

## January 2009

**4-H Council Meeting**  
**January 26, 2009**  
**6:30 p.m.**  
**4-H Office**

### County Presentation Day February 22, 2009

First, choose a topic you find interesting, then decide how you want to present it: as a Demonstration, Speech, Slide Show or Video, Share the Fun Skit, or a Table Top Display. Once your Presentation is prepared, practice once or twice and then put it away until January. In January, practice once or twice a week until the big event and then you will be ready for Presentation Day. This year, Presentation Day will be in **Middletown**. If you would like information on how to prepare a presentation or to get a Presentation Day registration form, please come by the 4-H office or visit our website at <http://ucanr.org/4hforms/information>



### Teen Camp Directors/Deans/Counselors:

All members 9<sup>th</sup> grade and above are eligible to apply for a 4-H summer camp teen staff position. Teen Directors, Deans and Counselors will assist in planning 4-H summer camp and teach campers new skills. Each member who completes the 14 hours of training will receive credit for a Leadership Development Project (8-J).

Applications are available online at <http://ucanr.org/4hforms/information> and available at the 4-H Office, 263-6838.

Camp will be from July 13-18th for  
 Camp Directors/Deans/Counselor

### CHAPERONES NEEDED 2009 4-H SUMMER CAMP Camp Dates: July 14-18, 2009

Must be an appointed leader.  
 For information, please contact the 4-H  
 Office at 263-6838.



### First Camp Meetings Set:

- **Camp Steering Committee Meeting**  
**Tuesday, January 20, 2009**
- **Camp Dean and Director Meeting** **Wednesday,**  
**January 28, 2009**
- **Camp Counselor Meeting**  
**Wednesday, February 18, 2009**



Both meetings will be at the Ukiah 4-H office, **from 6:30 –8:00 p.m.** All applicants must attend. For more information, contact the Lake 4-H office.

Registration Forms will be available online  
 and at the 4-H Office in early January.

Check-in: 12:30 – 1:00 p.m.

Orientation: All Judges and Area Chairs 1:00

Presentations Begin: at 1:30

We will conclude the day with the Awards  
 Ceremony.

# 4-H Shooting Sports Workshop Rifle Discipline Bakersfield, CA

**Saturday, February 28, 2009**

**8:00 a.m. – 5:30 p.m.**

**Sunday, March 1, 2009**

**8:00 a.m. – 4:30 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at Five Dogs Shooting Range, 20238 Woody Road in Bakersfield.



Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information, contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu)

For information about the facility and a map, please visit the range website at: <http://www.5dogsrange.com>



If you were unable to attend this year's Achievement Night, please pick-up your award at the 4-H Office. If you have any questions, contact Nicole at the 4-H office, 263-6838.

## Tax Deductions for Leaders and Parents



Because 4-H is a nonprofit organization, there are certain contributions, if made to the 4-H Program, that may be deductible on your federal income tax return:

- Fair market value of property and materials donated
- Cash contributions to 4-H
- Non-reimbursed out-of-pocket expenditures of meals, lodging, transportation, stationary, postage, telephone calls, and refreshments.

These expenses must be incurred while participating in a 4-H event or function or must be directly related to 4-H. Volunteers must keep accurate records which includes the date of donation and the amount of cost or fair market value of the goods donated. Keep all receipts and cancelled checks to support deductions.

### What cannot be claimed:

The value of your volunteer services  
The costs of transporting or paying expenses for your own children

Be sure to check with your tax consultant if you have any questions.



## CSU, Chico College of Agriculture Swine Day February 7, 2009



### Where is it?

CSU, Chico-University Farm Pavillion  
311 Nicholas C. Schouten Ln.  
Chico, CA 95928

### Schedule of Events:

- |             |  |
|-------------|--|
| 8-9:00 a.m. | Registration & Preview of Sale Animals |
| 9:00 a.m.   | Welcome                                |
| 9:30 a.m.   | Workshops Begin                        |
| 12:00 p.m.  | Lunch & Final Preview of Sale Animals  |
| 1:00 p.m.   | Sale Begins                            |

Questions email: [dsimmott@csuchico.edu](mailto:dsimmott@csuchico.edu)

## Elements of a Strong 4-H Project

The number of years a member remains in 4-H is closely related to the amount of success and interest she/he experiences in their projects. Project leaders have considerable freedom in designing their programs. The following are a few suggestions to keep in mind when developing a strong 4-H project.

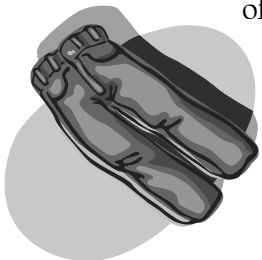
- ❖ At the beginning of your project, share project cost, requirements, and goals.
- ❖ Hold six or more well planned and organized meetings.
- ❖ Provide all members hands-on learning and skill developing opportunities.
- ❖ Encourage members to set personal goals and take an active role in the project.
- ❖ Encourage members to give presentations and provide other opportunities for building leadership skills.
- ❖ As a group, make or do something fun together.
- ❖ Help members keep their project records up-to-date.
- ❖ Keep parents informed and ask for help with specific tasks.
- ❖ Incorporate interesting activities, such as guest speakers, judging events, field trips and community service projects.

A strong project helps members develop new skills, provides hands-on learning experiences, maintains interest, and includes a variety of fun activities. For additional information, resources, or ideas, contact the 4-H office.

## 4-H Uniform Closet

Our 4-H uniform closet currently has a variety of FREE white pants & shirts for our members to select from. If you are in need of whites, stop by the

office. If you have whites that are too small or no longer in use, please bring them by the office to add to our supply. This is a great help to new and returning families in our 4-H program.



## LEAVING MEMBERS AT MEETINGS

What should you, as an appointed 4-H leader, do when the meeting is over and the parent is not there to pick the member up and you must leave to go somewhere? Although it is tempting to leave a member, assuming the parent is on his or her way, it is wrong. When a member is left in your custody, that member is your responsibility. Because each circumstance will be different, the University has developed the following guidelines:

- Have **TWO** other adults, one being an appointed volunteer leader, one you know and trust, who is not in a hurry, wait with the child until the parent arrives.
- Have the child call home immediately after the meeting to see if a parent forgot about the time (this, surprisingly, happens often).
- Schedule the meeting to begin and end at a specific time. Remind parents when they drop a child off that you have another commitment immediately following the meeting and they must arrive on time to pick up their child.

What if there is not a second adult to stay with the member? Never take the child with you to your destination. Unfortunately, the only option is to contact the Sheriff's Office to pick the child up. This may be a frightening experience and no one looks forward to carrying through with this option. Although it is unpleasant, it is safer than leaving a member alone to wait

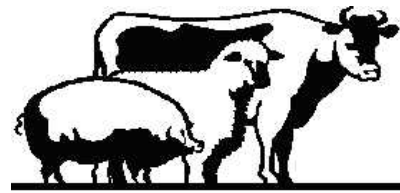




## 4-H Council Store Items Currently Available

4-H Member Signs:	\$4.00 each
Record Book Covers:	\$2.50 each
4-H Redi -Tie:	\$9.00 each
Girls Uniform Collar:	\$11.50 each
Green 4-H Caps:	\$10.50 each
White Senior Cap:	\$10.50 each
Meeting Packet Set:	\$3.00 each
Blank Note Cards:	\$4.00 per pkg
Blank 4-H Note Cards (Head, Heart, Hands)	\$5.50 per pkg
Thank You Note Cards	\$5.50 per pkg
4-H Birthday Cards	\$6.00 per pkg
4-H Lanyards	\$2.50 each
Green 4-H Wristbands	\$1.00 each
Clover Bud Pencils	\$1.75 each
Clover Bud Buttons	\$1.00 each
4-H Makes It Happen Magnet	\$ 3.00 each
4-H Emblem Magnet	\$1.00 each
4-H Post-It Note Pad	\$1.75 each
Eraser Sticks	\$1.00 each
Sizzle Stick Pens	\$0.75 each
Officer Pins:	\$4.50 each
– President Pin	
– Officer Pin	
– Past Council Pin	
– Past Officer Pin	
– Past President Pin	
– Past Vice President Pin	
– Past Secretary Pin	
– Past Treasurer Pin	

## HAND ON LIVESTOCK EXPO



**SATURDAY - FEBRUARY 28, 2009  
REDWOOD EMPIRE FAIRGROUND,  
UKIAH**

**8:00 A.M. – 5:00 P.M.**

(Lunch is provided – it will be a walk around lunch with contests to compete in, vendors to visit and much more)

- **EARLY BIRD SKILLATHONS**
- **ETHICS AND QUALITY ASSURANCE**  
(presented by Jeff Goodwin of Colorado State 4-H)
- **PARASITES**  
(presented by Matthew Portillo, Butte County 4-H YD Program Advisor)
- **AFTERNOON BROKEN UP BY SPECIES**  
(swine, beef, goats, rabbits and poultry)  
All species will occur simultaneously so members, parents and leader will need to decide which species group they will attend in afternoon.

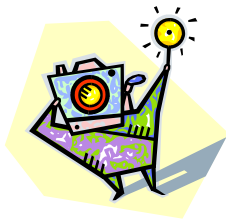
**Meets Mandatory Ethics & Quality  
Assurance Requirements  
Fun & Prizes  
Experts from around the Country**

**Cost:**

\$5.00 if paid before February 1, 2009  
\$10.00 if paid after February 1, 2009

**Registration Forms Available at the  
4-H Office**





# CLUB REPORTS



## KELSEYVILLE 4-H CLUB

Hi my name is Clara Carstensen, I'm with the Kelseyville 4-H club and as a community service project our club raked leaves at the Kelseyville Presbyterian Church. We helped Chuck every Saturday for 5 weeks and he taught us how to use the leaf blowers and how to rake leaves up the easy way. This last time was really fun and we were raking in the front and my sister Kelsey pointed the leaf blower at the trees and made leaves fall on me while I was raking. Then we went to the back parking lot and Noah decided to put all the Mulberry tree leaves on one big tarp for just one load. Boy leafs can get heavy!! We had so much fun and the other kids that helped were Victoria, Bryce, Morgan, Cole and Wyatt.



## 4-H Club Veterans' Day Celebrations

By: Bryce Hayes

4-H clubs from around the lake, along with the Sea Scouts all got together to honor our Counties Veterans. We all made cards for the Veterans just to say thanks, it is the least that we could do I mean after all they risked their life and limbs to keep us free.

On Veterans Day, there was a ceremony at the Lake County Fair Grounds in the little theater building, where many of our Veterans were there. The 4-H'ers got to stand in full whites along the walls and listen to the wonderful speeches and prayers that were for the Veterans that have lost there life and those that came out of service with little to no harm done.



The ceremony was very nice for everyone attending. In the middle of the ceremony, all the 4-H kids got to take a hand full of hand made thank you cards and pass them out to the Veterans that were there. The smiles were great. A 21-gun salute honoring those who served brought a tear to some eyes. After the ceremony, we were able to talk to the Veterans, what a wonderful experience.

# FEED SEMINAR

*Attention all 4-H Members. Learn about what kind of nutrition your pig, steer, sheep, and goat needs. Come prepared with questions, because we will have a Q & A session. Get the knowledge that will help you get a jump-start to your fair animals.*

Meet **Brady Otto** with **Associated Feeds**. Brady will be speaking about feeds for pigs, sheep and goats and why certain nutrients are important for them.

**Adam Davy** with **Bar Ale Feeds** will be speaking about the proper nutrition for steers and horses.

## Where:

Ag Unlimited, 3530 East Finley Rd., Lakeport

## When:

Saturday, January 31, 2009

## Time:

11:00 a.m. and lunch will be served.

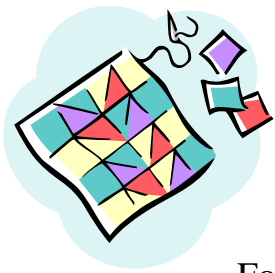
**Please RSVP by January 23<sup>rd</sup> – 5:00 p.m.**

**707- 279-4654**

Sponsors are: *Associated Feeds and Bar Ale Feeds*



# Beginning Quilters Project--Countywide



**Who:** 4-Hers with 1-2 yrs sewing experience

**Where:** 4-H office meeting room

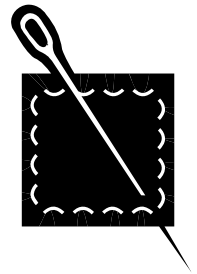
**When:** Saturdays 10-2:30 - Jan. 10, 24, Feb. 7 and 21(if needed)

**Supplies:** sewing machine, fabric, bag lunch, etc. (Contact the 4-H office)

Register by January 5, 2009 with the 4-H office: 707-263-6838

For more information, or to get a list of what materials are needed for the project, contact the 4-H Office.

As a reminder, the 4-H Office has lots of fabric and sewing materials that are available for free for members and leaders to use.



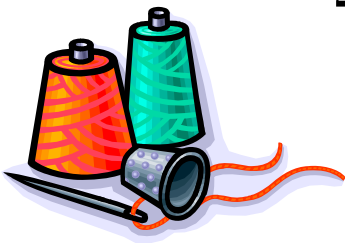
## 4-H Fling: Fashion, Food, and Fun March 21, 2009

Presbyterian Church, Kelseyville

A Field Day Event

Open To All Lake County 4-H Members

*Entry forms available in February*



### Sewn Garment or accessory – Traditional

1. New – something sewn using a pattern (pj's, shirt, dress, skirt, etc.)
  2. Re-sewn – an item remade into a wearable garment or outfit. The new garment must show at least 50% change in construction. Example: skirt or shirt from pants, vest or pants from tablecloth or drapery, etc....
  3. Accessories – sewn non-garment item: bag, hat, gloves, backpack, etc...
  4. Apron Challenge: The state's theme/competition using Simplicity pattern #9565
- **Needle Arts—knit, crochet or weave---**a garment or accessory (backpack, purse, scarf, etc.)
  - **Recycle fashion fun**—use 80% newspaper, duct tape, milk cartons, and more to create a silly garment
  - **Outfit on a Budget**—shop the 2<sup>nd</sup> hand stores on a \$35 budget (keep receipts)---complete an outfit for an event
  - **Decorated Duds** –using arts & crafts techniques, embellish ready-made items (shirts, jeans, purse, etc.)
  - **Home Arts:** An item sewn or created for use in or around the home: quilts, pillows, placemats, home decorations
  - **Parents/Leaders Only: The Ugliest Outfit.** Create a complete outfit. Ugliest wins.
  - **Themed Place settings**
  - **Ugliest Cake competition and other food categories TBA (stay tuned)**

**PLUS judging events, taste tests, knowledge quiz bowls, and more!!**





# UPDATES FROM THE CALIFORNIA 4-H YOUTH DEVELOPMENT OFFICE

THE UNIVERSITY OF CALIFORNIA 4-H YOUTH DEVELOPMENT PROGRAM ENGAGES YOUTH IN REACHING THEIR FULLEST POTENTIAL WHILE ADVANCING THE FIELD OF YOUTH DEVELOPMENT.

## PROGRAMS

- 4-H members may enter the **2009 4-H Beekeeping Essay Contest**. The 2009 essay topic is "The Dance Language of Bees." Essays are due **February 13, 2009**. More information is available at <http://www.ca4h.org/4hresource/ir/Forms/2009BeekeepingEssay.pdf>.
- The **State 4-H Horse Classic**, educational events for Spring 2009, and championship horse show in Summer 2009 are all currently being planned. The State 4-H Equine Advisory Committee is narrowing dates and confirming locations. Visit the web site regularly for updates <http://ca4h.org/projresource/horse/>. The 2008 results are posted and winners from all years are also listed. The 2009 information will be posted in December.
- The **2009 State 4-H Fashion Revue** committee needs your input and help! There are many opportunities for committee positions for both teens and adults. You don't even need to know how to sew! 2009 State 4-H Fashion Revue is returning **Saturday, May 31** as part of State Field Day at UC Davis. Divisions and classes will remain the same as previous years except the Challenge class which is an apron made from Simplicity pattern #9565. All counties are encouraged to hold qualifying events or publicize alternate methods for delegate selection. Complete details will be posted in December to the state 4-H website at <http://www.ca4h.org/projresource/fashion/>. Please contact Sue Moore, 4-H staff liaison, at [samoore@ucdavis](mailto:samoore@ucdavis) to be part of the state committee.
- The **National "Programs of Distinction"** database reflect the high quality youth development programs that occur in the 4-H System. These programs contribute to the body of knowledge about youth development, convey new ideas, materials and innovative methods, and demonstrate evidence of effectiveness. Submissions for inclusion in the database are year round. In order to receive the Annie E. Casey, Strengthening Families grant, you must be included in the database. The benefits of submitting your program include: national recognition, eligibility for two national grant awards, and detailed feedback from peers. You can advance the California 4-H Youth Development program's mission through dissemination of new and innovative research. For more information see: [http://www.national4-headquarters.gov/about/pod\\_guidelines\\_3-07.pdf](http://www.national4-headquarters.gov/about/pod_guidelines_3-07.pdf) Submissions are to be completed and submitted by California's 4-H Extension Staff.

## 4-H MILITARY PARTNERSHIP

- **4-H and Red Cross** are partnering together to collect, pack and distribute "**Hero Packs**" for children in Southern California whose parents are serving in the military and are currently deployed. Items needed for the packs include pre-paid phone cards, postage stamps, stationary, disposable cameras, pens, pencils, new stuffed animals, and entertainment vouchers (movie tickets, video store, miniature golf, etc.). If your club would like to donate items for the packs or your time to assemble packs please contact Sylena Wise at [smwise@ucdavis.edu](mailto:smwise@ucdavis.edu) or 530-723-3350.

## FUNDING

- Scholastic, Inc. announces the **Lexus Eco-Challenge #2: Water Works**. Teams of elementary and high school age students with teacher advisers. The challenge is focused on school environmental projects that affect local communities in the areas of water conservation, shrinking wetlands and habitats, and threats to oceans and waterways. The 16 teams selected will receive \$10,000 each. The deadline to register is **December 12, 2008**. For more information, visit: [http://www.scholastic.com/lexus/waterchallenge\\_welcome.asp#details](http://www.scholastic.com/lexus/waterchallenge_welcome.asp#details).