – 3:00 p.m. – All youth members are encouraged to attend and help out. Anyone helping out eats for free and will get to shoot. These events are open to the public and are free.
- Saturday, October 10, 2009 – Final 2009 Youth Shoot and BBQ!

California 4-H Horse Classic Educational Contests

March 28 & 29, 2009

Reedley College, Reedley, CA
(35 miles southeast of Fresno, CA)

Entry Due Date is March 1, 2009

Come join the 13th Annual California 4-H Horse Classic – Education Contest.

This is a statewide event dedicated to over 4,500 4-H horse project members statewide. We invite everyone to come join us in sharing your passion for horses. By participating in the Classic – Educational Contest, you will experience and develop greater personal growth, continue to develop leadership and citizenship skills, promote good sportsmanship, and share your personal knowledge with others. We hope you will choose to join the fun at the 2009 California 4-H Horse Classic – Educational Contests at Reedley College, Reedley CA!!



Entry forms are available at the 4-H Office
or go to <http://ca4h.org/projresource/horse/classic.asp>

CREATE A DESIGN!

Enter the State 4-H Horse Classic Artwork Contest!



All 4-Hers are invited to enter the design contest for the artwork for the “State 4-H Horse Classic – Championship Horse Show” for t-shirt sales. The winning entry will receive a free t-shirt with their design. The event is held in Watsonville, CA at the Santa Cruz County Fairgrounds. For design ideas, check out the neighboring landscape and tourist attractions. It can be comical or serious. Be creative!

Please submit your artwork on 8 ½ x 11 inch paper in black/white and color versions. It may be computer generated or hand drawn. Make it simple for a screen print with a maximum of 3 colors.

Please attach your name, address, city, telephone #, and age to the entry and place in a secure cardboard envelope labeled ‘do not bend’ for mailing.

Send entries to Jeanne George, State 4-H Equine Education Advisor at 1754 Walnut Street, Red Bluff, CA 96080 by April 1, 2009.

LAKE COUNTY 4-H PRESENTATION DAY

Date: Sunday, February 22, 2009

Location: Middletown Middle School

Check-In: 12:30 p.m. – Orientation: 1:00 p.m. – Presentations Begin: 1:30 p.m.

~ Competitive Presenter ~

Members are judged and may have the opportunity to advance to other competitions

Due to 4-H Office by: 2/12/09

Late entries will be accepted as non-competitive

Send registration forms to: Lake County 4-H, 883 Lakeport Blvd., Lakeport, CA 95453 or FAX: 263-3963

Name: _____

Mailing Address: _____ City: _____ ZIP: _____

Phone: (____) _____ E-Mail: _____

Club: _____ MALE FEMALE

Title of Presentation: _____

Type:	Demonstration	Illustrated Talk	Educational Display (table top)
	Prepared Speech	Impromptu Speech	Interpretive Reading
	Share the Fun	Cultural Arts	Audio-Visual Presentation
	Problem Solving Presentation		

Grade: Junior: 4th 5th Intermediate: 6th 7th 8th Senior: 9th 10th 11th 12th

Teammates: _____

(Attach a list for Share the Fun and Cultural Arts categories)

I need to give my presentation outdoors (for animals, equipment, etc.): Yes No

Note: All presentations that include an animal will be an outside presentation.

ATTENTION: Parents, Leaders, and 4-H members

YES, I would like to be a:

___ **JUDGE** Each club is asked to provide 3 Judges for County Presentation Day.

My child is- or is not- giving a Presentation. Child's Name: _____

___ **Area Chair** Members 8th grade and above who have completed at least 2 presentations at County Presentation Day, and received at least of one gold award. (All Share the Fun Skit awards are excluded). Credit as an Area Chair will complete the presentation requirement.

NAME: _____

ADULT _____ YOUTH _____ GRADE (If youth): _____

LAKE COUNTY 4-H PRESENTATION DAY

Date: Sunday, February 22, 2009

Location: Middletown Middle School

Check-In: 12:30 p.m. – Orientation: 1:00 p.m. – Presentations Begin: 1:30 p.m.

~ Non-Competitive Presenter ~

Members are evaluated and receive credit for giving a presentation

Due to 4-H Office by: 2/12/09

Send registration forms to: Lake County 4-H, 883 Lakeport Blvd., Lakeport, CA 95453 or FAX: 263-3963

Name: _____

Mailing Address: _____ City: _____ ZIP: _____

Phone: (____) _____ E-Mail: _____

Club: _____ Male Female

Title of Presentation: _____

Type:	Demonstration	Illustrated Talk	Educational Display (table top)
	Prepared Speech	Impromptu Speech	Interpretive Reading
	Share the Fun	Cultural Arts	Audio-Visual Presentation
	Problem Solving Presentation		

Grade: Clover Bud: K 1st 2nd 3rd Junior: 4th 5th Intermediate: 6th 7th 8th Senior: 9th 10th
11th 12th

Teammates: _____

(Attach a list for Share the Fun and Cultural Arts categories)

I need to give my presentation outdoors (for animals, equipment, etc.): Yes No

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NAME: _____

ADULT _____ YOUTH _____ GRADE (If youth): _____