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**NEXT 4-H Council Meeting****November 26, 2012****6:30 p.m.****Lower Lake High School Library****Teen Camp Staff****Directors/Deans/Ambassador/Counselors:**

All members 9<sup>th</sup> grade or 14 years (by December 31<sup>st</sup>) and above are eligible to apply for a 4-H summer camp teen staff position. Teen Directors, Deans, Lead Counselors, and Counselors will assist in planning 4-H summer camp and teach campers new skills. Each member who completes the 14 hours of training may receive credit for a Leadership Development Project.

**UPCOMING DEADLINES & MEETINGS**

- Dean, Director and Ambassador: Application and Essay **Due:** Wednesday, December 5, 2012
- Interviews will be Wednesday, December 12, 2012 ~ Ukiah 4-H Office starting at 6:30 pm
- **First Counselor and Lead Counselor** meeting will be Wednesday, **January 16<sup>th</sup>**. Ukiah 4-H Office 6:30-8:00 pm.

All Teen Staff applications are available at the 4-H Office and online at

<http://ucanr.edu/summercampforms>

**Lake County Veterans' Day Ceremony****Sunday - November 11, 2012****11:00 A.M.**

Konocti Vista Casino, Kelseyville

Please have your clubs start making cards and either bring cards to the Veterans' Day

Ceremony or drop them off at the 4-H Office.



Hey all Countywide 4H'ers we are planning a FREE Carwash at Konocti Vista Casino on Veterans' Day to all veterans that want their car or truck washed. It will be a great event and will show our gratitude to the men and women that have fought for our freedom.

Bring a change of clothes so you can change from your whites to a carwash outfit.

Any questions call Lou or Celeste Derr at 707-275-9025.

The car wash will be from Noon till 2:00pm right after the ceremony at the casino. Rain or Shine.



Emerald Star Project  
Cord and Nate Falkenberg  
ORB – Online Record Book Workshop

Lake County 4H Office  
Saturday, December 15 at 9:00 am to 11:30  
Audience: 4H Leaders and Members

Do you want a faster and easier way to make your Record Book? Cord and Nate Falkenberg are going to be conducting a workshop that will teach 4Hers about ORB. ORB is the Online Record Book set-up by the state to help you in preparing your Record Book. So if you are having trouble getting around to doing that hugely important Record Book, come and find out about this great resource available to you. It will be at the 4-H Office on December 15th.



If you have any questions please contact us at [falconate76@gmail.com](mailto:falconate76@gmail.com) or 263-1380.

If you would like to attend the workshop contact Nicole at the 4-H Office 707-263-6838.

## COUNTYWIDE COMPUTER PROJECT

Do you like computers? Can you name the main parts of a computer? Ever wonder how to build a website?

A new Computers & Technology project has begun in Lake County. This project covers computer assembly, function, website building, and social networking as it pertains to 4-H. We will be using our computer skills to benefit our clubs and for 4-H advocacy.



This project is only available to members age 13 and over.

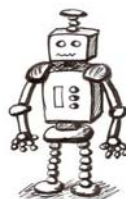
Space is limited to 12 members.

Meetings start in October. For more information, contact James Christenson at [james@marz.org](mailto:james@marz.org) or to sign up contact the 4-H Office at 263-6838.

## REMINDER!!

### 4-H Junk Drawer Robotics – 1<sup>st</sup> Meeting Electronics and Wiring

Saturday, November 17, 2012  
1:00 to 4:00 PM – 4-H Office



## Lake County Youth Exhibits at National Poultry Show

In October Lacey Villines represented Blue Heron 4H Club and Lake County 4H program at The Northwest



Poultry Association National Winter Classic Show, and also in The Northwest Poultry Association's National Pearl Show. The shows were held in Salem Oregon, and attracted exhibitors from several states. Lacey exhibited her Cochin poultry in both of the shows,

and won several awards and titles. Lacey won The Champion Feather Legged award, Reserve Grand Champion of Show, 3 Best of Varieties, 5 Reserve Best of Varieties, Best of Breed, and numerous flat ribbon placements. She was one of the youngest youth exhibitors, and enjoyed representing Lake County at the national show.

## *Congratulations!*

Congratulations to the following Lake County 4-Hers, they each received a gift card to Target for

completing their post iThrive survey: Adrianna Guardado, Flora Ibarra, Asia Jones, and Joanna Parker. And Congratulations to 4-H Volunteer Karen Hayes – she was the winner of an iPad for completing the Growth Rubrics [calibrations] for the youth in the C&L iThrive project.

Thank you to everyone who completed the iThrive project and surveys. This coming year there will be more gift cards and iPads awarded, so get your ORB [Online Record Book] points going.

## Marksmanship Scholarship



The Civilian Marksmanship Program is offering \$1,000 college scholarships to graduating seniors who meet the academic criteria and have been active in marksmanship competition, to include 4-H. For more information visit:

<http://www.thecmp.org/Competitions/Scholarships.htm>

## UPCOMING SHOOTING SPORTS EVENTS

**4-H Shooting Sports Workshop  
Rifle Discipline  
Bakersfield, CA**



**Saturday, January 12, 2013 – 8:00 a.m. – 6:00 p.m.  
Sunday, January 13, 2013 – 8:00 a.m. – 4:00 p.m.**

A 4-H shooting sports workshop for the rifle discipline will be held at UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu) (This course is not open to 4-H leaders from Santa Cruz County).

### ARCHERY TRAINING

#### VOLUNTEERS & JUNIOR/TEEN LEADERS

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, January 19<sup>th</sup>, 9 AM – 5 PM, and Sunday, January 20<sup>th</sup>, 8 AM- 12 noon, at the Livermore-Pleasanton Rod & Gun Club, 4000 Dagnino Road, Livermore, CA 94551 in Alameda County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$50 per person to include a resource binder, range fees, and Saturday lunch. Overnight RV parking, water & power only, is available for an additional fee.

To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at

<http://www.ca4h.org/file/s/2123.pdf>, and an adult

or youth 4-H medical release form and a \$50 check payable to “De Arroyo 4-H Club” to Jennifer Siders, 4967

Erica Way, Livermore, CA 94550. Registration is due Monday, January 7<sup>th</sup> and space is limited. For more information call Jenny at 925-321-6009 or email her at [jsiders@gmail.com](mailto:jsiders@gmail.com).



## Wreaths Across America

You may have seen photos on the internet of evergreen wreaths placed on veteran’s graves in Arlington Cemetery on the internet.

The program was started in 1992 by Maine businessman, Morrill Worcester. Wreaths Across America is a non-profit organization, any donation is tax deductible.

The goal is to have every US veteran’s grave in the US and foreign cemeteries recognized with an evergreen wreath at Christmas time. The motto of Wreaths Across America is to “**Remember, Honor, Teach.**” **Remember** fallen heroes, **Teach** our children about the cost of freedom, and **Honor** those that have served. The Lakeport and Kelseyville Boy Scouts have been placing wreaths at Hartley Cemetery for the last 3 years and expanded to Kelseyville last year. Last year they placed about 700 wreaths. This year 4H has been invited to place wreaths at Lower Lake Cemetery. It is estimated there are well over 1000 veteran’s graves in Lower Lake dating back to the civil war.



The process is 2 fold. From now until Thanksgiving wreaths are sold for placement on graves on Friday 12/14/2012. Wreaths cost \$15 and can be ordered directly online at <http://www.wreathscrossamerica.org/> or through C&L or PA Exchange Project by calling Karen at 272-0602 or Katy at 994-3114 or email [iapt@jps.net](mailto:iapt@jps.net). **For our 4-H projects to get credit please use our code, CALC4HC1.** For every wreath sold, C&L and PA Exchange receives \$5. Wreaths can be ordered for any participating cemetery across the US or abroad online, be sure to use the 4H code above. For other cemeteries, grave specific requests cannot be made. However, if you would like to personally place a wreath, please order through Karen or Katy and we can try to make it happen. Wreaths are sold year around, sales for 2013 start after Thanksgiving.

Wreaths are placed on graves on 12/14/2012. On Saturday 12/15 at 9AM there is a ceremony to recognize veterans all over the world. The ceremony takes place at the same time all over the world, coinciding with the ceremony at Arlington National Cemetery. Everyone is welcome to attend the ceremony at Hartley, Kelseyville, or Lower Lake Cemeteries. There ceremony recognizes each of the 7 branches of U.S. Military. A larger wreath is placed at the veteran’s memorial at each participating cemetery.

If you are interested in helping to place wreaths or attend the ceremonies, please call Karen 272-0602 or Katy 994-3114.

# Conner's Story



## A True Story of the Importance of Safety in 4-H

The story you are about to read is a true account of a current 4-H member. This month as we reflect on safety in our 4-H programs I hope that this serves as a powerful reminder of the importance safety places in helping our 4-H youth thrive. Here's Conner's story.

I almost wasn't a 4-H member..... but then something happened that changed my mind. My mom told my story to my project leader, who told my club leader, who told someone at a Leader's conference, who then asked me to tell this story--it's kind of like that eating a fly song.

I wanted to join 4-H because I'm VERY interested in robotics, but it's hard to find other kids who like it too. I know I joined later than most other kids, but it seemed like a good idea when I heard about this 4-H robotics project in my town. The problem started when I went to my first club meeting and I was obviously the "new" kid. Everyone seemed to know everyone else and they were talking about things I didn't understand--it was like a foreign language! No one talked to me, or tried to help me know what was going on. Then we had to play this game where we made a knot with our hands and had to untangle ourselves. That really freaked me out, 'cause no one knew my name and I didn't know theirs, so it was really uncomfortable to be that close to people I didn't know.

So anyway, I was still going to try the Robot Project meeting even though I wasn't so sure about this 4-H thing after that first meeting!

I go to my first robot meeting and the same thing happened! Foreign language, I didn't know anyone, but at least the project leader introduced me. During that meeting, everyone was supposed to bring batteries to do the activity that day and one of the girls forgot hers so they made her sing a song to get some from the leader. That freaked me out too--I'd be so embarrassed if I had to do that just because I forgot!

So, I pretty much decided this 4-H thing was not for me. At the time I didn't know that I was feeling "unsafe" but now I know. Here's what happened next...

I also signed up for the Leadership Project because that sounded like a good idea. I didn't want to go to that Project meeting, but my parents wanted me to at least give it another try, so I said okay, but this was the last meeting. When I got to the meeting, the first thing we did was play a game so that we all knew each other's name and something about each other, so that was cool. Then we talked about how we wanted to be together as a group, we called it our rights and responsibilities to each other. And then we did some activities that were about being safe physically and emotionally with each other. I didn't know what to expect at this meeting, but I have to say that just because we talked about safety, it made me feel a lot more comfortable...and it's really why I'm still a member now. I think there are lots of kids like me who need to feel safe before they join something and I wish all of my 4-H and school felt safe. I think this is something to work on.

The leadership project also has helped me know that I have a spark for knowing how things work, which is what I really like about building robots. Even though I have that spark, I look forward to my leadership project meetings the most and I'm really glad my parents made me go to that third meeting.

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### **Things to Consider:**

1. Conner shared several things from his first 4-H experience that made him feel unsafe, how could we ensure that those walking in to 4-H feel welcomed and valued?
2. As you reflect on your own experience in 4-H, what could your group do to increase safety within it?
3. How can you partner with your 4-H members to make this a reality in your program?

# 2012 - ACHIEVEMENT NIGHT

On October 7, 2012, 150 or so gathered for the 2012 Achievement Night hosted by Scotts Valley and Blue Heron 4-H in Lakeport Oct. 6th. A special thanks to dessert auctioneer Cody Smith and All Star MC's Asia Jones and Victoria Hayes and all those who helped with food, decorations, donating desserts, and assisted in various roles. The potluck was delicious. The guessing games (pumpkins weight and pieces of candy corn in jars) and door prizes added to the fun. The auction brought in an astounding \$526.00!!



## UPDATES FROM THE STATE 4-H OFFICE

- **4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis**  
<http://www.ca4h.org/Programs/Conferences/SLC/>  
The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. More information will be released in January 2013.
- **4-H Film Making Statewide Project**  
*Presented by the 4-H Technology Leadership Team*  
<http://www.ca4h.org/Projects/SET/Tech/CTLT/Film/>  
The goal of the 4-H Film Making Project is to enhance technological literacy of 4-H members, ages 13-19, by helping them learn the basics of film production including storyboarding, filming, and editing. In January through July 2013, the 4-H Technology Leadership Team will provide a series of film production workshops throughout California. In addition, video equipment loaner kits will be available for counties to checkout. More information will be available in November 2012.
- **Money Savvy Youth: Evaluating the Effectiveness of Financial Education for Fourth and Fifth Graders**, [http://www.frbsf.org/publications/community/wpapers/2012/working\\_paper\\_2012\\_02\\_Money-Savvy-Youth.html](http://www.frbsf.org/publications/community/wpapers/2012/working_paper_2012_02_Money-Savvy-Youth.html)
- **Project Sheets**  
[http://www.ca4h.org/Projects/Project\\_Sheets/](http://www.ca4h.org/Projects/Project_Sheets/)
  - Check out the 30 available project sheets designed to help 4-H volunteers and youth understand possibilities in 4-H projects. 4-H youth and their families may use these sheets to decide which project they might be interested in. The State 4-H Office is looking for people to help write these project sheets! If interested, please contact Steven Worker at [smworker@ucanr.edu](mailto:smworker@ucanr.edu).

# NCS Citizenship Weekend

By Elliot Serena

I recently attended the North Central Section Citizenship weekend in Winters. The campout was both fun and educational. They offered tips on community outreach, networking with other teens in your section, and focused hugely on explaining and promoting the Revolution of Responsibility. We also learned about growing sustainable walnuts from a local walnut grower.

Over the two days, we learned about the 4H Revolution of Responsibility including brainstorming ideas and reviewing paperwork that, if filled out, would qualify us for a \$1000 grant. We also had some fun tie dying and silk-screening 4H tee shirts, cooking and learning leadership games.

The focus of the weekend was really about citizenship and community service projects, and stressed the importance of networking with like-minded teens to increase your community impact. I enjoyed the citizenship weekend immensely, and I hope I will be able to bring back its lessons to my own club, and eventually to my county.





# 4-H Calendar



## November

- 11 Veterans' Day Ceremony - 11:00 a.m. - Konocti Vista Casino
- 12 4-H Office Closed
- 17 Junk Drawer Robotics Workshop - 1:00 to 4:00 p.m. - 4-H Office
- 22 4-H Office Closed
- 23 4-H Office Closed
- 26 4-H Council Meeting - Lower Lake High School Library - 6:30 p.m.

## December

- 1 Junk Drawer Robotics Workshop - 1:00 to 4:00 p.m. - 4-H Office
- 5 4-H Camp - Dean, Director, Ambassador Application /Essay Due
- 12 Dean, Directors, Ambassador Interviews - Ukiah 4-H Office, 6:30 p.m.
- 15 4-H Online Record Book Workshop - 4-H Office 9:00 - 11:30 a.m.
- 24 4-H Office Closed
- 25 4-H Office Closed

## January

- 1 4-H Office Closed
- 16 First Counselor & Lead Counselor 4-H Summer Camp Meeting - Ukiah  
4-H Office 6:30-8:00 p.m.

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# The 4-H 4-1-1

*It contains dates, deadlines and other important information. If you have any questions please do not hesitate to call the 4-H Office at (707)263-6838.*

*Sincerely,*

*Julie Frazell*

*4-H Youth Development Program Representative*

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