

## March 2010



**NEXT**  
**4-H Council Meeting**  
**March 22, 2010**  
**6:30 p.m. - 4-H Office**

### Upcoming Camp Counselor Meeting Date:

- Saturday, March 6, 9 am-4 pm (CITs 9 am – 1:00 pm), Ukiah Fairgrounds

### Lake/Mendocino 4-H Summer Camp 2010

#### Camp Masonite Navarro!!

Camp dates are: **June 21-25, 2010**

**Cost:**

Regular Registration - \$135.00 due April 9, 2010

Late Registration - \$150.00 due by May 7, 2010

(Postmark ok)

Registrations are accepted on a first come basis.  
Once camp is full, a waiting list will be started.

All registration forms **and**  
**payment must** be received to be  
considered registered!!



Get your camp registration packet online at  
<http://ucanr.org/4hforms/information> or at  
the 4-H Office.

**2010 Summer Camp Dates for:**  
**Campers, Counselors-in-Training, &**  
**Chaperones**  
**June 21-25, 2010**

**2010 Summer Camp Dates for:**  
**Camp Counselors, Deans & Directors**  
**June 20-25, 2010**

**CHAPERONES NEEDED**  
**2010 4-H SUMMER CAMP**  
**Camp Dates: June 21-25, 2010**

Must be an appointed volunteer.  
For information, please contact the 4-H  
Office at 263-6838.



### Record Book Workshop

#### The Painless Process

Presenter: Morgan Campbell – Teen Leader

**Saturday, March 13, 2010**  
**10:00 a.m. – 12:00 p.m.**  
**4-H Office**

At this up and coming record book workshop in Lakeport, we will be learning the steps involved in putting together a good, efficient record book using the kind of new forms that some people are still having problems with. At this workshop, I will be showing people how to write a good 4H story, input all of the important information and organize it in an easy to read and understandable way. At the 4H Office on March 13<sup>th</sup> 10:00 a.m. to Noon we will be working on our record books and hopefully having fun as we do it.

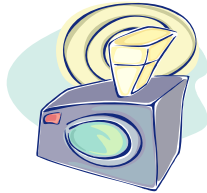


Please RSVP by: March 10, 2010

4-H Office – (707) 263-6838

## California 4-H Photography Contest

Any regular 4-H member, age 9-19, is welcome to participate. Members do not need to be enrolled in a photography project to participate. There are no prior requirements to enter at this State level competition.



Online registration is due by May 7, 2010. No late entries will be accepted. Entries can be dropped off from 8:30 am to 10:30 am at the 2010 State Field Day on May 29th.

### **Contest rules and registration details:**

<http://ca4h.org/projresource/fieldday/CA4HPhotoContestV3.pdf>

### **Online contest registration:**

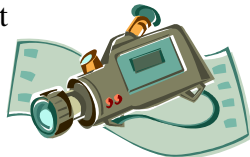
<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4471>

If you have any questions regarding the photography contest, please contact:

John Trammell  
2010 CA 4-H Photography Contest Coordinator  
CA 4-H Technology Leadership Team  
techdude4h@gmail.com  
(909) 844-1747

## California 4-H Film Festival

If you have a love for video production, join us at this year's State 4-H Field Day for the first annual California 4-H Film Festival. The theme of this year's film festival is, "What does 4-H mean to you?" On May 29, 2010, videos entered by 4-H members from across the state will be played throughout the day. 4-H members ages 9-19 are allowed to participate and one grand prize for each category will be awarded. Videos must be postmarked by May 7, 2010.



### **Contest rules and information:**

<http://ca4h.org/projresource/fieldday/film%20festival.pdf>

If you have any questions regarding the film festival, please contact:

Ashlyn Aiu  
2010 CA 4-H Film Festival Coordinator  
CA 4-H Technology Leadership Team  
aaiu@calpoly.edu

## **Let's get ready to lead!**

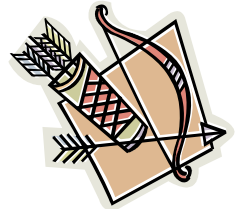
July 29<sup>th</sup> through August 2<sup>nd</sup> you will begin a journey of a lifetime at UC Davis. Meet new friends through the intense recreational activities, become more knowledgeable about your leadership mission through the educational workshops, and be inspired by the secret agent speakers and commander in chief in every assembly! Be pumped, be armed, and be ready for the conference that will help you develop as a leader and benefit your Operation 4-H Journey! State Leadership Conference is ready for you, but can you handle this much extreme???



SLC 2010 Operation 4-H: July 29<sup>th</sup> – August 1, 2010 at UC Davis

**SIGN UP NOW!**

## **4-H Shooting Sports Leader Certification for Archery**



A shooting sports training workshop for the archery discipline will be held in Red Bluff, CA on

**Saturday, April 10**                      **9 AM – 5 PM**  
**Sunday, April 11**                        **9 AM – 1 PM**

Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. In addition, on Saturday evening, there will be an optional no host dinner and discussion about equipment.

The course will be held at Wetter Hall, 1740 Walnut Street, Red Bluff and at the Ishi Archery Club Range, Hwy 36 East, Red Bluff. Cost for the course will be \$35 and includes morning refreshments, Saturday lunch and class materials. Dry camping is available at the range.

For more information, contact Leland George, State 4-H Archery Instructor, at 530-527-4200 or e-mail: [ljgeorge@clearwire.net](mailto:ljgeorge@clearwire.net). Please send "Training Request & Registration Form" and fees to Leland George, 21075 Hwy 36 West, Red Bluff, CA 96080. Make checks payable to "Tehama County 4-H Council". Pre-registration is due April 2<sup>nd</sup>. For the "Training Request & Registration Form" go to <http://ca4h.org/projresource/shootingsports/index.asp> or contact your county 4-H office.

## 2010 State 4-H Horse Classic April 24 & 25

Reedley College, Reedley, CA

Entries are due April 1, 2010



Rules and Entry Forms Go to:

<http://ca4h.org/projresource/horse/classic.asp>.

If you have any questions, please contact Jeanne George at 530-527-3101 or e-mail her at [jlgeorge@ucdavis.edu](mailto:jlgeorge@ucdavis.edu).

The Championship 4-H Horse Show information and rules will be posted soon on the above web site. The dates are June 25-27, 2010 at Santa Cruz County Fair, Watsonville, CA. Entries are due June 1<sup>st</sup> with an Early Bird Special by May 15<sup>th</sup>

### 4-H Silent Auction Items:

Sheep Head Brace for Fitting Stand  
Stethoscope  
Rabbit/Cavy Cage

Winners will be announced at the March 4-H Council Meeting.

Highest bid will be the winner.

To bid on an item contact the 4-H Office.  
Bidding will end at 5:00 p.m. on  
March 29, 2010

### WASHINGTON D.C. OR BUST!! Bake Sale/Yard Sale Fundraiser March 13, 2010 Rainbow Ag



The C & L Club is having a Bake Sale/Yard Sale at Rainbow Ag on March 13, 2010. If you have some great baking skills or old junk you can donate, please call Shea Odom at (707) 263-1359. All proceeds go to the delegates traveling to Washington D.C. this summer.



MARK YOUR CALENDAR.....

4-H FEED WORKSHOP  
SATURDAY, MARCH 27, 2010

Sponsored by:  
Rainbow Ag and Purina Mills

Location: Rainbow Ag  
1975 Argonaut Rd., Lakeport

Sheep – 10:00 a.m.- 12:00 p.m.  
Swine – 1:00 p.m. - 3:00 p.m.

Lunch will be provided from 12:00 p.m. -1:00 p.m.

**SIGN UP NOW!!!**

FOR MORE INFORMATION CONTACT:  
WENDI HARRIS (707) 279-0550

Rainbow will have sign up sheet's available for the Horizon Program. Get your first bag FREE!! When you sign-up on Saturday, March 27, 2010



Hope to see you all there!!

## Alexander Memorial Scholarship

**ATTENTION HIGH SCHOOL SENIORS  
AND RECENT GRADUATES:**

If you are graduating or have recently graduated and plan to attend college, you may be eligible for the Alexander Memorial Scholarship. \$400 and a plaque is awarded annually to a very deserving Lake County youth involved with 4-H and/or FFA. The deadline has been changed to **April 30**. Application materials and further details are available at the county Cooperative Extension office or on-line at:

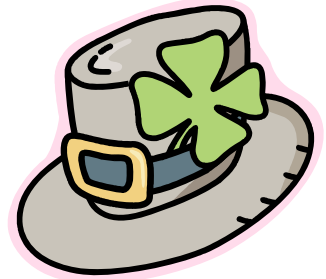
<http://ucanr.org/4hforms/information>



# County Presentation Day Plaque Winners

Erica Illg & Julienne Bennett- Agriculture  
Ethan Jones – Home Economics, Jeremy Thompson – Other

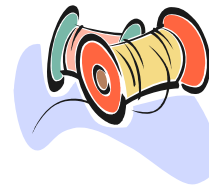
**Note: If you gave a presentation at County Presentation Day, you qualify to achieve the Presentation Proficiency Award. For information on how to obtain this award, please contact the 4-H Office.**





## Another Great Sewing Project

By: Asia and Ethan Jones



The countywide sewing project had its last meeting on February 6<sup>th</sup>. During the 3 day project, the beginning sewers made pillow-cases and overnight bags after learning to straight stitch. The more advanced sewers made sewing machine bags, which was extremely difficult at some times. These meetings lasted 4 hours each, but the time passes so quickly while you're sewing and having fun! We all would like to thank the wonderful ladies of the Kelseyville Sewing Guild for taking time out of their days to teach us!

The children and adults participating were:

(First, the children) Regina Faalelea from the Upper Lake 4-H, Adrianna Saldana from Upper Lake 4-H, Bryanna High Young from Anderson Marsh 4-H, Aubrey Geare from Cole Creek 4-H, Asia Jones from the Blue Heron 4-H, Ethan Jones from the Blue Heron 4-H

(Now, the adults) Pat Dandy, Sandra Daggett, Nancy Magoon, Sharon Shute from the Lake County American Sewing Guild (ASG)



## SAVE THE DATE!!



## FREE FAMILY FUN SHOOT

Saturday, May 8, 2010

10:00 a.m. - 3:00 p.m.



Presented by

Lake County 4-H and The Konocti Rod & Gun Club

Once again our very successful and ABSOLUTELY FUN AND FREE SHOOT IS BACK! Bring your family out for a day of FUN and SAFE shooting at the Konocti Rod and Gun Club range at the end of Highland Springs Rd. in Lakeport. There will be one-on-one coach/shooter instruction including air rifles by Crossman, .22 rifle, center fire rifle, shotgun and black powder rifles. All firearms and ammo provided for FREE (no personal firearms please). We will have educational displays from Safari Club International, Project Child Safe with FREE gun locks and safety literature. Large hot dogs for \$2.00 and water available for \$1.00, proceeds support the youth shooting program.

Seating is limited so bring your own chairs. Hearing and eye protection will be available for all shooters. Ear plugs available for all present. 4-H Shooting Sports members are encouraged to attend, help out and shoot some more. Here's your chance to check out shooting sports, bring friends and your family!

Any questions, call Rick and Jill Walker at 994-7531.



# UPDATES FROM THE CALIFORNIA STATE 4-H OFFICE

The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.

## IDEAS THAT WORK

- 4-H partnered with the Corporation for National Service to participate in the **2010 Martin Luther King Day of Service**. 4-H clubs and units across the United States participated in service activities that day to make a difference in their communities. If your club participated in a program in your community, we want to hear about your story. Whether you hosted a 4-H Exploration Day, facilitated a community forum, painted houses, or cooked a community dinner - the 4-H Citizenship Mission Mandate Task Force wants to hear from you. Stories can be written, accompanied by photos, slide show presentations, or videos. Submit your stories to: <http://www.surveymonkey.com/s/2010mlkdayshareyourstory>.

## EVENTS AND DEADLINES

- The **2011 State Ambassador Application** has been posted on the CA State 4-H website. All interested members who qualify should fill out an application form, <http://www.ca4h.org/leadership/ambassador/>. Applications are due by **March 31, 2010**. The State 4-H Office is also looking for qualified volunteers who are interested in being advisors for the 2011 State Ambassador Team. 4-H State Ambassadors are expected to make a 14-month commitment to the program beginning on July 1, 2010 and ending August 31, 2011. 4-H State Ambassadors may only serve one term. Please contact Quang "Hogan" Tong, [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu) for more information.
- The **2010 State 4-H Field Day** is planned for May 29, 2010. The event will include a variety of interests including presentation day, state fashion revue, a plant science contest and interview contest amongst many others. If you are interested in exhibiting at this annual event, click here <http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf> for an application. Applications are due by **April 2, 2010**.

## FUNDING OPPORTUNITIES

- Pepsi has begun the **Pepsi Refresh Project**, in which individuals, businesses and non-profits are highlighted for the work they are doing to create a positive impact on their community. Pepsi will accept up to 1,000 ideas each month. If your idea is voted and selected, you may receive \$5,000 in funding support. If you are interested in submitting your idea, visit: <http://www.refresheverything.com/myidea/idea> today to learn more.

## INCENTIVES AND RECOGNITION

- The **2010 Statewide 4-H Higher Education Scholarships** are available for application and due to the State 4-H Office postmarked by **April 30, 2010**. To view the full list and description requirements of the scholarships available, visit: <http://www.ca4h.org/4hresource/ir/scholarship/>.
- The **Golden Clover Awards** recognize outstanding achievement of 4-H members, volunteers, 4-H program staff, and groups within the 4-H YDP. Applications are due postmarked by **May 31, 2010**. The 2010 applications are now available on the state website at: <http://www.ca4h.org/4hresource/ir/goldenclover>. Please nominate a worthy candidate that you believe is deserving of this great honor. Please direct questions to Quang "Hogan" Tong at 530-752-5644 or email at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- National Service Briefing, a feature of Youth Service America's weekly updates offers an **Everyday Young Heroes Awards program**. This is an ongoing recognition effort to spotlight the work of youth committed to and performing outstanding community service. If you know a young person deserving of this nomination, please visit: <http://www.YSA.org/awards/hero>.

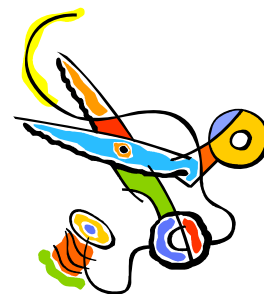


# Category Descriptions

Cloverbuds age 5-8 (non-competitive) ♦ Juniors age 9-10 ♦ Intermediates age 11-13 ♦ Seniors age 14-19

## Sewn Garment – Traditional (list expenses)

- To showcase the member's sewing skills and their ability to coordinate an outfit
- Garment(s) sewn by the 4-H member with itemized expense list
- The entry might be a one-piece garment or it might be three coordinated pieces. A beginning member might even sew one garment and purchase another, for example a sewn jumper or vest worn with a previously owned shirt.



Categories:

1. New – something sewn using a pattern
2. Re-sewn – an item remade into a wearable garment or outfit. The new garment must show at least 50% change in construction. Example: skirt or shirt from pants, vest or pants from tablecloth or drapery etc....
3. Accessories - non-garment item, sewn from scratch: bag, hat, gloves, backpack, etc...
4. Vest Challenge: The state's theme/competition using Simplicity pattern #4762 (provide receipts)

## Needle Arts (list expenses)

- The member demonstrates their ability to knit, crochet or weave a garment or accessory. Include itemized expense list.

Categories:

1. Garment – a poncho, skirt, shirt, dress, coat etc....
2. Accessories - scarf, hat, belt, gloves, blanket, etc...

## Recycle

- The member creates a wearable garment/costume from different or previously used materials. No more than 20% fabric (i.e. 80% other)
- This category focuses on creativity, as well as best use of materials.
- Get creative and have fun with this category.

## Outfit on a Budget (include all receipts)

- Members create a complete outfit for \$35 or less purchased at a secondhand store. The outfit is something you would actually wear to a special event or outing.
- The focus is on how complete the outfit is and wise consumer purchasing.

## Decorated Duds (list expenses)

- Decorate a garment(s) using arts and crafts techniques, embellish to taste.
- This category focuses on creative techniques and workmanship.



## Home Arts

- An item sewn or created for use in or around the home.

Categories:

1. New – using a pattern or knitted/sewn from scratch: blankets, quilts, pillows, pillowcases, tablecloths, placemats, table runner, tool bag, etc.
2. Re-designed – creating something from old garments or material: flowerpot, vase, home or holiday decoration, etc....

## Video Challenge: <http://projects.4-hcurriculum.org/curriculum/filmmaking/>

Using the 4-H online film making curriculum, **create a 3-5 minute film, choose your own topic.** Each film must contain at least 3 different types of shots, video transitions, and video effects. Bring CD or memory stick for viewing.

**All SEWN/NEEDLEWORK items AND All GARMENTS** must be delivered to the 4-H office by 7pm Tuesday. 3/16/10 for judging.

**All other items** must be checked in at the **Presbyterian Church, 8:30-9 am. Sat. 3/20/10.**