

January 2010

NEXT
4-H Council Meeting
January 25, 2010
6:30 p.m. - 4-H Office

Start Planning For
 County Presentation Day
 February 27, 2010

First, choose a topic you find interesting, then decide in which 4-H Presentation style you want to present it: as a Demonstration, Speech, Slide Show or Video, Share the Fun Skit, or a Table Top Display. Once your Presentation is prepared, practice once or twice and then put it away until February. In February, practice once or twice a week until the big event and then you will be ready for Presentation Day. This year, Presentation Day will be hosted by Big Valley 4-H at Terrace Middle School in Lakeport. If you would like information on how to prepare a presentation, please contact the 4-H office or website at: <http://ucanr.org/4hforms/information>



2010 Summer Camp Dates for:
Camp Counselors, Deans & Directors
June 20-25, 2010

2010 Summer Camp Dates for:
Campers, Counselors-in-Training, & Chaperones
June 21-25, 2010

Teen Camp Counselors:

Teen Camp Counselors:

All members 9th grade and above are eligible to apply for a 4-H summer camp teen staff position. Counselors will assist in planning 4-H summer camp and teach campers new skills. Each member who completes the 14 hours of training will receive credit for a Leadership Development Project.



Applications are available in at:
<http://ucanr.org/summercampsforms>

CHAPERONES NEEDED 2010 4-H SUMMER CAMP Camp Dates: June 21-25, 2010



Must be an appointed volunteer.
 For information, please contact the 4-H Office at 263-6838.

Don't forget to register for:

Mendo-Lake 4-H Leader Day
Saturday, January 23, 2010
Brutocao Schoolhouse Plaza – Hopland

If you haven't registered yet there's still time!! Registration forms are available at the 4-H Office.



Registration Deadline is : January 15, 2010

Upcoming Camp Meeting Date:

First Camp Counselor Meeting
 Wednesday, January 13, 2010
 6:30-8:30 p.m. – Ukiah 4-H Office

COUNTYWIDE PROJECTS



4-H COUNTYWIDE GEOLOGY PROJECT



How much do you know about the geography around you in Lake County? Did you know that Mt. Konocti is still considered an “Active” volcano; although its last eruption was 10,000 years ago? How many creeks can you name which drain OUT of Clear Lake (and how far do they go)? What is the name of our State rock? How did Soda Bay get its name?

If you're a curious 4H'er, would like to incorporate at least 4 field trips into this Geology project, and want to complete it all between February and the end of April, please call the 4-H office at 263-6838 to sign up for this Geology project.


Full Steam Ahead...!

CALPINE Visitor's Center
Hwy 29, Middletown

Lava bombs Away!

Clearlake State Park
5300 Soda Bay Rd, Kelseyville

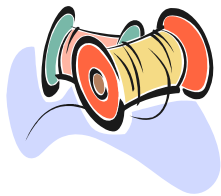
◆◆◆◆ *Diamonds & Bottle Rocks*

 **Scenic drive**
Kelseyville to Lower Lake area

SERPENTINE (as in rock)

UC Extension Office
Julie Frazell ~ 885 Lakeport Blvd.
Lakeport

CALPINE Visitor's Center 4/23/09
Earth Day celebration & Power Plant tour
Hwy 29, Middletown



4-H Countywide Sewing Project

Not too late to sign-up!!

The American Sewing Guild is offering short-term sewing projects for beginners and up. The project goal is to have an item completed to enter in the 4-H Fling or Fair.

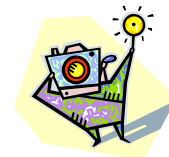
The first project dates are set for late January.

If you are interested in this project, contact the 4-H Office at (707) 263-6838.



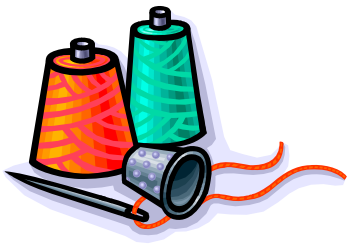
Blue Heron Club Happenings

Submitted by: Asia & Ethan Jones



The Blue Heron 4-H club's most recent meeting on December 2 was so much fun! Before the meeting began, we all made snowman ornaments out of popsicle sticks! All the officers who had already done the project helped the younger members with putting them together. During the meeting we introduced our new clover bud leader, Justine Solgat. At the end of our December meeting, we had a white elephant gift exchange! One of our members got a roll of toilet paper! All in all, it was one of our best meetings in the history of our club.

We are also excited about our overnight family snow trip to Shasta in January. We plan to play, sled, and ski in the snow. Also in January we will have our annual game night where we bring our favorite games. We learn to play new games and have fun. Happy 2010!



4-H Fling: Fashion, Food, and Fun

March 20, 2010

Location: TBA

A Field Day Event

Open To All Lake County 4-H Members

Entry forms available in February



Sewn Garment or accessory – Traditional

1. New – something sewn using a pattern (pj's, shirt, dress, skirt, etc.)
 2. Re-sewn – an item remade into a wearable garment or outfit. The new garment must show at least 50% change in construction. Example: skirt or shirt from pants, vest or pants from tablecloth or drapery, etc....
 3. Accessories – sewn non-garment item: bag, hat, gloves, backpack, etc...
 4. Vest Challenge: The state's theme/competition using Simplicity pattern # 4762
- **Needle Arts—knit, crochet or weave---**a garment or accessory (backpack, purse, scarf, etc.)
 - **Outfit on a Budget**—shop the 2nd hand stores on a \$35 budget (keep receipts)---complete an outfit for an event
 - **Decorated Duds** –using arts & crafts techniques, embellish ready-made items (shirts, jeans, purse, etc.)
 - **Home Arts:** An item sewn or created for use in or around the home: quilts, pillows, placemats, home decorations
 - **Themed Place settings**
 - **Ugliest Cake competition and other food categories TBA (stay tuned)**

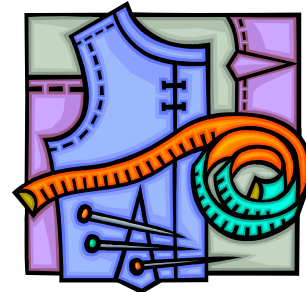
PLUS judging events, taste tests, knowledge quiz bowls, and more!!

Jr. and Teen Leaders Needed

The 4-H Fling is **Saturday, March 20, 2010**. This event offers a unique opportunity for Jr. and Teen leaders (or adults too).

The event is in need of:

- judges for baking, place setting, showmanship, etc.
- supervisors/leaders for pre-established hands on activities
- designers of new activities, workshops, presentations
- quiz bowl coordinator(s)
- a concessions booth (snacks & beverages)
- AND MORE



Activities could include how to judge muffins, decorate cupcakes, combat kitchen germs, or topics like kitchen science, art, photography, origami, or crafts. Be creative! The 4-H office has **TONS** of information to help you create an activity.

If you would like more information and want to be involved, please contact the event coordinator, Peggy Alexander 263-1733 (palex74@hotmail.com) or the 4-H office at 263-6838 (jfrazell@ucdavis.edu).

Planning will get underway in January, so please help us create a fun event-don't delay.

4-H Youth Babysitter Training Courses

The Operation: Military Kids (OMK) Program is offering free Babysitting Training courses for Youth 12-18. This training is designed to help youth learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. They will also receive a Babysitter's Tool Bag filled with essential supplies for babysitters. Bring a doll for fun!

For more information, contact Jeanne Christenson, jpchristenson@ucdavis.edu or 530-219-6608

The following are dates and locations of upcoming youth trainings:

- UC Davis 4-H Office - Feb. 20 & 21, 9:30-4:30
- Yuba/Sutter 4-H Office - March 13 & 14, 9:30-4:30
- Beale AFB - April 5 & 6, 9:30-4:30

4-H Uniform Closet

Our 4-H uniform closet currently has a variety of FREE white pants & shirts for our members to select from. If you are in need of whites,



stop by the office. If you have whites that are too small or no longer in use, please bring them by the office to add to our supply. This is a great help to new and returning families in our 4-H program.



UPCOMING 4-H VOLUNTEER LEADER ORIENTATION DATES:

January 15, 2010 – 12:00 p.m.
January 19, 2010 – 10:00 a.m.

To sign-up for an orientation, contact the 4-H Office at 707-263-6838.

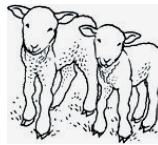
CSU, Chico College of Agriculture Swine Day January 30, 2010



Where is it?

CSU, Chico-University Farm Pavillion
311 Nicholas C. Schouten Ln.
Chico, CA 95928

Questions email: dsimmott@csuchico.edu



Chico Sheep and Goat Day

February 13, 2010

8:00 a.m. – University Farm

For more information, contact Dr. Celina Johnson by phone (530-898-4147).

California Camping Conference April 23 – 25, 2010

The 2010 California Camping Conference will be held at the Nevada 4-H Camp near the Stateline, Nevada (at Lake Tahoe) on April 23 – 25, 2010. The conference serves as a valuable resource for camp administrators, camp staff (youth and adult), and Extension Staff in planning and implementing all types of camp programs. Important conference topics include the new Camp Safety Manual addressing California Health and Safety Code requirements for camps; engaging fun activities for your camps; archery certification; and camp staff training.

Look for conference fee and registration details in next month's Updates, but be sure to mark the date on your calendar for this important event.



Tax Deductions for Leaders and Parents

Because 4-H is a nonprofit organization, there are certain contributions, if made to the 4-H Program, that may be deductible on your federal income tax return:

- Fair market value of property and materials donated
- Cash contributions to 4-H
- Non-reimbursed out-of-pocket expenditures of meals, lodging, transportation, stationary, postage, telephone calls, and refreshments.



These expenses must be incurred while participating in a 4-H event or function or must be directly related to 4-H. Volunteers must keep accurate records which includes the date of donation and the amount of cost or fair market value of the goods donated. Keep all receipts and cancelled checks to support deductions.



What cannot be claimed:

The value of your volunteer services
The costs of transporting or paying expenses for your own children

Be sure to check with your tax consultant if you have any questions.

LEAVING MEMBERS AT MEETINGS

What should you, as an appointed 4-H leader, do when the meeting is over and the parent is not there to pick the member up and you must leave to go somewhere? Although it is tempting to leave a member, assuming the parent is on his or her way, it is wrong. When a member is left in your custody, that member is your responsibility. Because each circumstance will be different, the University has developed the following guidelines:



- Have **TWO** other adults, one being an appointed volunteer leader, one you know and trust, who is not in a hurry, wait with the child until the parent arrives.
- Have the child call home immediately after the meeting to see if a parent forgot about the time (this, surprisingly, happens often).
- Schedule the meeting to begin and end at a specific time. Remind parents when they drop a child off that you have another commitment immediately following the meeting and they must arrive on time to pick up their child.

What if there is not a second adult to stay with the member? Never take the child with you to your destination. Unfortunately, the only option is to contact the Sheriff's Office to pick the child up. This may be a frightening experience and no one looks forward to carrying through with this option. Although it is unpleasant, it is safer than leaving a member alone to wait.

Elements of a Strong 4-H Project

The number of years a member remains in 4-H is closely related to the amount of success and interest she/he experiences in their projects. Project leaders have considerable freedom in designing their programs. The following are a few suggestions to keep in mind when developing a strong 4-H project.

- ❖ At the beginning of your project, share project cost, requirements, and goals.
- ❖ Hold six or more well planned and organized meetings.
- ❖ Provide all members hands-on learning and skill developing opportunities.
- ❖ Encourage members to set personal goals and take an active role in the project.
- ❖ Encourage members to give presentations and provide other opportunities for building leadership skills.
- ❖ As a group, make or do something fun together.
- ❖ Help members keep their project records up-to-date.
- ❖ Keep parents informed and ask for help with specific tasks.
- ❖ Incorporate interesting activities, such as guest speakers, judging events, field trips and community service projects.

A strong project helps members develop new skills, provides hands-on learning experiences, maintains interest, and includes a variety of fun activities. For additional information, resources, or ideas, contact the 4-H office.





California State Fair Moves the BIG FUN to July

Cal Expo Board Votes to Change State Fair Dates to July, Starting in 2010. After a lengthy discussion and considerable research by staff and others, the Cal Expo board cited numerous reasons for moving the State Fair to earlier in the summer. Of primary importance is the decreased conflict with the back-to-school schedule.

An audit of the 2009-2010 Greater Sacramento Area K-12 school population revealed that there are approximately 400,000 school-age children in the State Fair's target geographic area. Within that area, the vast majority of schools plan to start their 2010 academic year in August, rather than after Labor Day. Since 2003, California schools have gradually shifted their calendars to allow for an earlier start date in the Summer and an earlier end date in the Spring. The State Fair's traditional schedule of ending on Labor Day is in direct conflict with that shift. "This institution has a long history of being a destination for families," said California State Fair CEO and General Manager Norbert J. Bartosik. "Over the last six to seven years we have seen a continual decrease in our weekday attendance and the amount of repeat family visitors because of the school schedule. Fair fans that used to come two and three times during a single Fair season are now able to come only once." Fair organizers believe that a move to July would give families more scheduling flexibility and greater opportunities to enjoy the event in a timeframe that is not so impacted by back-to-school activities and expenses. "This is a major shift for us, but we feel this move is necessary for the State Fair to maintain its legacy of representing and showcasing California culture to Californians. We need to be able to grow and adapt to society's changes," Bartosik said.

The State Fair management has explored the challenges and opportunities that come with a move this significant. Analysis indicates that over the long term, the future benefits of the move could outweigh the drawbacks and challenges of the initial shift. Recently conducted research suggests that the date change to July will remove one of the major barriers to attendance. In the coming months, State Fair organizers plan to explore ways of combating the other factors that impact the attendance from year to year. "We'll be exploring everything from new entertainment, to more season passes and discounts." It is expected that the Fair industry will adjust to this date change with minimal impact. The only significant additional repercussions to existing participants could be a change in a nominal number of the food and commercial vendors. But Fair organizers see potential turnover as an opportunity to showcase new and different products and services to an ever-changing population of fairgoers.

"It's important to understand that this date change is just one part of a multi-faceted, long-term strategy to revitalize the State Fair and the Cal Expo grounds." Redevelopment of the Cal Expo fairgrounds has already been identified as an important part of that long-term strategy. Discussions with the NBA, developers and other third-parties still continue. "We see more potential for growth in the future with this new schedule, although it may take more than one year to see the full results." In addition, the Cal Expo events team sees considerable opportunity for a new special event, show or concert to be held at Cal Expo on Labor Day weekend.

According to Bartosik. "We plan to host something big at Cal Expo on Labor Day. We've already begun discussing the possibilities with promoters and other event planners." The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, July 14 to Sunday, August 1.

For more information, please contact:

Erica L. Manuel, Assistant General Manager
Public Relations, Sponsorships & Marketing
California Exposition & State Fair
emanuel@calexpo.com

916-263-3619 direct phone

www.calexpo.com or www.bigfun.org <<http://www.bigfun.org/>>

Register for the:
Winter 2010 4-H SET Professional Development Workshop
February 6, 2010

Counties are invited to send a team of 4-H members (age 14 and up), 4-H volunteers, 4-H staff, and program collaborators. Effective science, engineering and technology education requires good educators. This professional volunteer development opportunity will help prepare 4-H volunteers, teens and staff to incorporate science, engineering, and technology into 4-H projects and activities in a hands-on, experiential manner. Locations include Shasta, Yolo, Santa Barbara, Merced and Riverside Counties. Morning topics focus on utilizing teens-as-Teachers and the afternoon introduces a 4-H SET curriculum.

Register by January 15, 2010 at <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4208>



Statewide 4-H SET Trainings February 6, 2010

Effective science, engineering and technology education requires good educators. This professional volunteer development opportunity will help prepare 4-H volunteers, teens and staff to incorporate science, engineering, and technology into 4-H projects and activities in a hands-on, experiential manner.

Counties are invited to send a team of 4-H members (age 14 and up), 4-H volunteers, 4-H staff, and other partners and collaborators to the 2010 4-H SET Winter Training!



Locations and Curriculum

Each site offers an introduction to a 4-H SET -Ready curriculum. Participants select one of the two offered.

Shasta College

- What Does it Mean to be a Rabbit?
- There's No New Water!

UC Davis

- Robotics
- Youth Experiences in Science

Merced

- Youth Experiences in Science
- There's No New Water!

Riverside

- What Does it Mean to be a Rabbit?
- There's No New Water!

Santa Barbara

- Youth Experiences in Science
- Agua Pura Pescadores: Exploring Salmon and Steelhead in California Communities



Logistics

All sites: February 6, 2010

9:00am - 4:00pm

Lunch will be provided

Registration is due by January 15

www.ca4h.org/set/feb6.asp



DIRECTOR UPDATES

- 4-H Exemplary Research, Education, and Extension

I am sure many of you have heard of the reorganization occurring at the federal level in the U.S. Department of Agriculture. Formerly part of the Cooperative State Research, Education and Extension Service (CSREES), 4-H now resides with the newly formed National Institute of Food and Agriculture (NIFA).

Established as part of the 2008 Farm Bill, NIFA will serve the nation's needs by supporting exemplary research, education, and extension efforts. According to USDA Secretary Vilsack, "NIFA will be the Department's extramural research enterprise. It is no exaggeration to say that NIFA will be a research "start-up" company - we will be rebuilding our competitive grants program from the ground up to generate real results for the American people."

Within NIFA are four institutes; 4-H is included in the Institute of Youth, Family, and Communities. Major initiatives within this institute include: enabling vibrant and resilient communities, preparing the next generation of scientists, enhancing science capacity in minority-serving institutions, and enhancing youth development.

A factsheet is available to download at <http://www.nifa.usda.gov/newsroom/factsheet.pdf> which further describes this restructuring at the federal level.

Over the next several months the California 4-H Youth Development Program will be studying ways to further enhance our programming, education, and research and assure its alignment with restructuring at the federal and state levels. Watch future 4-H UPDATES for more information!

Sharon K. Junge , Acting Director

EVENTS AND DEADLINES

- If you have an enthusiasm for birds and have some wonderful photos of birds to share, consider entering in the Biosecurity for Birds Calendar photo contest by the USDA's Animal and Plant Health Inspection. The contest entry deadline is January 31, 2010. The winning photos will be displayed in the 2011 Biosecurity for Birds calendar. Everyone is encouraged to enter at: <http://healthybirds.aphis.usda.gov>.
- Calling all 4-H equine enthusiasts! The National Youth Horse Council presents the National Youth Horse Leaders Symposium is scheduled to be held March 19-21, 2010 in Lexington, KY. Registrations are due postmarked by Feb. 24, 2010. Please click [here](#) for full details on event.
- The 2010 State 4-H Field Day is planned for May 29, 2010. The event will include a variety of interests including presentation day, state fashion revue, a plant science contest and interview contest amongst many others. If you are interested in exhibiting at this annual event, click here <http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf> for an application. Applications are due by April 2, 2010.

INCENTIVES AND RECOGNITION

- The Foundation of the Preservation of Honey Bees, Inc. is sponsoring the annual **4-H Honey Bee Essay Contest**. Active members of 4-H clubs are eligible to submit an essay for consideration. Please click [here](#) for contest rules. Submissions must be received on or before **February 12, 2010**.
- 4-H youth, in grades 7-12, with an enthusiasm for agriculture and its importance in society are encouraged to consider submitting for the **National Ag Day Essay Contest**. The submission deadline is **February 12, 2009**. The national winner selected will receive a \$1,000 prize and a trip to Washington, D.C. for the award presentation. Visit: <http://www.hpj.com/agdayessay> for an entry application and contest rules.



4-H Calendar



January

- 13 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*
- 19 UCCE Office Closed
- 20 Camp Steering Committee Meeting, 6:30 p.m. - *Ukiah 4-H Office*
- 23 Lake-Mendocino Leader Retreat, *Brutocao Schoolhouse Plaza, Hopland*
- 25 4-H Council Meeting
- 30 Chico Swine Day - *University Farm*

February

- 03 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*
- 13 Chico Sheep & Goat Day - *University Farm*
- 16 UCCE Office Closed
- 20 Camp Counselor Meeting, 10:00 a.m - 4:00 p.m. - *Ukiah 4-H Office*
- 27 Presentation Day - Time & Place - TBA

March

- 10 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*
- 13 Record Book Workshop - Time & Place - TBA
- 20 4-H Fling - Time & Place - TBA
- 20-27 4-H National 4-H Conference, Chevy Chase, Maryland
- 31 Camp Steering Committee Meeting, 6:30 p.m. - *Ukiah 4-H Office*

April

- 14 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*
- 28 Camp Steering Committee Meeting, 6:30 p.m. - *Ukiah 4-H Office*

May

- 19 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*
- 12 Camp Chaperone Training, 6:30-9:00 p.m. - *Ukiah 4-H Office*

June

- 09 Camp Counselor Meeting, 6:30-8:30 p.m. - *Ukiah 4-H Office*

