

University of California Cooperative Extension, Lake County • 883 Lakeport Blvd. • Lakeport, CA 95453
Phone: 707-263-6838 • FAX: 707-263-3963 • email: celake@ucdavis.edu

NEXT 4-H Council Meeting
January 28, 2013
6:30 p.m.
Lower Lake High School Library

County Presentation Day LOWER LAKE ELEMENTARY SCHOOL SUNDAY – FEBRUARY 24, 2013

Check-in: 12:30 p.m. – 1:00 p.m.

Orientation: Judges & Area Chairs 1:00 p.m.

Presentations Begin: 1:30 p.m.

The day will conclude with an Awards Ceremony.

Registration forms are available online at <http://ucanr.org/4hforms/information>, in this newsletter, and at the 4-H Office.

A copy of the 4-H Presentation Manual is also available online at: <http://ucanr.org/4hforms/information>.

For more information on Presentation Day, please contact the 4-H office.

Reminder: All members planning to show or sell an animal at the 2011 Lake County Fair must fulfill the presentation requirement.



2013 MENDOCINO-LAKE 4-H SUMMER CAMP DATES



JULY 7-12th for Teen Staff

JULY 8-12th for Chaperones, Campers, CIT's

Camp will be held at Camp Navarro

2013

Mendocino-Lake 4-H Summer Camp Camp Navarro!!

Camp dates are: **July 8-12th 2013**

Cost:

Early Registration

\$160.00 due March 8, 2013

Late Registration

\$175.00 due by May 3, 2013

Registrations are accepted on a first come basis. Once camp is full, a waiting list will be started.



All registration forms **and payment must** be received to be considered registered!!

Get your camp registration packet online at <http://ucanr.org/summercampforms> at the 4-H Office or if you need a copy mailed to you please contact the 4-H Office.

CHAPERONES NEEDED **2013 4-H SUMMER CAMP** **Camp Dates: July 8-12, 2013**

Must be an appointed volunteer.

For information, please contact the 4-H Office at 263-6838.

Camp Counselor Meeting Dates:

- **First Counselor and Lead Counselor** meeting will be **Wednesday, February 20th** – Ukiah 4-H Office 6:30 – 8:30 p.m.
- **Wednesday, March 20th** – Ukiah 4-H Office 6:30 -8:30 p.m.
- **Wednesday, April 17th** – Ukiah 4-H Office 6:30-8:30 p.m.
- **Wednesday, May 15th** – Ukiah 4-H Office 6:30-8:30 p.m.

SUMMER CAMP SCHOLARSHIP

The Danny Wilds 4-H award is a monetary grant in memory of Daniel Len Wilds. Danny was an eight-year member of the Big Valley 4-H Club who maintained a growing interest in 4-H club work, agriculture and education. The primary purpose for this award being established was as a tribute to Danny. The committee has dedicated these funds to financially assist 4-H members to attend summer camp. Three (3) full scholarships will be awarded to 4-H members who want to attend camp but could not go without some assistance.



Application is available at the 4-H Office and is due by **March 5, 2013**

Emerald Star Project Learning to Access ORB (Online Record Book) Cord and Nate Falkenberg

At the last workshop we reviewed the many tools available for you and also how to enter in activities. At the upcoming workshop ANYONE is allowed to come and learn about many more tools to use in ORB. The following information is about the upcoming workshop.

Location: 4-H Office
Date: Saturday, February 2, 2013
Time: 9:00 am to 11:30 am
Audience: 4H Leaders and Members

Suggested materials needed: laptop computer with wireless internet connection capability (if you do not have a laptop one will be available), username and password used to register online for 4H (if you do not have a username and password contact the 4-H office prior to the workshop to set one up) and a calendar with all of your 4-H events to enter into ORB



If you are interested or have any questions, please contact us at falconate76@gmail.com or 263-1380.

Please sign-up by **January 31, 2013.**

UPCOMING SHOOTING SPORTS EVENTS

Shooting Sports Project Leader Course Rifle Discipline

Pajaro Valley Rod & Gun Club
557 ½ Lakeview Road
Watsonville, CA

Saturday, March 9, 2013 – 8:30 a.m. – 5:00 p.m.
Sunday, March 10, 2013 – 8:30 a.m. – 4:00 p.m.

Upon successful completion of this course, the participant will be certified as rifle trainer and can lead a rifle project at the club or county level or serve as county trainer to certify project leaders in the shooting sports discipline of rifle. This course is also open to 4-H teen leaders (high school aged youth). For more information, or to register for the class, contact Randy Turnquist at randy@randyt.com or phone 831-566-2590. Please discuss the course fee with the instructor which could be up to \$25 depending on if you wish to print your own course material or have him do it. (Please note that the rifle discipline is not an approved project in Santa Cruz County).

For more information about the class facility visit this website: www.pajarovalleyrodandgun.org

Tax Deductions for Leaders and Parents

Because 4-H is a nonprofit organization, there are certain contributions, if made to the 4-H Program that may be deductible on your federal income tax return:

- Fair market value of property and materials donated
- Cash contributions to 4-H
- Non-reimbursed out-of-pocket expenditures of meals, lodging, transportation, stationary, postage, telephone calls, and refreshments.



These expenses must be incurred while participating in a 4-H event or function or must be directly related to 4-H. Volunteers must keep accurate records which includes the date of donation and the amount of cost or fair market value of the goods donated. Keep all receipts and cancelled checks to support deductions.

What cannot be claimed:

The value of your volunteer services
The costs of transporting or paying expenses for your own children
Be sure to check with your tax consultant if you have any questions.



UPDATES FROM THE STATE 4-H OFFICE

The University of California, Davis College of Agricultural and Environmental Sciences will hold its **37th Annual Agricultural and Environmental Sciences Field Day on March 1st and 2nd**.

The UC Davis CA&ES Field Day is the 2013 California 4-H State Qualifier for Poultry, Dairy and Livestock judging. Visit <http://www.ca4h.org/Projects/SET/Animal/SLJC/> for state qualifying guidelines.

To register, go to: <http://calaged.csuchico.edu/registration/> Select the event (2013 U.C. Davis Agricultural & Environmental Sciences Field Day). Choose the link "Get Access Code". Complete the information on the form and click the register button. **Please include 4-H next to your club name on the registration form.** On the following page save the registration code and register later or simply continue with the registration at this point. Note that you may only register once so be prepared to complete the registration or contact us if you have any changes. After your club is registered, we request that you submit a printed copy of your online registration along with your payment. Checks should be made payable to "UC Regents" and mailed to:

Attn: Courtney Rhodes
College of Agricultural & Environmental Sciences
One Shields Avenue, Davis, CA 95616

Deadlines: February 8: Agriscience Fair and Job Interview materials due, February 8: Online Registration closed, February 15: Payments must be postmarked – We are now enforcing a **\$25 late fee** for payments postmarked after the 15th. For questions email fieldday@ucdavis.edu or visit <http://caes.ucdavis.edu/fieldday>

State 4-H Field Day Educational Exhibits

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9588> - Applications due **April 1, 2013**

Educational exhibits and displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service crafts, informative booths, etc.



Special Recognition at 2013 State Presentation Day

A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is physical activity. Potential topics may include muscle strengthening, heart rate importance, workout wear, Zumba, activity log, exercise trends, fitness apps, stretching, benefits of exercise, fun ways to work out, 'exergaming', recreational sports, types of activity, making time for fitness, safe places in your community to be active, and more. For details visit:

<http://www.ca4h.org/Programs/Events/SFD/PD/Recognition/Opportunities/>

4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis Celebrating 100 years of California 4-H.

This year's theme: *There's no place like 4-H*

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience.



<http://www.ca4h.org/Programs/Conferences/SLC/>

SAVE the Date! November 8-10, 2013

100 Years and Thriving – Come celebrate California's Centennial of 4-H with your 4-H colleagues at the **State 4-H Leader's Forum (SLF)** at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engebretth - maryengebretth@comcast.net with suggestions of topics and/or experts.

POSITIVE YOUTH DEVELOPMENT

The state office would like to introduce iDevelop, CA 4-H's Virtual Training Center. iDevelop was created to provide training around positive youth development to assist in sustaining healthy environments for 4-H members in order to help them reach their full potential. Training modules include:

- Foundations of Positive Youth Development
- Helping Youth Discover Their Spark
- Understanding the G.P.S. Goal Management System
- "Growth Mindset"
- Self-Reflection and the Indicators of Thriving

To access these virtual trainings go to the state website www.ca4h.org and type "iDevelop" in the search box or use the following link:

<http://www.ca4h.org/Resources/Volunteers/4-H Thrive Resources/4-H Thrive Virtual Trainings/>

The 4-H Online Record Book (ORB) has approximately 4500 users statewide. **Did you know that the 4-H Online Record Book is not just for youth members?** Adult volunteers and county staff can access their own Online Record Book account using their 4-H Online user name and password. Adult volunteers can track their volunteer hours, communicate with youth in their clubs and projects and review and approve reports from their youth. To get started using ORB today, click on the following link:

<https://ucanr.edu/4hbook/login.cfm>



Contribution: 4-H Youth Making a Difference

Posted: May 19, 2012 in [Monday Morning Message](#), [Youth Development](#)

“The human contribution is the essential ingredient. It is only in the giving of oneself to others that we truly live.”–

Ethel Percy Andrus

On September 9, 2010 tragedy struck the community of San Bruno. With a thunderous roar heard for miles, a natural gas line explosion ripped through the Glenview community destroying homes and much greenery. Julien Levy, a 13 year old 4-Her turned this tragedy into an opportunity to serve his community. Julien took a spark in his life (planting trees) which he had been doing in his 4-H club since he was five and used it to help his community. In answer to the question, “why trees?”, Julien responds through his [website](#) “Well, I can’t really help you with repairing your homes and no one who is sane will ever let me within a 3-foot radius of a power tool or heavy equipment. In trying to figure out what I could do to help, I thought, “A neighborhood is more than just houses, it’s trees too!!!” I’ve been planting trees with 4H since I was 5 and really love seeing them change communities.”



Julien is not alone. All across the state, 4-H Clubs are finding ways to have a lasting impact in their communities. Many of these opportunities have come through 4-H’s Revolution of Responsibility. The Revolution of Responsibility is described as “... a movement for positive change in every community in America. 4-H youth are a living, breathing, culture-changing revolution for doing the right thing, breaking through obstacles, and pushing our country forward by making a measurable difference right where they live. That takes uncommon commitment.” Through the Revolution of Responsibility and other service learning opportunities our 4-H youth, volunteers and staff are finding greater purpose in their lives through contribution.

In order to make a contribution, one must have a clear vision of where you want to go, what you want in life, and why. Youth who make a contribution have the opportunity to discover and cultivate things that they are passionate about (their SPARK) and are learning and developing solid goal management skills (GPS) all while gaining a greater sense of life purpose. These qualities are the very things that allow our youth to stay on a path of thriving.

Julien’s contribution has opened up so many doors and opportunities for self-discovery. Engaging your 4-H youth in identifying opportunities to contribute to their community will sharpen their skills, and deepen their sense of purpose.

LAKE COUNTY 4-H PRESENTATION DAY

Date: Sunday, February 24, 2013

Location: Lower Lake Elementary School, Lower Lake

Check-In: 12:30 p.m. – Orientation: 1:00 p.m. – Presentations Begin: 1:30 p.m.

~ Competitive Presenter ~

Members are judged and may have the opportunity to advance to other competitions

Due to 4-H Office by: 2/20/13

Late entries will be accepted as non-competitive

Send registration forms to: Lake County 4-H, 883 Lakeport Blvd., Lakeport, CA 95453 or

FAX: 263-3963

Name: _____

Mailing Address: _____ City: _____ ZIP: _____

Phone: (____) _____ E-Mail: _____

Club: _____ MALE FEMALE

Title of Presentation: _____

Type: Demonstration Illustrated Talk Educational Display (table top)
 Prepared Speech Impromptu Speech Interpretive Reading
 Share the Fun Cultural Arts Audio-Visual Presentation
 Problem Solving Presentation

Grade: Junior: 4th 5th Intermediate: 6th 7th 8th Senior: 9th 10th 11th 12th

Teammates: _____

(Attach a list for Share the Fun and Cultural Arts categories)

I need to give my presentation outdoors (for animals, equipment, etc.): Yes No

Note: All presentations that include an animal will be an outside presentation.

ATTENTION: Parents, Leaders, and those 4-H members who qualify to be a Judge or Area Chair

YES, I would like to be a:

___ **JUDGE** Each club is asked to provide 3 Judges for County Presentation Day.

My child is- or is not- giving a Presentation. Child's Name: _____

___ **Area Chair** Members 8th grade and above who have completed at least 2 presentations at County Presentation Day, and received at least of one gold award. (All Share the Fun Skit awards are excluded). Credit as an Area Chair will complete the communication requirement for Lake County Fair.

NAME: _____

ADULT _____ YOUTH _____ GRADE (If youth): _____

LAKE COUNTY 4-H PRESENTATION DAY

Date: Sunday, February 24, 2013

Location: Lower Lake Elementary School, Lower Lake

Check-In: 12:30 p.m. – Orientation: 1:00 p.m. – Presentations Begin: 1:30 p.m.

~ Non-Competitive Presenter ~

Members are evaluated and receive credit for giving a presentation

Due to 4-H Office by: 2/20/13

Send registration forms to: Lake County 4-H, 883 Lakeport Blvd., Lakeport, CA 95453 or
FAX: 263-3963

Name: _____

Mailing Address: _____ City: _____ ZIP: _____

Phone: (____) _____ E-Mail: _____

Club: _____ Male Female

Title of Presentation: _____

Type: Demonstration Illustrated Talk Educational Display (table top)
 Prepared Speech Impromptu Speech Interpretive Reading
 Share the Fun Cultural Arts Audio-Visual Presentation
 Problem Solving Presentation

Grade: Clover Bud: K 1st 2nd 3rd Junior: 4th 5th Intermediate: 6th 7th 8th Senior: 9th 10th 11th
 12th

Teammates: _____
(Attach a list for Share the Fun and Cultural Arts categories)

I need to give my presentation outdoors (for animals, equipment, etc.): Yes No

Note: All presentations that include an animal will be an outside presentation.

ATTENTION: Parents, Leaders, and those 4-H members who qualify to be a Judge or Area Chair

YES, I would like to be a:

___ **JUDGE** Each club is asked to provide 3 Judges for County Presentation Day.

My child is- or is not- giving a Presentation. Child's Name: _____

___ **Area Chair** Members 8th grade and above who have completed at least 2 presentations at County Presentation Day, and received at least of one gold award. (All Share the Fun Skit awards are excluded). Credit as an Area Chair will complete the communication requirement for Lake County Fair.

NAME: _____

ADULT _____ YOUTH _____ GRADE (If youth): _____



4-H Calendar



January

- 21 4-H Office Closed
- 28 4-H Council Meeting - Lower Lake High School - 6:30 p.m.
- 31 Last Day to sign-up for Online Record Book Training

February

- 2 Online Record Book Workshop- 4-H Office - 9:00-11:30 a.m.
- 18 4-H Office Closed
- 20 County Presentation Day Registration Forms Deadline: due to 4-H Office
- 20 First Counselor & Lead Counselor 4-H Summer Camp Meeting - Ukiah
4-H Office 6:30-8:00 p.m.
- 24 County Presentation Day - Lower Lake Elementary School

March

- 5 Danny Wilds Scholarship Applications Deadline: due to 4-H Office
- 8 4-H Summer Camp Early Registration Deadline
- 20 Summer Camp Counselor Meeting - Ukiah 4-H Office 6:30-8:30 p.m.

April

- 17 Summer Camp Counselor Meeting - Ukiah 4-H Office 6:30-8:30 p.m.

May

- 15 Summer Camp Counselor Meeting - Ukiah 4-H Office 6:30-8:30 p.m.

University of California
Cooperative Extension
883 Lakeport Blvd.
Lakeport, CA. 95453

The 4-H 4-1-1

It contains dates, deadlines and other important information. If you have any questions please do not hesitate to call the 4-H Office at (707)263-6838.

Sincerely,

Julie Frazell

4-H Youth Development Program Representative

University of California
Agriculture and Natural Resources



The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities.

University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint.

University policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.