

June-July 2008

Calendar

June

23-27 Lake-Mendocino 4-H Summer Camp

July

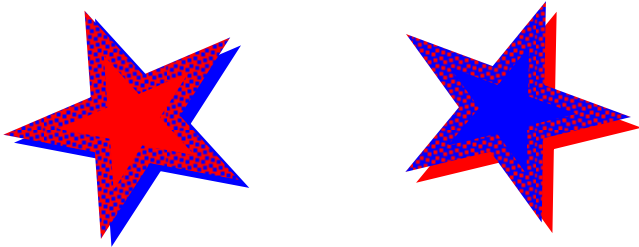
31 2008 State Leadership Conference
July 31-August 3, UC Davis

August

7-10 Redwood Empire Fair – Ukiah
27 Animals into Lake County Fair

September

12-14 Boonville Fair
14 End of 4-H Program Year
15 Beginning of 4-H Program Year



NEXT COUNCIL
MEETING

July 28, 2008
4-H OFFICE – 6:30 p.m.

4-H Countywide Sewing Project Material Girls of Lake County an



The American Sewing Guild is offering a two day sewing project for intermediate and advance sewing project members.

The project goal is to have an item completed to enter in the fair. The sewing guild will meet in between these two dates with the members, if they need more assistance with the project they choose.

Project Dates:

Intermediate and Advanced Classes

July 7, 2008 - 9:00-12:00 p.m.

July 21, 2008 - 9:00-12:00 p.m.

Contact the 4-H Office for more information or to enroll in the project at (707) 263-6838.

NEW

All food permit paperwork must be completed at the Environmental Health Department a minimum of 7 days before an event.



The next Gardening Workshop Presented by the Master Gardeners

Topic:

**Sustainable management of
insects, diseases, weeds and
varmints**

July 9, 2008

6:00-8:00 p.m. – 4-H Office

PLEASE RSVP BY July 7, 2008
(707) 263-6838

Sustainable management of insects, diseases, weeds and varmints or, simply put, how to deal with the competition...

We finally can't put it off any longer - the euphoria of planning and planting has waned and the first aphids rear their ugly little behinds. Our favorite weeds to loathe have slowly but persistently taken up residence between our veggies, already sucking away precious nutrients and water and ready to take over the entire vegetable bed, the garden, maybe even the whole state... Gophers are starting to pull one head of lettuce after the other down into their filthy borrows right in front of our very eyes, and it becomes painfully evident that we need to take action if we want to eat any of our own vegetables!

Exactly what that action should be and why, is what we're going to talk about in our next little workshop with that impressive and seemingly all-inclusive title that scared me a bit myself, I have to admit. But the fact of the matter is that I have been growing vegetables successfully for quite a while, without ever having to resort to toxic chemicals, and my garden is almost weed free, so I guess I must know a little about how to deal with the competition. It's not that I don't ever have any losses, but every one has taught me a great lesson about how to avoid that problem in the future.

So come and listen to the successes and failures of a couple of seasoned gardeners and save yourself a lot of grief by learning from their mistakes. Join us on July 9th from 6 - 8 pm for an excursion into the world of pest control and see that you don't necessarily have to know the name of every bug or weed in order to outsmart them!

Taught By: Gabriele and Linda



Enrollment Changes 2008/2009

There are a few changes for the upcoming 4-H year.

This year the program fees will increase to \$17.00 for members and \$6.00 for adults.

Also, the 4-H Program will be changing over to online enrollments for both new and returning 4-H members & adults volunteers.

There will be more information on the new enrollment system to come in the following months.

Spend the Day or Night at the State Fair Farm!

Space is limited, register by June 27

Did you know one dairy cow makes 100 glasses of milk a day? Or that one acre of wheat can produce enough flour to furnish



a family of four with bread for nearly ten years? Learn all this and more at the State Fair Farm Camp. Back by popular demand, the California State Fair is inviting the general public to spend the day or night on their year-round, three-acre Demonstration Farm.

If you want to know what it's like to live and work on a real Farm, you'll love the Fair's Farm Camp. Kids between 6-12 years of age can enjoy hands-on activities like farm-inspired crafts, stories around the campfire, and BBQ supper. **Day Camp** takes place from 5 p.m. – 10 p.m. on Aug. 22 and Aug. 29. The cost is \$20 per child and does not include admission to the State Fair or parking.

The deadline to sign up for Farm Camp is June 27. For more information, or if your family is interested in participating, please visit the State Fair Website at www.bigfun.org, or contact the Program Coordinator at (916) 274-1043.

California 4-H WHEP Training 2008

Wildlife Habitat Evaluation Program "From the Forest to the Surf"

Date: October 3, 4, 5, 2008; arrive Friday at 1:00 pm for a tour of Bodega Marine Lab and surrounding areas, or by 5:00 for dinner; depart Sunday at 1 pm.

Place: Walker Creek Ranch, environmental education campus of the Marin County Office of Education. Check the web for details <http://mcoeweb.marin.k12.ca.us/wcreek/>

Cost for this fabulous weekend: \$200, which includes a two-night stay at the Ranch, 6 tasty meals, satisfying snacks, and of course, gourmet s'mores. A price break is available for groups or families that are willing to share the materials and take only one set, rather than one per participant.

Who is invited: 4-H volunteers, members, parents, staff, teachers, camp education directors, and anyone interested in promoting environmental education and wildlife management.

What to expect:

- CAL 4-H WHEP Advisory Team will share its revised, revamped, and innovative materials. All activities from previous editions have been reviewed and updated.
- Project WILD, Project WILD Aquatic, and Project Learning Tree training will be held concurrently with the WHEP training.
- Participants will receive...
 - California 4-H WHEP Activity Guide
 - Project WILD Curriculum and Activity Guide
 - Project WILD Aquatic Curriculum and Activity Guide
 - Project Learning Tree Activity Guide
 - Assorted "stuff" and surprises for educational enhancement,
 - A network of people with similar interests on whom to rely for assistance,
 - Satisfaction for participating in a great environmental learning and growth experience while enjoying the ocean and forest.

Registration and Fee Deadline: August 15, 2008

Contact: Mary Engebret, (707) 996-2981, maryengebret@comcast.net

FREE 4-H Curriculum Available



There is 4-H project curriculum available at the UC Cooperative Extension Office in the lobby. You can find it in the file cabinet next to the flags. There are many project materials available and lots of sewing patterns to choose from. Stop by and take a look!!
The 4-H Office is open Monday-Friday from 8:00 a.m.-5:00 p.m.



4H and KRGC Family Fun Shoot Huge Success!!

On Sunday April 20th Lake County 4-H and the Konocti Rod and Gun Club (KRGC) held their 3rd free Family Fun Shoot at the KRGC Range on Highland Springs Road. The event lasted 5 hours and was attended by approximately 200 people. There was a variety of firearms available for the public to shoot for free. There were three educational displays by the KRGC. A popular display was the "Safari in a Box" granted to the KRGC by Safari Club International. The Safari in a Box had the pelts of eight different animals you would find in the area and could be handled for a close up look. The other two displays were antique black powder rifles and accessories and a display of vintage military firearms that had been beautifully restored. There were brochures for the 4-H program and safety information from National Shooting Sports Foundation on safe home firearms storage.

Participants were given safety and marksmanship instruction for each different firearm. Younger participants enjoyed Crosman semi-automatic air rifles and shortened .22 caliber rifles. There were single shot and semi-automatic 22 caliber rifles at six positions for shooting at a variety of targets. There were steel plate spinning targets, paper targets and flour filled reactive targets. There were two vintage 125 year old original Winchester rifles on the line and many

people took advantage of shooting a piece of history. The black powder rifles were very popular as they watched the rifle being loaded, powder, patch, ball and watch as it is rammed down the barrel. Then they got to shoot it at a large steel bell. When the .58 caliber ball was shot, you know by the sound you hit the mark long before the huge cloud of smoke cleared. Shooter could choose semi-auto pistol or revolver, or come back and

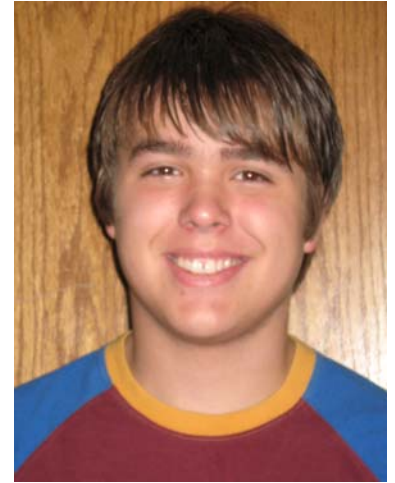


shoot both before the day was done. A single shot .223 caliber rifle with a scope was on the line for shooting out to 100 yards at steel plate hanging targets. The most reactive targets of the day were the shotgun targets, nine (1) gallon tin cans hanging on a cable that would spin around when hit.

There were about 20 volunteers from 4-H and the KRGC through out the day. Including 7 experienced teens from the combined 4-H/KRGC Youth Shooting Sports Program. The teens helped coach shooters on the line under the supervision of adult shooting instructors. Everyone who attended had a great time and there were many positive comments about how great this type of event is for the community as a whole. Everyone agreed kids need to know firearms safety. The event coordinator and 4-H plus NRA firearms instructor, Rick Walker, gets his message out as often as possible, "You may not keep firearms in your home but there is a good chance there are firearms in the homes where your children visit and play. How are they stored? Loaded, unloaded, locked up? Have you ever asked? Every child needs to know safe gun handling so they will recognize unsafe gun handling and know it is time to leave and tell an adult". The next free Family Fun Shoot is scheduled for Saturday, Sept. 13th 10:00 AM to 3:00 PM. More information on this and other events are available on the calendar at www.krgc.org

4-Her Carl Walker Earns "Distinguished Expert"

The weather was cool and there was a stiff wind blowing from the North. This didn't bother Carl Walker, 13, of Lower Lake as he prepared to complete what few shooters and fewer teens accomplish-the "Distinguished Expert" rating in the Winchester/NRA Marksmanship Qualification Program. He was concentrating on the steps for the safe, accurate operation of the .22 caliber semi-automatic pistol on the table next to him. He had achieved the "Expert" rating the week prior during the monthly combined 4-H/Konocti Rod and Gun Club Youth Shooting Sports event. Carl has been active in the shooting sports from a young age and started in Lake County 4-H Shooting Sports at the age of 9. He enjoys muzzle loading rifle shooting the most, closely followed by shotgun. Carl has a goal. He read last month that in 2007 there was only one youth shooter in the country who achieved Distinguished Expert in rifle, pistol and shotgun in a single year and was the youngest ever, at 15.



The final course of fire included two handed and right and left one handed shooting on multiple targets. When the timer started he concentrated, focused and started squeezing the trigger smoothly and cleanly. The three targets are 25 feet away, wind blowing from the left and the center scoring ring is a 4 inch circle. He gets 10 seconds for each set of 6 shots. Two hands, right hand, left hand and his final set is two handed shooting in order, two shots center target, two shots left then two shots right. When he is done he removes the magazine from the pistol and sets them both on the table, and waits. When the scoring is complete, he shakes the offered hand, "Congratulations, Distinguished Expert". Carl smiled and said, "Thank you, that's one....."

The "No Name Car Show" Article by Ethan Jones (age 9) Blue Heron 4-H club

On May 31 at Library Park the No Name Car show took place. We set up a booth with a chicken (an Old English bantam Game hen) and rabbits. We had two baby Mini lops and a senior mini rex doe. We got to see a whole bunch of cool cars; there was a pancake breakfast and a raffle. Some of the money from the raffle will be donated to the 4-H organization. We also had a photo display of Lake County Wild Flowers and a picture board/demonstration on chicken feathering. We answered questions about the animals and gave out brochures about 4-H. People liked petting the animals. Four members from the Blue Heron club worked at the booth: Justine and Stacy Solgat and Asia and Ethan Jones (me).



REMINDER

The Lake County Fair is quickly approaching. Are you ready?

Again this year, the 4-H Staff will be signing all animal science project Lake County Fair entry forms. Members planning to sell or show an animal at the Lake County Fair must complete all the following before their fair entry form will be signed:

- 80% of club meetings attended
- 100% of fair animal project meetings attended
- An up-to-date *Project Report Form* signed by your project leader
- Complete a 4-H Presentation (If you did not complete your presentation at County Presentation Day, you will need a *Presentation Verification Form*)

In addition, members planning to sell a market animal must:

- Complete two “Buyer’s Invitations” or other methods (articles, radio spots, etc.) of marketing for each animal.
(Buyer’s Invitations are available at the 4-H Office and online at <http://celake.ucdavis.edu>)

Just a reminder, when 4-H members are marketing their animal, they should call for an appointment and it is recommended they be in uniform. It is also a good idea to send a note to last year’s buyers thanking them for their past support and inviting them to this year’s auction. For additional information, check the *4-H Member and Parent Expectations* or contact the 4-H staff.

Newspaper Articles for Fair

This year, the 4-H Office is accepting a total of 6 articles (1 article per member). If you are interested in submitting an article for marketing credit, please contact Julie at the 4-H Office for more information.



Lake County Fair 2008

Theme:

“Let the Good Times Roll”

All Market Animals will be photographed on Wednesday, August 27th. 4-H members must be present, in uniform, and ready for their photo at the assigned time.

Animal arrival time starts @ 7:00 am

A fee for Market Animal photos of \$8.00 will be added to each entry fee per market animal.

All Market Beef – Pre-weigh in August 13th @ 6:00 pm at the Fairgrounds

All Poultry and Turkeys – Health inspection - 7 am – 10 am, August 27th

All Breeding Animals must be at the fairgrounds before 4:00 pm on August 27th

Livestock Auction: 1:00 pm start time.

Animals may be removed after 9:00 pm Sunday, August 31st – However no vehicles will be allowed on grounds until 11:00 pm.

Attention Community Club Leaders and Club Officers:

The new 4-H year is just around the corner. All club leaders and officers should be making plans to complete the following required paper work:

- Club Audit - 2007/2008
- Affirmative Action Outreach Report - 11/07-8/08
- Club Inventory - as of July 2008
- Club Budget - 2008/2009

If you have any questions on this process, or need assistance or forms, please contact the 4-H Office. All The above documents must be in to the 4-H office by September 30th.

UPDATES FROM THE CALIFORNIA 4-H YOUTH DEVELOPMENT OFFICE

PROGRAMS

- You are invited to participate in the "**Walk for Health**" at the California State Capitol on Saturday, **June 28**, 2008. Each California Focus county delegation is identifying sponsors for their "walk" and raising funds to support a health-related initiative or a health-related plan of action that they intend to carry out. Come and join us. We will be walking around the perimeter of the Capitol from 8:00 to 9:00 a.m. More information and a sponsorship form are available at: <http://www.ca4h.org/citizenship/focus/index.asp>. Contact Pat English at pnenglish@ucdavis.edu or 530-754-8520 if you would like to participate.
- The **California State Fair** is fast approaching (Aug 15 - Sept 1) and The California 4-H Foundation is recruiting 4-H members and leaders to **help staff the 4-H booth**. This is a great opportunity to share with the public your 4-H experiences, projects (community service projects included), and leadership opportunities. Bring small 4-H projects to share and give the public a "feel" for 4-H. Bring photo albums or record books. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed (each shift must have an adult or older teen in the booth at all times). To sign-up, please visit: <http://www.ca4h.org/wrp/statefair/>.
- This summer, "**Green Teams**" made up of urban 14-18 year-olds will visit more than two dozen national parks - an environmental immersion experience to nurture the next generation of National Park Service (NPS) leaders and staff. The youth learn about the history of the parks and NPS career opportunities, conduct team-building exercises, and participate in hands-on projects that allow them to see the immediate impact of their work, from constructing trails to planting native species. To see a video and photos go to: NPS Youth Partnership [Flash presentation](#).
- Upload your "**My 4-H Story**" from your 4-H Record Book by **July 31**, 2008 to enter a drawing for a \$25 gift certificate. Ten gift certificates will be awarded. More information is available at <http://www.ca4h.org/wrp/recordbook/index.php>

RESOURCES

- The newly revised **Preparing the Youth Development Professional** (formerly *Moving Ahead*) curriculum is now available electronically on the 4-H Military Partnerships website at <http://www.4-hmilitarypartnerships.org> (the website can be slow to appear but a new server will correct those issues soon). In the left column, click on curriculum resources, and again in the left column, *Preparing the Youth Development Professional*.
- There have been several requests for information on where to acquire 4-H shooting sports logo items. You can purchase a variety of items online at the **National 4-H Shooting Sports website**, <http://www.4-hshootingsports.org>. Click on the icon that reads "4-H Store". It will take you to the listing of the items that are offered including shirts, vests, coffee cups, etc. A section for hats is under construction.
- **New 4-H Record Book** information is now available on-line at: <http://www.ca4h.org/4hresource/ir/recordbook/index.asp>. 4-H Record Books give members an opportunity to reflect on their yearly work by documenting their skill development and their learning experiences in a written report. 4-H members measure their achievements and growth in their total years in 4-H.
- **National Directory of 4-H Educational Materials** is now available. This directory is a searchable, national database of 4-H educational materials currently available through the Cooperative Extension System. It will include National 4-H curriculum, state curriculum, supplementary materials and guides all created within the land grant university system and intended either for a youth audience or for adults working with youth. The directory is online and can be accessed at www.4-hdirectory.org.
- National 4-H Council has partnered with EMI Music to create "**Clover Country: Songs from Famous 4-H Alumni**" - the first of its kind country music compilation CD featuring famous 4-H alumni. This extraordinary blend of country music showcases the benefits of 4-H through talented 4-H alumni like Reba McEntire, Hillary Lindsey, Faith Hill, and Johnny Cash. Proceeds from each CD sold supports 4-H programs! In addition, counties can use this as a fund-raiser. Copies can be ordered on-line by 4-H staff through the WRP system/marketing materials.
- May is **National Physical Fitness and Sports Month**. This is a great time to get out into the fresh air and be active, as the days start to warm up and the weather gets better for outdoor physical activity! Visit www.fitness.gov for more information on National Physical Fitness and Sports Month.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities.

University policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Staff Personnel Services Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.