

University of California Cooperative Extension, Lake County • 883 Lakeport Blvd. • Lakeport, CA 95453
Phone: 707-263-6838 • FAX: 707-263-3963 • email: celake@ucdavis.edu

NEXT 4-H Council Meeting
June 24, 2013
6:30 p.m. - 4-H Office

**2013 MENDOCINO-LAKE 4-H
SUMMER CAMP DATES**



JULY 7-12th for Teen Staff
JULY 8-12th for Chaperones, Campers, CIT's
Camp will be held at Camp Navarro

Camp Counselor & CIT Meeting Dates:

- **Counselor – Sat., June 15th** – Ukiah 4-H Office – 9:00 am – 3:00 pm
- **CIT – Mon., June 24th** – Ukiah 4-H Office – 6:30-8:30 pm

Reminders!!!

The new 4-H year will begin on July 1, 2013. At that time you may re-enroll for the program year 2013-2014. Online re-enrollment instructions are included in this newsletter. If you do not wish to re-enroll online paper packets are available online at <http://ucanr.org/enrollmentforms> and at the 4-H Office.

All members' enrollment forms and fees must be complete and on file at the 4 H office by **September 30th**. Members completing enrollment after this date may not be eligible for animal projects related to the Lake County Fair without petitioning Lake County Executive Board for special permission.

Enrollment Fee increases for 2013/2014 program year.

The State 4-H Program has increased enrollment fees for this coming year. This will bring the fees to **\$33 per youth** and **\$12 per adult** volunteer for the upcoming 2013/2014 program year.



Adult Volunteer Appointment Process

- All new adult volunteers are required to complete an adult enrollment application, be fingerprinted for a background clearance, and attend a leader orientation. Adults **may not** hold meetings until all three steps of the appointment process have been completed. The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities.

Important Dates

August 1st-Submit judge's names for county record book judging

August 15th - Enter Financial Reports online: inventory and annual financial report for all 4-H bank accounts.

August 15th - Countywide Peer Review Day - 4-H Office. Have all documents ready for peer review.

September 15th - Last day to enter Financial Reports on-line. Due to the 4-H staff: Peer review, inventory, annual financial report, budget, volunteer and member recognition forms, proficiencies awards.

NEW CLUB MANAGEMENT FORMS 2013

We are pleased to announce the release of the newly revised **4-H Officer's Manual (2013)** and **4-H Club Program Planning Guide**. The new forms are pdf documents with form fields that youth can type in.

All forms are available online at: <http://4hforms/information>





Ag Unlimited Farm Supply

Asks you to please join us for our 5th Annual Feed Seminar

Featuring: Jesse Warntjes from Associated

Tuesday, June 18, 2013 at our retail store
2532 Big Valley Road, Lakeport begins at 5:30pm

Get here early for a good seat barbeque dinner.

Please RSVP to

278-3131 or Email: jcrane@lymanaggroup.com

J & S Swine Showmanship and Clipping Field Day - June 22, 2013

**Open to all 4-H and FFA Members
Redwood Empire Fair Grounds
1055 N. State St., Ukiah
Contact: Susan @ 707-357-0252**

8:00: Sign ups

8:30: Cody Smith – CPPA Junior Member Presentation,
Keynote speakers: Dave Furtado and
Granddaughters, Shelby and Meghan, who have
exhibited at shows in Arizona, Colorado, Nevada,
Oregon, and California

9:00: Clipping and Fitting, Instructions in Showmanship
and Show Ring Etiquette

12:00: Lunch available for purchase
(All proceeds go to: Jane Amundson Memorial
Scholarship fund, Born and Raised in Mendocino
County, Fair Awards, the Leukemia Lymphoma Society,
and the Friends of Wyatt Phillips)

1:00: Showmanship classes
4-H/FFA advanced
4-H Novice (9-10 yrs)
4-H Novice (11 yrs and up)
FFA Novice
4-H Intermediate



1:00: revised Skill-a-thon Advanced Members (4th year
and up)

Awards:
1st place Advanced Showmanship – Belt Buckle: donated by
Scotts Valley Swine Project
2nd through 5th – donated by Susan Pierce/ J & S Swine Farm

No entry fee
Casual Clothes preferred
**You need: Show stick and clean boots/shoes (flip flops or
sandals not acceptable)**

Thank you: Rainbow Ag, Mendocino County Farm Supply,
Scotts Valley 4-H Swine Project, and Susan Pierce for your
donations

California 4-H State Leadership Conference 2013



Follow the Yellow Brick Road to a
Celebration of the Century!

Thursday Opening:

Family and Friends Birthday Bash Celebration!
Speaker: Scott Backovitch; "Dorothy, What Should I
Wear?" Food Trucks, Carnival Games, 4-H Cupcake
Contest, Live Band: Terra Bella (aka Chaparral) and
More!

Friday Fun and Service:

How can 500 young people make a difference in 2
hours? -Let's count the ways!; Educational Sessions;
Speaker: Chris Boleman; Zip line! Pool! Rock Wall!
Dunk Tank! Wave Rider!

Saturday Celebrations:

Awards Ceremony: Academy-style with dancing,
music and more; Diamond Clover Reception; Celebrity
Guest Speaker (follow the clues on Facebook!);
Educational Sessions; Horse of a Different Color
Dance; Wii Outdoors

Sunday Closing:

Honor Outgoing State Ambassadors and SLC Support
Staff; Introduction of State Ambassadors 2013-14

Early Bird Registration Now Open!

Early Bird Registration: \$479 (by June 18th)
Regular Registration: \$495 (register June 19th - July
8th)

Add a conference T-shirt for \$15

Join us at State Leadership Conference

See the Conference website:
ca4h.org/Programs/Conferences/SLC

Financial Aid available:
<http://ucanr.edu/slc2013financialaid>

REGISTER ONLINE AT:
<http://ucanr.edu/slc2013>



The 2013 National 4-H Shooting Sports Teen Leadership Institute (formerly known as ambassador training) will be held July 25 – 28, 2013 at Louisiana State University in Baton Rouge. The Teen Leadership Institute is open to youth involved in the 4-H shooting sports project who are 14 years of age or older. This four-day event will host youth from all over the United States and will involve leadership development training as well as a tour of the local area.

Each state is allowed to send two applicants. If there is a teen in your county that you feel would be an outstanding candidate for this event, please provide her/him with the attached application packet. This must be a teen involved in your 4-H shooting sports program that you feel would ideally represent your county and the state and would serve as a positive role model to other youth. The youth needs to be responsible enough to travel on their own and attend sessions without supervision. **Anyone you put forward must be a mature individual who is currently demonstrating leadership at the county level.** We are looking for youth that exhibit excellent leadership skills and who happen to shoot, not excellent shooters who never help at the county level. Remember, this needs to be a 4-H member that **YOU** know and will personally vouch for as to their character, responsibility, and dedication to 4-H. A letter of recommendation from you must accompany their application.

The costs of the institute are paid for the National 4-H Shooting Sports Committee. Up to \$500 of the travel costs will be reimbursed by the California 4-H Shooting Sports Committee. Upon their return, these youth are expected to give a presentation about their experience at their sectional leadership conference.

The applications and your letter of recommendation need to be back to me by June 21st.

John Borba
4-H Youth Advisor/Interim County Director
UC Cooperative Extension - Kern County
(661) 868-6216

4-H Archery Certification Workshop Tulare, CA

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, June 22, 9 a.m. – 5 p.m., and Sunday, June 23rd, 9 a.m.- 12 noon, at the Unverferth Building, 1903 S Blackstone St., Tulare, CA 93274. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$10 per person to include a resource binder, and light refreshments. Lunch is on your own, and there are several eating establishments close by. To register, please complete and mail the “CA 4-H Shooting Sports Training Request and Registration Form” available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form and a \$10 check payable to “Tulare County 4-H Leader Council” and mail to Tulare County Archery Certification Training, 4437-B S. Laspina St., Tulare, CA 93274. Registration is due Friday, June 14, 2013 and space is limited. For more information call Leah Harrelson, 4-H Program Representative at 559-684-3322 or email Llaharrelson@ucanr.edu.



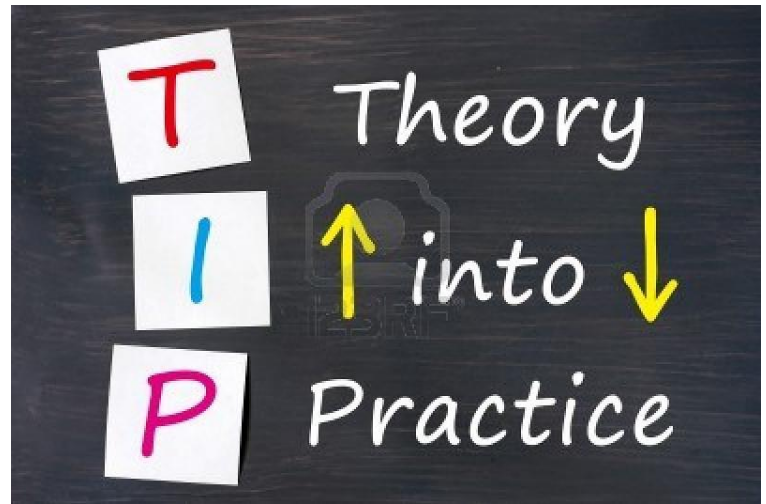
Turning Principles Into Practice: Bringing the principles of thriving to life in your program.

by [Scott Mautte](#)

Several years ago Hollywood produced a movie about a billionaire with a photographic memory and a love of books who was involved in a plane crash in a remote North American region. The story is really about how this man needed to draw upon all of the obscure facts that his mind had collected over the years to help him survive. I really liked this movie because I believe it has a powerful message for those of us who work with youth: we can **KNOW** all the best practices and strategies for creating a thriving environment for our youth to reach their full potential but if we don't **put them into practice**, they become useless pieces of knowledge.

The principles of thriving go beyond a program or curriculum. This month's Monthly Memo will focus on how you can take the principles found in the iThrive Leadership Curriculum and apply them in every aspect of the 4-H experience. I want to make a very clear point...THIS IS HARD WORK! It will take time and persistent effort on the part of staff and volunteer to do this successfully. Here are some beginning steps to embed the principles into every aspect of 4-H:

- **Safety & Relationship Building**
Since this is the FOUNDATION to EVERYTHING we do, we need to spend time regularly and intentionally building safety and healthy relationships within our groups. Having a regular check-in question at the start of club and project meetings is a good place to start. I have some discussion starter questions on my blog that could help. www.4hvolunteercafe.wordpress.com
- **Helping Youth Discover Their Spark**
Providing regular opportunities for youth to try new things is a GREAT way to help them discover their sparks. When thinking through a club or project meeting, ask yourself, "what opportunities can I give my youth to discover something new?" and then invite them to participate.
- **Using the G.P.S. Goal Management System**
The G.P.S. Goal Management System is a very easy tool to use to help youth set and reach their goals. Introduce the model in project planning, club meetings and special events to help the tool become part of your youth's everyday life. (Tip: It's great for adults also, I use it regularly!)
- **Promoting a Growth Mindset**
Focusing on intentionally praising a young person's effort rather than their skill is a great way you can regularly encourage a growth mindset. For example you could say something like, "Kim, you really worked hard on getting your goat ready for fair" instead of "Great job Kim on getting the Grand Champion Market Goat award".
- **Ways to allow for Self-Reflection on the 6 C's**
When doing any activity allow time to reflect on it using questions that would help you tie it into the learning you are focusing on for that meeting. Develop questions that fall under each of the following categories:
 - o What Happened?
 - o So What?
 - o Now What?



So where do you begin? I would encourage you to take one area, create a goal around it and work to incorporate it into the normal routine of your 4-H experience. This will not only help reinforce the principles of thriving that go FAR beyond the curriculum, it will enhance the depth of the 4-H experience for your youth members. Also, if you haven't checked out our virtual workshops on SPARKS, GPS, Mindset, and Self-Reflection and the 6 C's, go to <http://bit.ly/ZIT9vd>.

Join California 4-H at the



California State Fair

★ July 12th - 28th 2013 ★

To celebrate our centennial we are going big at the [CALIFORNIA STATE FAIR!](http://www.ca4h.org/Programs/Events/CountyFairs/) Check out the full list of activities at <http://www.ca4h.org/Programs/Events/CountyFairs/>

1) July 21, 24-27: Gold Seal Presentations from State 4-H Field Day ([http://ucanr.edu/gold seal/](http://ucanr.edu/gold%20seal/))

4-H members receiving a gold seal at the State 4-H Presentation Day on May 25, 2013 at UC Davis are eligible to present, non-competitively, at the California State Fair. 4-H members will present 1-3 times during an hour-long block of time on July 21, 24, 25, 26, & 27.

2) July 16, 20, 23: Present your Science, Technology, Engineering, and Math (STEM) Projects (<http://ucanr.edu/stem/>)

4-H members and volunteers are invited for three types of exhibits.

A) July 16, 2013, 11am - 8pm: Eco-Bot

4-H will present Eco-Bot, the National 4-H Youth Science Experiment. 4-H volunteers and members will help children design and build a simple brush-robot to cleanup a spill (simulated using a cookie sheet and rice). Materials and instructions are provided. We just need 4-H volunteers and members to sign-up for 2-hour blocks during the day!

B) July 20 (10-8pm) & July 23 (11-8pm)

i) **Non-Competitive 4-H Presentations** – 4-H members are invited to present, non-competitively, at the California State Fair on July 20 and 23. 4-H members will present 1-3 times during an hour-long block of time on one day. Presentations must be related to 4-H science, engineering, or technology.

ii) **Hands-on, Interactive, 4-H Science, Engineering and Technology Activities** – Groups of 4-H members, volunteers and staff are invited to engage the public in quick hands-on activities. The group will conduct activities with the public for at least an hour block of time on one day.

3) July 23 & 24: 4-H Cooking Throwdown (<http://ucanr.edu/throwdown/>)

4-H Cooking Throwdown - 4-H members are invited to participate in the 4-H Throwdown at the California State Fair. Teams will consist of 2 youth members and 1 teen leader. The minimum age is 12 years old, total of 3 members. Each round will have a secret ingredient. Each course must include the secret ingredient. Each team will have 10 minutes to prep and then 50 minutes to cook a three course meal. A judge will taste all courses prepared and the winners of each round will then compete at 4:00pm each day to determine the daily 4-H Throwdown Champion! Each day has a theme: July 23rd- International Cuisine; July 24th- BBQ Throwdown without the Grill. **Facility:** California Kitchen at the State Fair. Below are images of the California Kitchen where the Throwdowns will take place!

4) Represent California 4-H by exhibiting at the Fair

We are working on a 4-H Day-July 20th!

Share your memories of the State Fair <http://www.bigfun.org/memories/>!



“BEEF UP YOUR KNOWLEDGE”



MENDO-LAKE Beef Field Day SHOWMANSHIP, MARKET, & BREEDING CLASSES

- AN OPPORTUNITY TO PREPARE YOUR STEER & HEIFER FOR FAIR TIME
- GET SOME EXPERIENCE
- HAVE YOUR ANIMAL WEIGHED, HOOVES TRIMMED
- CLIPPING AND FITTING CLINICS TO EDUCATE FOR BOTH FAIRS
- OBSTACLE COURSE
- CAMPING AVAILABLE
- SHAVINGS ONLY FOR BEDDING – Will be available to purchase at the show.

DATE: JUNE 29 - 30, 2013

CHECK-IN: June 29th 8:00 a.m. – 9:30 a.m. & June 30th 7:30 a.m. – 8:00 a.m.

LOCATION: MENDOCINO COUNTY FAIRGROUNDS – BOONVILLE, CA.

ENTRY FEE: \$50.00 per head/includes hoof trimming \$30.00 hoof trim only

(Post entry is \$60.00 per head)

SUGGESTED ATTIRE: JEANS AND DRESS SHIRT AND/OR 4-H/FFA UNIFORM.

ENTRIES DUE JUNE 22, 2013

Final classes will be determined after entries are received. Steer / Heifer showmanship - age classes will be determined after the entries have been received.

Rules:

1. You must be enrolled in a club or chapter market steer or heifer project.
2. Weight classes will be divided evenly after weigh-in.
3. Blocking chutes and generators suggested
4. Prizes will be awarded.
5. Exhibitor's age as of January 1, 2013
6. All animals must be halter broke.
7. Please bring all fitting supplies.

Any questions contact, DANYA HILDEBRAND (707) 349-6502
JILL CRANE at (707) 349-9574 or RHONDA BROWN ENTRIES 707-743-1536

Entry Forms & Camping Forms available at the 4-H Office.

Step By Step Guide to Re-Enrollment Online



Go to <https://california.4honline.com>

- Click on “I have a profile”
- Enter your email address – (If you don’t have an email address or are not sure which one we have on file for you, contact your club Volunteer Enrollment Coordinator or the 4-H Office)
- Enter the password that you chose last year at enrollment time. If you do not remember your password - Click the button “I forgot my password”, a temporary password will be sent to your email address. Once you log-in to the enrollment system, you can change your password.
- Role: Family
- Click on “Login”

Member List – Page 1

- For each person you want to Re-Enroll, click on the “Edit” button to the right of their name
- Your “Personal Information” will appear
- Scroll down and Click “Enroll for 2013-2014”
- Check over all the information that was entered last year – make corrections where necessary
- Please make sure that if you’re an adult leader or a youth junior/teen leader or club officer that you mark “yes” under the Volunteer section on this page.
- Click on Continue

Additional Information – Page 2

- Check over all the information that was entered last year – make corrections where necessary
- Click the box for Parent Consent for 4-HOnline Record Book
- Click the box for Waiver of Liability
- Click the box for Enrollment Confirmation
- Click the box for Photograph Release
- Download and print the Medical Release Form – complete and give this to the Volunteer Enrollment Coordinator or Community Club Leader. For Adult Volunteers, also download and print the Self Disclosure Form – send completed form to the 4-H Office at 883 Lakeport Blvd., Lakeport, CA 95453. In addition all 4-H Members must complete a Parent/Member Expectation Form which will be available from your Volunteer Enrollment Coordinator or Community Club Leader. (If you do not have a printer, or are unable to print any of these forms, they are available from your Volunteer Enrollment Coordinator or the 4-H Office)
- Click on “Continue”

Participation – Page 3

- Select your primary home club, click on Continue
- This will take you to the Projects
- Look over your projects from last year
- Add or Delete projects to reflect the current Program Year
- Age, School Grade, Years in 4-H, and Years in a Project will automatically increase by 1 year.
- If you are enrolling in a Countywide Project, go back to the add club page and add Countywide to your club list. Once this is done, go to the Projects page and select the project you are enrolling into as countywide. (Make sure that for countywide projects, the project’s club is listed as countywide)
- Click on “Submit Enrollment”

This will take you back to the Member List page where you may Re-Enroll another family member. When you have finished adding/re-enrolling members, log off.

If you have questions please contact your Volunteer Enrollment Coordinator or the 4-H Office at 263-6838.



CALIFORNIA 4-H 100 YEARS & THRIVING!

Centennial Celebration

October 6, 2013

Lake County Fairgrounds 1-4 pm



Dear 4-H Friends, Family, and Alumni:

Join us as we celebrate the **100th year** of California 4-H. Our event will showcase Lake County's 4-H clubs, past and present. Enjoy hands-on activities, talent, entertainment, Campfire fun, Club Histories, and 4-H Memories. Help us honor our *4-H Century Families* and the recipients of **2013's 4-H Achievement Awards**.

HOW TO JOIN THE CELEBRATION:

1. Select from the list of **100 Celebration Ideas** for your club at <http://ucanr.org/100celebration> or come up with some on your own.
2. **Century Family Recognition** – has your family been in 4-H for 100 years? The total is *combined* years of family members. See our website link for more information. The families will be announced at the *Centennial Celebration* on October 6th.
3. Be involved in our *history making*: **Show & Tell your 4-H Story** at <http://ucanr.org/tell4hstory>. For more information contact the 4-H Office at (707) 263-6838.
4. Share Photos for our *Sideshow/History Display*. Remember to include information about the photo(s) & sign the photo release. Photos from the 1930's through the New Millennium are a great way to celebrate and show *your* 4-H history.
5. Find Alumni and ask them to fill-out our information form. The form is on our website: "*Looking for 4-H Alumni*" at <http://ucanr.edu/alumnisearch>. 4-H'ers from the past who have *special* stories to share.

WEBPAGE CENTENNIAL EVENT LINKS:

- **Show & Tell** your 4-H story – <http://ucanr.org/tell4hstory>
- 100 *Celebration Ideas* for Lake County 4-H Clubs – <http://ucanr.org/100celebration>
- **Centennial Event Club** feature booth ideas & information – coming soon!!
- *4-H Century Family* forms & instructions - <http://ucanr.edu/4hcenturyfamily>
- Looking for **4-H Alumni** – re-connect with us – <http://ucanr.edu/alumnisearch>

Our event will feature:

- Lake County 4-H Clubs, past and present
- Hands-on activities
- Campfire fun & entertainment
- Club Histories and 4-H Memories
- Special Awards (*Centennial Families, Alumni, Achievement Awards*)

Celebrating 100 Years of 4H at The Lake County Fair

By: Jocelyn Bennett

The Lake County Fair is lots of fun and hard work for most 4H members, leaders and parents. It's a great way to wrap up the 4H years' projects and especially for those who raise livestock animals. The fair environment offers ways to grow in character through seemingly unending deadlines, high expectations, sleep deprivation and keeping "whites" white for a full five days. "Whites" refer to the 4H uniform for those who may be unfamiliar. At the Lake County Fair there are excellent opportunities for 4H members' to demonstrate skills they have learned and practiced throughout the year(s). Seeing satisfied people musing through the animal barn and displays' makes all the preparation and hard work worth it. This year marks the 100th anniversary of 4H in California, so we will be sure to have beautiful displays and remarkable animals on exhibit for all Lake County citizens to enjoy!

There's a lot to do however, before the fair ever begins. For those bringing market and breeding animals, this includes feeding, weighing, exercising and handling the animals for many months and weeks prior to the fair. Also, practicing showmanship, clipping, bathing and fitting for the show-ring, talking to potential buyers for the livestock auction and making sure equipment, supplies, bedding and feed are ready to go for the week of the fair.

Round Robin is an activity that both 4H and FFA members can compete for, and participate in, at the Lake County Fair. It is a venue where 4Her's can practice the 4H Motto, "To Make the Best, Better". This is where the top showman of each species for both organizations competes simultaneously with either large or small animals. Participants must have placed first or represent first in one of the species in the round. There are two "rounds", large and small. Each competitor shows all animals in their round. The Large Animal Round Robin includes horse, market steer, dairy cow, hog, lamb, market goat and dairy goat. The Small Animal Round Robin includes turkey, chicken, rabbit, cavy, pygmy goat and obedience dog. If you have not observed one of these competitions they are held up at the big livestock barn, the Baldwin Pavilion, on Saturday evening around 6pm during the fair. It takes about an hour to observe both large and small Round Robin competitions and is a fun and educational event to come watch. If you are thinking about participating in 4H and raising animals, or if you have children or grand-children that might join, be sure to check out the livestock barn and the various animal judging competitions. The Junior Horse Show takes place on the Saturday prior to the opening day of fair. All competitions are listed in the fair book and can be viewed online at www.lakecountyfair.com.

Another exciting part of the Lake County Fair is the Junior Livestock Auction on Saturday at 1pm. This is a fun filled, exciting and rewarding event! At the end of this day each year, I feel so blessed by all of the businesses and individuals who come out to show support for the 4H and FFA members by rewarding them for their hard work and dedication in raising excellent market animals. I am so thankful for all the volunteers who help with the free Buyers' Lunch, the auctioneers who make the auction so exciting, and the many 4H/FFA leaders that spend countless hours making these events work for those of us who participate. It's wonderful to see the community all working together for the benefit of the youth in Lake County.

Since this is the 100th Anniversary for California 4H, it will be an especially exciting and fun year at the fair. So come out and enjoy the exhibits and displays put out by our Lake County 4H projects at the 2013 Lake County Fair! If you haven't yet been involved in 4H, think about joining us. We'd love to have you!

Jocelyn Bennett, 2013 Lake County 4H All Star Candidate

For more information about 4H contact: University of California Cooperative Extension, 707-263-6838
celake@ucdavis.edu Lake County 4-H Representative, Julie Frazell



4-H Calendar



June

- 2 North Coast Junior Meat Goat Show - Redwood Empire Fairgrounds
- 15 Summer Camp Counselor Meeting - Ukiah 4-H Office - 9:00 - 3:00 p.m.
- 18 Ag Unlimited Annual Feed Seminar - Ag Unlimited - 5:30 p.m.
- 24 Summer Camp CIT Meeting - Ukiah 4-H Office - 6:30 p.m. - 8:30 p.m.
- 29-30 Mendo-Lake Beef Field Days - Mendocino County fairgrounds
- 30 Last day of the 2012-2013 4-H Program Year

July

- 1 Start of the 2013-2014 4-H Program Year
- 1 Re-Enrolment Begins
- 8-12 Mendocino-Lake 4-H Summer Camp
- 25-28 State Leadership Conference - UC Davis

August

- 1 Submit Judges names for County Record Book Judging to 4-H Office
- 15 Enter Financial Reports Online
- 15 Countywide Peer Review Day - 4-H Office

University of California
Cooperative Extension
883 Lakeport Blvd.
Lakeport, CA. 95453

The 4-H 4-1-1

It contains dates, deadlines and other important information. If you have any questions please do not hesitate to call the 4-H Office at (707)263-6838.

Sincerely,

Julie Frazell

4-H Youth Development Program Representative

University of California
Agriculture and Natural Resources



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