

## November 2009

**NEXT**

**4-H Council Meeting  
January 25, 2010  
6:30 p.m. - 4-H Office**

### **Volunteer Leader Appointment Process**

All new volunteer leaders are required to complete an adult enrollment application, be fingerprinted for a background clearance, and attend a leader orientation. You **may not** hold meetings until all three steps of the leader appointment have been completed. The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities.

### **Teen Camp**

#### **Directors/Deans/Counselors:**

All members 9<sup>th</sup> grade and above are eligible to apply for a 4-H summer camp teen staff position. Teen Directors, Deans and Counselors will assist in planning 4-H summer camp and teach campers new skills. Each member who completes the 14 hours of training will receive credit for a Leadership Development Project (8-J).



Applications will be available in December.

### **4-H Volunteers**

Somewhere between the sternness of a parent and the comradeship of a pal is that mysterious creature we call a 4-H Volunteer. These Volunteers come in all shapes and sizes, and may be male or female. But they all have one thing in common - a glorious twinkle in their eyes!

4-H Volunteers are found everywhere - at community service events, judging contests, fairs, Presentation Day, square dances, and talent shows. They always are preparing for, sitting through, participating in, or recuperating from, a 4-H event of some kind.

They are tireless consumers of muffins, expert at taking knots out of thread, peerless coaches, and spend hours on the telephone.

A 4-H Volunteer is many things - an artist making a float for the Fourth of July parade, a doctor prescribing for an underfed calf, a chaperone at camp, a lawyer filling out reports, and a shoulder to cry on when that dress just won't fit. Nobody else is so early to rise and so late to get home at night. Nobody else has so much fun with so many boys and girls.

We sometimes forget them, but we can't do without them. They receive no salary, but we can never repay them. They are angels on fieldtrips, saints at meetings. Their only reward is the love of the kids and the respect of the community. But when they look around at the skills they've taught, and the youth they've built, there's an inner voice from somewhere that says, "Well done."

Author Unknown



## Statewide Citizenship Travel News 2010 Citizenship Focus Program

Dates have been set for the 2010 Citizenship Focus Program. Come participate in hands-on programs that bring government and policy issues to life and help you understand how you can be more involved in your own community.

### California Focus

June 25-29, 2010

**Applications Due: January 15, 2010**

<http://www.ca4h.org/citizenship/focus/>

### Washington Focus I

Road to Democracy - June 27- July 05, 2010

Heritage Trail I - June 27- July 03, 2010

**Applications Due: November 5, 2009**

<http://www.ca4h.org/citizenship/dfocus/>

### Washington Focus II

Global Journey - July 11-21, 2010

Heritage Trail II - July 11-17, 2010

**Applications Due: November 5, 2009**

<http://www.ca4h.org/citizenship/dfocus/>

If you are interested in more information on participating in any of the Citizenship Programs, please contact the 4-H Office at 707-263-6838.



## SET "Power of Wind" Train-the-Trainer Session

The 2-day SET "Power of Wind" Train-the-Trainer session for Dec 4-5 has been scheduled for UCCE Mendocino (Ukiah). CCSR 4-H YD Advisors Cyndi Barnett & Keith Nathaniel will be the trainers. County team may include 1 staff with 1 leader, and may include teens. Teams will go home with great ideas, curriculum, and other resources. Additional training info and registration forms are forthcoming. Please note that this intensive training is 2 days. Many thanks to Steven Worker, Cyndi & Keith for this 2-day training.



## C & L (Citizenship & Leadership)

Open to all youth 7<sup>th</sup> grade and above.

### The objectives and Goals:

- Encourage 4-H members to actively participate in their Community.
- Opportunity for members to learn leadership skills.
- Promote and participate in Citizenship and Leadership programs.
- Provide fundraising opportunities for members to participate in 4-H programs, trips or activities through actively fundraising as a group.
- To have fun!

### Members may participate in the C & L at three different levels:

**Level 1:** Members attend the C & L Club as their primary 4-H club. They will attend all club business meetings. Members will have the opportunity to hold office, help organize county 4-H events, and participate in upper level citizenship and leadership programs.

**Level 2:** Members may use the C & L as a citizenship and leadership project, while participating as a member in their home 4-H club.

**Level 3:** Members may use the C & L as an additional 4-H activity, and participate in the fun recreational activities: bowling, 4-H dance, community service activities, or other activities as planned by the C & L members.

## SAVE THE DATE!!

## 4-H Leader Workshop January 23, 2010

The third annual Lake-Mendocino County 4-H volunteer leader retreat is scheduled for January 23, 2009 at a beautiful Mendocino or Lake County location near you! More details to follow in the December/January edition of the 4-1-1.



# COUNTYWIDE PROJECTS

To sign-up for any of these countywide projects, please contact the 4-H Office at 263-6838.

## 4-H COUNTYWIDE SHOOTING SPORTS PROJECT 2009/2010

MINIMUM AGE: 9 BY 01/01/2010

4-H Shooting Sports teaches firearms safety, marksmanship, and safe firearms handling. The program focuses on improving mental discipline and self-control. The program is lead by certified 4-H and NRA firearms trainers and instructors. All activities follow 4-H and NRA safety standards. The program will involve the handling and shooting of air rifles, .22 pistols, .22 rifles, shotguns, center fire rifles, and black powder rifles and pistols. Any members interested in signing up for this project should contact the 4-H Office at 707-263-6838.

**Parent attendance at each event is MANDATORY!**

**Any members not following the safety rules will be removed from the project.**

If you have any questions, please contact Rick or Jill Walker at 707-994-7431.

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## 4-H Countywide Sewing Project

The American Sewing Guild is offering short-term sewing projects for beginners and up. The project goal is to have an item completed to enter in the 4-H Fling or Fair.



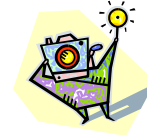
**Project Dates will be set in the future.**

**If you are interested in this project, contact the 4-H Office at (707) 263-6838.**



## Blue Heron Club Report

**Off to a great start!**

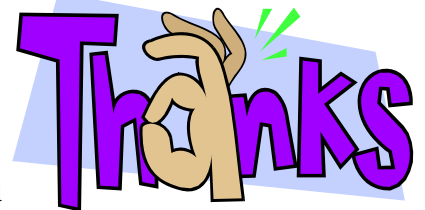


The Blue Heron 4-H club met on October 7, 2009 in Lakeport. We learned about projects being offered this year and signed up for the ones we want to take. Some of the projects offered in our club this year are Outdoor Adventure, Sewing, Arts and Crafts, Videography (video making), Extreme Wheels (formerly Skateboarding only), Baking, and a variety of animal projects, too. Members received stripes and pins for participation in 4-H last year and for completing their Record Book. It's going to be a great year for Blue Heron.

Submitted by, Holden Braider, Blue Heron 4-H

## Fair Food Booth Fundraiser Thank You!!

Thank you to all the members and clubs who helped at the Lake County Fair Food Booth and to all those who patronized the food booth. With all of your help we were able to raise funds for several clubs in Lake County. Also with your help we were able to keep this a 4-H and District 2 California High School Rodeo fundraiser booth that benefits the youth. If we did not have this help the food booth would have been offered to a concessions vendor, thereby eliminating this opportunity for youth organizations to use it as a fundraiser in the future. It is my hope that we can continue to keep this as a fundraiser. This year Blue Heron earned \$350.00, Mt. Konocti earned \$300.00, Cole Creek earned \$250.00, Kelseyville earned \$250.00, Anderson Marsh earned \$150.00 and C&L earned \$596.00.



**Submitted by: Charity Andrade, Kelseyville 4-H**

## State Rabbit Orientation Day

November 14, 2009

1:00 p.m. to 4:00 p.m.

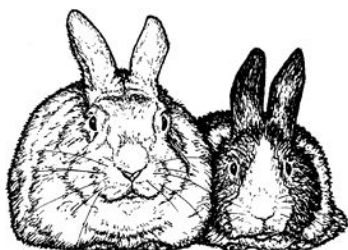
4-H Center in Rohnert Park

The Sonoma County 4-H Rabbit Raisers invite all 4-H members and leaders to attend this educational event. The following presentations will be held:

**Select a Rabbit**- There will be rabbits for sale by local rabbit breeders. Each rabbit for sale is pedigreed and free of disqualifications at that time. They will be numerous breeds to choose from. If you are looking to purchase a quality and show-able rabbit, this is a perfect opportunity for you.

**Leader Orientation** – Open to all rabbit leaders who would like to join. We will discuss how to plan out the year of your own rabbit project, what to teach and much more.

Registration Forms Available at the 4-H Office.



## Chico Swine Education Day

January 20, 2010

8:00 a.m.

University Farm



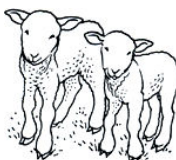
More information to come.

## Chico Sheep and Goat

February 13, 2010

8:00 a.m.

University Farm



For more information, contact  
Dr. Celina Johnson by phone  
(530-898-4147).

## 4-H Shooting Sports Training Rifle Discipline- Ukiah, Ca November 7-8, 2009



A rifle volunteer leader course will be held from 9:00 a.m. – 5:00 p.m. on Saturday and Sunday, November 7-8, 2009 at the Ukiah Gun Club. Upon successful completion of this two-day course, participants will be certified and be eligible to serve as shooting sports project leaders. Cost for this course is \$20. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available. You must be an appointed 4-H Volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports>) with fees payable to “Mendocino County 4-H Council” to UCCE 4-H Rifle, 890 North Bush Street, Ukiah, CA 95482, or drop them off at the Ukiah 4-H office. For more registration information, contact Linda Edgington (707) 463-4495 or [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu).

## Regional Education Outreach Summits on Bio-Security in 4-H

In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three Regional Education Outreach Summits will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects, including risks at exhibits and fairs, shows, and exhibitions; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. The first of three summits will be held at UC-Davis on December 12, 2009. Subsequent Education Outreach Summits are: January 16, 2010 – UCCE Tehama County; and February 27, 2010 – UCCE Kern County. Times for all summits will be 9 a.m. – 3 p.m. Lunch will be provided. Space is limited, so advance registration is necessary. For more information and to register for one of these events, contact Martin Smith ([mhsmith@ucdavis.edu](mailto:mhsmith@ucdavis.edu)) or Steven Worker ([smworker@ucdavis.edu](mailto:smworker@ucdavis.edu)).

If individuals want to enroll directly, they may use the following URL:  
<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4238>